

Wellness



GUERLAIN
PARIS

VILLA SAN MICHELE
SPA BY GUERLAIN

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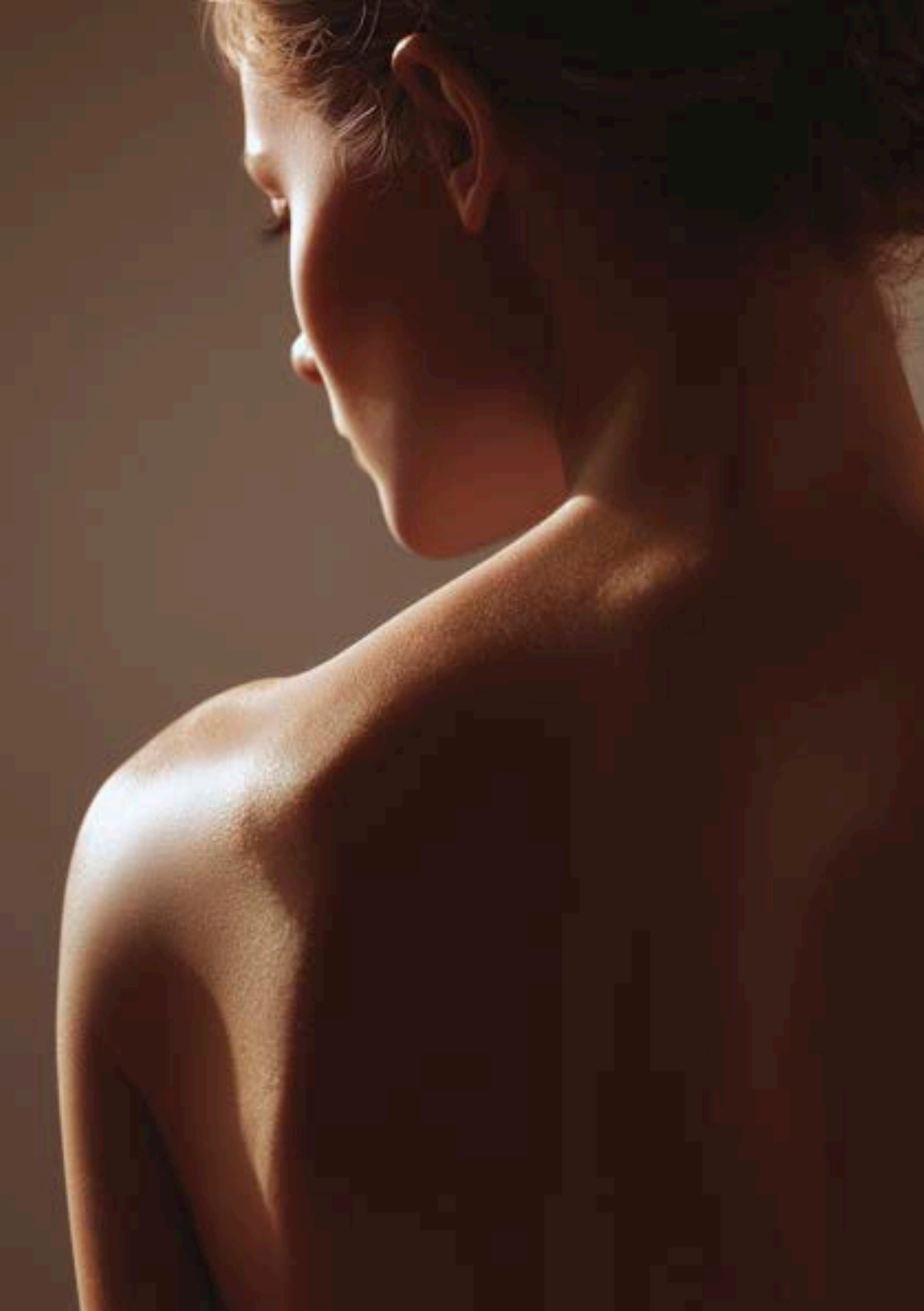
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Welcome

THE ART OF WELLNESS

Guerlain redefines the boundaries of well-being through a holistic philosophy that intimately intertwines beauty, preventive health, and longevity. Each treatment becomes a step in a personalized journey that nurtures the body, restores emotional balance, and supports long-term vitality. Guerlain's expertise, exclusive aesthetic innovations, and the world's most advanced wellness technologies combine to bring this transformative vision to life.





