

# The SUMMARY

6 The House of12 The Body16 The Face20 On exclusivit

## The House of Dior & Splendido Legacy

### 20 On exclusivity at Dior Spa Splendido





## THE HOUSE OF DIOR Embraces THE SPLENDIDO Legacy

Nestled in the lush gardens of the Splendido, A Belmond Hotel, Portofino, overlooking the bay, the Dior Spa Splendido offers an unparalleled wellness experience. In this haven of peace, once a monastic retreat and now a favorite destination for icons from around the world, time seems suspended. Legends like Winston Churchill, Maria Callas, Grace Kelly, Charlie Chaplin, and Walt Disney, succumbed to the magic of the place. Today, guests continue to honor this cultural legacy, choosing Splendido to celebrate precious moments.

In 2025, the House of Dior adds to this legacy with the Dior Spa Splendido. As close as possible to the crystal-clear waters, treatment areas emerge, offering total immersion in the natural beauty of the Italian Riviera. Dior expertise and holistic treatments blend seamlessly into this historic place, inviting deep relaxation and reconnection with oneself. This peaceful sanctuary, with its prestigious history, embodies the perfect fusion of Monsieur Dior and the spirit of Dolce Vita—an unforgettable getaway.