Villa San Michele Spa
by Guerlain

We invite you to unwind at Villa San Michele Spa, a tranquil sanctuary where the timeless beauty of Tuscany and the healing virtues of its botanicals come together. Surrounded by fragrant gardens of Mediterranean herbs, citrus blossoms and ancient olive trees, the spa offers a serene retreat for body and mind.

KNOW-HOW & DARING

Guerlain's bold vision of wellness began in 1850, when the founder of the Maison created one of the first thermal well-being centers in northern France, in Le Crotoy. This pioneering initiative began a holistic approach to beauty and care. Since the opening of its first Institute in 1939, Guerlain has continuously pushed the limits of excellence, blending audacity with precision. Each Guerlain Wellness Expert is trained in Maison's renowned protocols, mastering the gestures that have shaped the heritage of French spa artistry. Whether through the now-iconic 19-minute facial (considered an industry benchmark) or full-body rituals that evolve with the client's needs, every treatment is a masterpiece of personalization, delivered with finesse and intuition.

THE PRODIGIOUS CHEMISTRY OF NATURE

The natural world lies at the heart of Guerlain skincare, embodied by two of its most extraordinary wonders: the orchid and the bee. Drawing from the orchid's exceptional longevity and the bee's remarkable regenerative power, Guerlain has developed a singular expertise that unites nature with innovation. Through decades of devoted research, the Maison has distilled the essence of these natural treasures, transforming their innate powers into potent rituals that regenerate, repair, and illuminate the skin. These powers are brought to life through immersive, multi-sensory experiences within the serene sanctuary at our Guerlain Spa.



Exclusive treatments

FLORAL DELIGHT IN TUSCANY

90 MINUTES

Guerlain invites you on a sensory escape to the heart of Tuscany. This relaxing face and body treatment takes you on a journey through the olfactory gardens of the Aqua Allegoria collection. Each step awakens the senses and envelops the skin in delicate floral notes. Gentle, enveloping gestures relax the body and soothe the mind, offering a moment of pure serenity and freshness, like a stroll through the Tuscan gardens.

THE ART OF RENAISSANCE

120 MINUTES

Exclusively for Villa San Michele, Guerlain has created a face and body treatment inspired by the elegance and perfection of the Italian Renaissance. Deep, sculpting movements using stone tools relax muscles and redefine contours. The body feels toned, the skin regains firmness and suppleness, and the spirit awakens in perfect harmony, as if touched by a timeless masterpiece.

IRIS DI GRAZIA

90 MINUTES

Guerlain has created Iris di Grazia for Villa San Michele, an exceptional anti-ageing facial treatment, a true talisman of youth. Precise, refined movements smooth, firm and revitalise the skin. The skin appears radiant and perfectly renewed, and the mind awakens in absolute serenity, scented with Iris.





*Tailor-made
facials*

THE TAILOR-MADE TREATMENT

60-90-120 MINUTES / PROGRAM OF 4 OR 8 SESSIONS

A tailor-made facial treatment designed just for you. After a thorough skin diagnosis, our Wellness expert formulates a personalized selection of products to address your specific facial needs. This treatment offers limitless customization, whether purifying, hydrating, re-densifying, or regenerating.

IMPERIAL FACE SCULPT

60 MINUTES / PROGRAM OF 4 OR 8 SESSIONS

Combining a precise facial and morphological analysis with expert massage techniques, this advanced sculpting treatment restores firmness, radiance, and youthful vitality to your skin. Through deep muscular work, it redefines facial contours, lifts cheekbones, opens the eyes, and smooths fine lines and wrinkles: a powerful touch, expertly delivered, for a flawless lifting effect.

ROYAL HONEY REPAIR & RENEW

90 MINUTES

This facial treatment, infused with the healing properties of honey, is an indulgent and restorative escape that envelops the skin in soothing comfort. A harmonious fusion of pressure point massage and warm herbal compresses reawakens cellular renewal and calms the mind. Skin is left luminous and revitalized, glowing with youthful radiance.

ULTIMATE YOUTH TALISMAN

90-120 MINUTES / PROGRAM OF 4 OR 8 SESSIONS

The ultimate expression of Guerlain's expertise is that this exceptional treatment is a rare and luxurious ritual. Merging the power of expert touch with the revitalizing energy of the Black Orchid supports the skin's natural self-preservation mechanisms. A true talisman of youth, it leaves your skin radiant, healthy, and flawlessly renewed.

Orchidée impériale
age reverse



GOLDEN AURA

90-120 MINUTES / PROGRAM OF 4 OR 8 SESSIONS

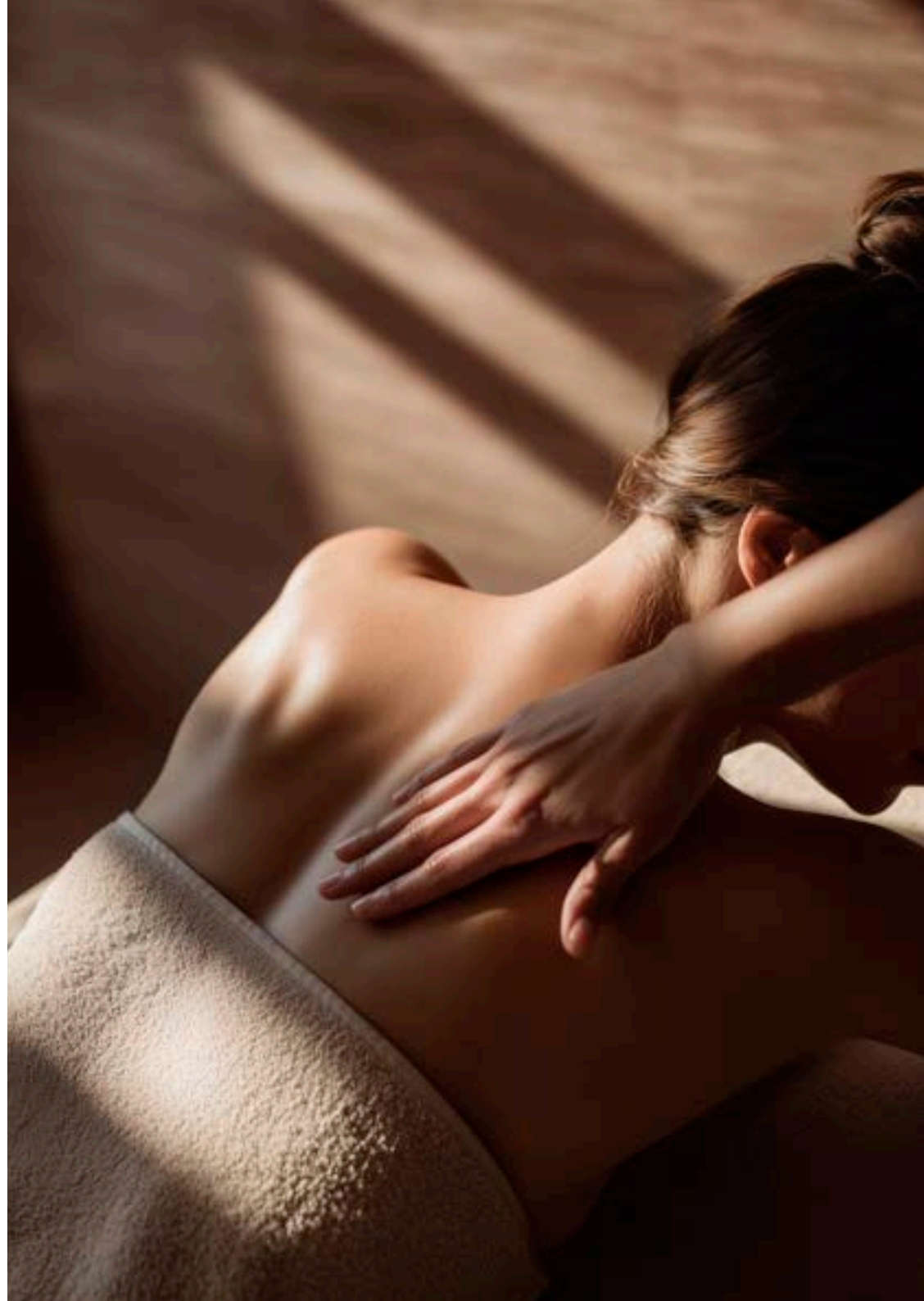
Harnessing the extraordinary power of the Gold Nobile Orchid, native to the Himalayan region, this anti-aging facial restores luminosity and youthful vitality to the skin. It blends the precision of digit pressure with the time-honored art of gua sha to sculpt facial contours, boost oxygenation, and revitalize at the cellular level. Expert lymphatic techniques yield visible results, including lifted features, a flawless and radiant glow, and a luminous, youthful aura.

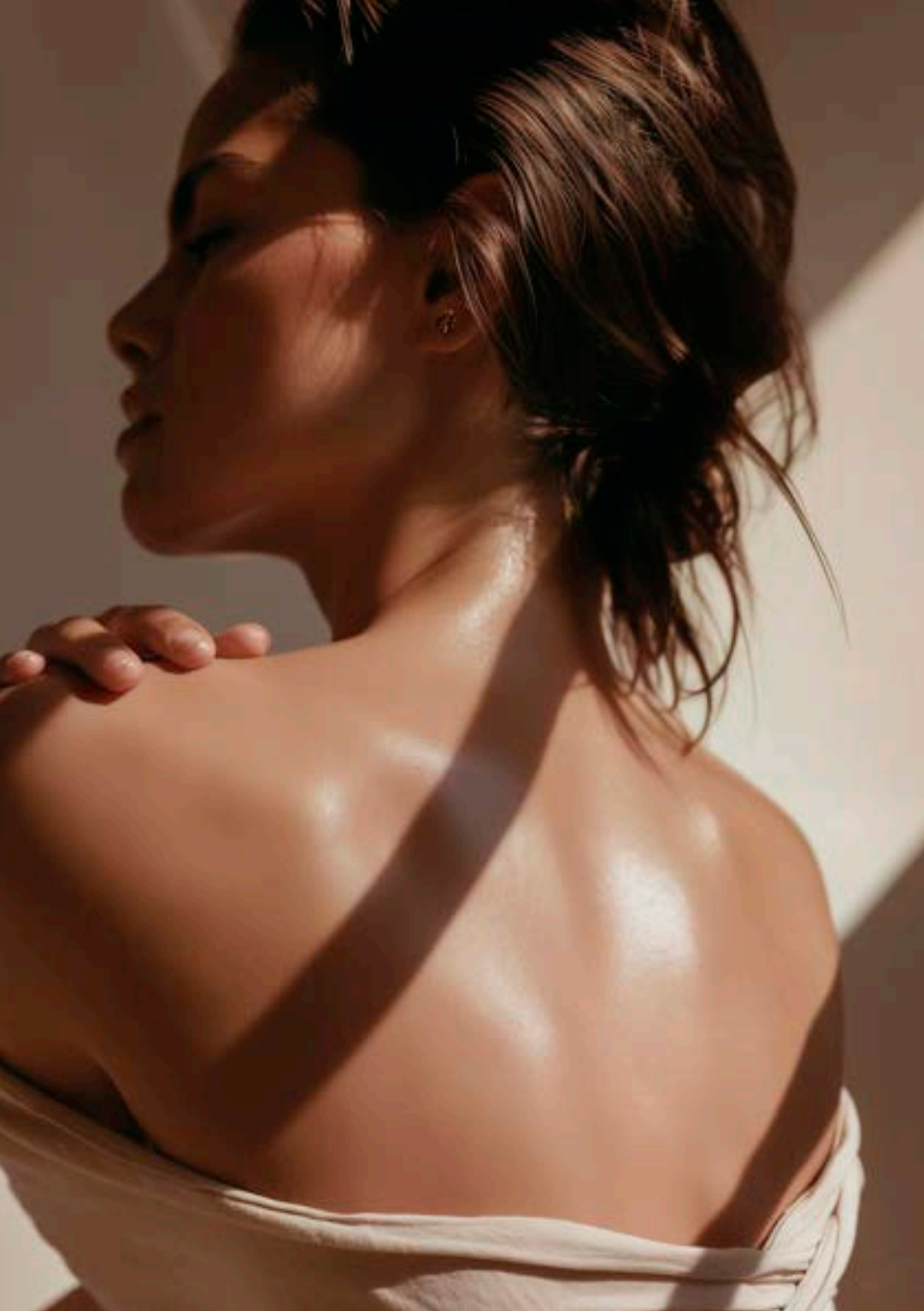
IMPERIAL LONGEVITY

90-120 MINUTES / PROGRAM OF 4 OR 8 SESSIONS

Drawing inspiration from the orchid's remarkable longevity, Guerlain has created its most exceptional and complete anti-aging treatment, an extraordinary ritual with intense regenerating and re-densifying powers. While regaining its ideal texture and radiance, the skin feels irresistibly soft, velvety, and sublimely beautiful to the eye and touch.

*Massage & body
therapy*





Relaxation & energy massages

DEEP MUSCULAR MASSAGE 60-90 MINUTES

Experience an intensive massage that restores the body's natural flexibility through deep tissue techniques, targeted pressure, and revitalizing stretches. It releases deep-seated tension, improves circulation, and leaves you feeling profoundly recharged and renewed.

IMPERIAL RELAXING MASSAGE

60-90 MINUTES

Inspired by the timeless elegance of Eau de Cologne Impériale, this signature Guerlain massage awakens the senses and renews the body. Expertly designed to stimulate circulation and enhance oxygenation, it delivers a deeply soothing experience that melts away tension and instills a sense of irresistible relaxation.

BLISSFUL MUM

60 MINUTES

This soothing massage combines comfort and deep relaxation for expecting mothers. A gentle massage to improve skin elasticity and stimulate circulation, ideal for after the first trimester or in early motherhood.

IMPERIAL BODY SCULPT

60-90 MINUTES / PROGRAM OF 4 OR 8 SESSIONS

Powerful and instantly transformative, this slimming treatment sculpts the body, diminishes cellulite, and detoxifies through expert drainage and deep kneading techniques. These intense, targeted motions stimulate metabolism and promote lasting results, naturally reshaping the silhouette with smoother, more harmonious curves. Experience a refined contour and renewed vitality that radiates confidence.

BODY POLISH
60 MINUTES

Experience the ultimate ritual of renewal as you exfoliate the skin to reveal a flawlessly smooth, radiant glow. This indulgent polish refines the skin's texture, making it soft and silky. Envelop yourself in a sensorial journey that refreshes the body and uplifts the spirit.

ADD-ON RITUALS*
30 MINUTES

These rituals enhance each treatment by targeting specific areas.

EYE REFRESHING RITUAL
BACK RELAX RITUAL
HAIR REPAIR RITUAL
VELVET HAND RITUAL
LED MASK RITUAL

*As a complement to another treatment.





Treatments for men

SKIN SAVER FACIAL 90 MINUTES

This revitalizing facial combines a deep-cleansing scrub, an expertly crafted massage, and a rejuvenating mask to restore your skin's natural radiance and comfort. The treatment is completed with targeted eye contour care to refresh and brighten, leaving your complexion visibly renewed, soothed, and impeccably refined. Experience a moment of pure indulgence tailored to the modern man's skincare needs.

ENERGIZING FACIAL

60 MINUTES

Awaken your skin with this revitalizing treatment tailored to your unique needs. A gentle yet effective scrub clears away impurities, followed by a deeply relaxing massage that helps invigorate circulation. A nourishing mask and specialized eye contour care complete the ritual, restoring freshness, clarity, and radiant vitality to your complexion.

MUSCULAR ENERGY

60-90 MINUTES

This aesthetic massage stretches the muscles, leaving them suppler, and also works on circulation to balance the body and mind.

RELAXING FORCE

60-90 MINUTES

This signature Guerlain massage engages all the senses through precise, flowing gestures. It revitalizes circulation, supports oxygenation, and delivers an intense and memorable sense of serenity and relaxation.



The art of longevity

For the first time, a single beauty device unites seven of the most advanced skincare technologies (Radiofrequency, Plasma, Microcurrent, Micropeel, LED, Cryo, Ultrasounds) into one powerful, multi-action tool. Longeviskin delivers visible, lasting results through fully personalized protocols tailored to every skin need for both face and body. Whether addressing firmness, radiance, vitality, or signs of aging, each treatment's unique capabilities, powered by the technology, will work deeply across all skin layers, enhancing results with every session. Longeviskin sets a new standard in performance, restoring youthfulness, luminosity, and renewed energy to the skin.

INFINILIFT 90-120 MINUTES

This treatment stimulates skin regeneration and reactivates essential cellular functions. It deeply plumps the skin, smooths wrinkles, reduces fine lines and fortifies the skin's natural defenses. Your complexion appears visibly firmer, more radiant, and infused with renewed vitality.

RADIANT GLOW

60-90 MINUTES

This facial reawakens the skin's natural radiance by boosting cellular energy. It tones the skin, evens the complexion, and promotes lymphatic drainage, making the face fresher and more luminous. Instantly revitalized, skin reveals a renewed glow and vitality.

PURE PERFECTION

60-90 MINUTES

This deep-cleansing facial provides thorough purification, leaving the skin fresh, clear, and revitalized. It targets imperfections, refines texture, and instantly brightens the complexion. The result: balanced, smooth, and radiant skin, glowing with renewed freshness.





Longevityskin body

TONING SHAPE 60-90 MINUTES

This treatment tones and firms the body using targeted techniques. It stimulates microcirculation, slims, and contours the silhouette while restoring skin elasticity and firmness. Instantly, the body feels energized and appears visibly more toned and revitalized.

POWER DRAIN
60-90 MINUTES

This body treatment activates drainage to refine the silhouette and restore a sense of lightness throughout your body. It stimulates circulation, reduces water retention, and deeply decongests the tissues while toning the skin. The body regains a feeling of balance and harmony.

LONGEVISKIN ADD-ON
30 MINUTES

These rituals enhance each treatment with targeted focuses on specific areas, such as the hands or the back.

ABSOLUTE RENEWAL

This complete cure targets both face and body to stimulate cellular regeneration and reactivate the skin's natural youth mechanisms. It deeply plumps, smooths wrinkles and fine lines, while strengthening the skin's immunity.

SCULPTED ENERGY

This dynamic body and cure stimulates the skin's vital energy and sculpts the silhouette. Through targeted care, it reactivates circulation and helps reduce surface tension in the skin.

HARMONY LIFT

This facial cure delivers a comprehensive lifting effect. It tones and firms the skin, smooths facial features, and redefines the contours for a visibly rejuvenated appearance.

The Longevity Cures can be booked as follows:

- 4 SESSIONS OF 60 MIN EACH
- 4 SESSIONS OF 90 MIN EACH
- 8 SESSIONS OF 60 MIN EACH
- 8 SESSIONS OF 90 MIN EACH

*Style & care
grooming*





MAKE-UP APPLICATION
60 MINUTES

For a special occasion or to be perfect and irresistible every day, Guerlain imagines a make-up session that combines expertise and pleasure.

MAKE-UP LESSON

90 MINUTES

We all dream of mastering the art of make-up application. Guerlain reveals the most effective beauty secrets to enhance your face. **EXCEPTIONAL**

MAKE-UP

120 MINUTES (60+60 MINUTES)

For life's most memorable moments, opt for a bespoke two-step make-up ritual. Guerlain creates a personalized make-up to ensure a flawless look when it matters most.

COMPLETE HAND OR FOOT TREATMENT

60 MINUTES

Gentle scrub, repairing cuticle treatment, a moisturising massage for the hands or feet, a paraffin bath and nail polish application. To be perfect to the nails.

INTENSIVE HAND OR FOOT TREATMENT

90 MINUTES

Pamper your hands or feet with this complete repairing treatment thanks to the application of a specific concentrate, a mask, and nail polish application. A real moment of pleasure.

INTENSIVE HAND & FOOT TREATMENT

120 MINUTES

Hands and feet are constantly in use and often neglected, yet require very special attention. Guerlain indulges them with the very best, a complete treatment to repair, soften and enhance.

Exceptional moments

Time together massages

BONDING BLISS

60-90 MINUTES

Enjoy quality time together and experience the best of Guerlain treatments.

ROMANTIC GETAWAY

60-90 MINUTES

There is no better way to experience exceptional relaxation than sharing it with the one you love.



GRAZIA RENAISSANCE
210 MINUTES

Iris di Grazia (90 MINUTES)
The Art of Renaissance (120 MINUTES)

SCULPT YOUR FACE & BODY

150 MINUTES

Imperial Face Sculpt (60 MINUTES)

Imperial Body Sculpt (60 MINUTES)

Focus Rituals (30 MINUTES)

TIMELESS REJUVENATION

240 MINUTES

Tailor-made Treatment (60 MINUTES)

Body Polish (60 MINUTES)

Imperial Relaxing Massage (60 MINUTES)

Make Up (60 MINUTES)

Your Spa Experience

YOUR CUSTOMISED SPA

Transform a Guerlain Spa into your own exclusive setting for an afternoon of treatments with friends, or any other specific request. We are here to make your dreams come true. Don't hesitate to contact us for a customised offer.

TREATMENT DURATION

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 15 minutes before your scheduled appointment time.

PEACE OF MIND

In order for you to experience your Spa visit with complete peace of mind, we have safes available in each of our treatment rooms for you to store your personal valuables.

A TRANQUIL SETTING

Our Spa is a place to relax and unwind, so we kindly ask you turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

GUERLAIN BEAUTY BREAKS

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of treatments and products by Guerlain.

GUERLAIN AESTHETIC MASSAGE

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

BOOKINGS, CANCELLATIONS AND LATENESS

In order for us to guarantee availability, we recommend that you make your appointment well in advance of your chosen date. If you are not able to attend, please cancel your appointment with at least 24 hours' notice. Otherwise, we will be obliged to charge you for the price of the treatment you had scheduled. If you are delayed, we will make every effort to offer you the treatment you have booked, if our schedule allows. However, if this is not possible, we will have to cut your treatment short and finish at the scheduled time.

SPA ETIQUETTE

Our Wellness Experts provide strictly professional treatments. Any inappropriate behavior will lead to the immediate termination of the treatment, with no refund, and the guest will no longer be permitted to book at our Spa.



Contact

VILLA SAN MICHELE
SPA BY GUERLAIN

Telephone (from room) Call ext. 280 or press
the Spa button on your room phone.

Telephone (external line) +39 055 567 8280

Opening times treatments: Open daily 10:00-20:00
E-mail: spa.vsm@belmond.com

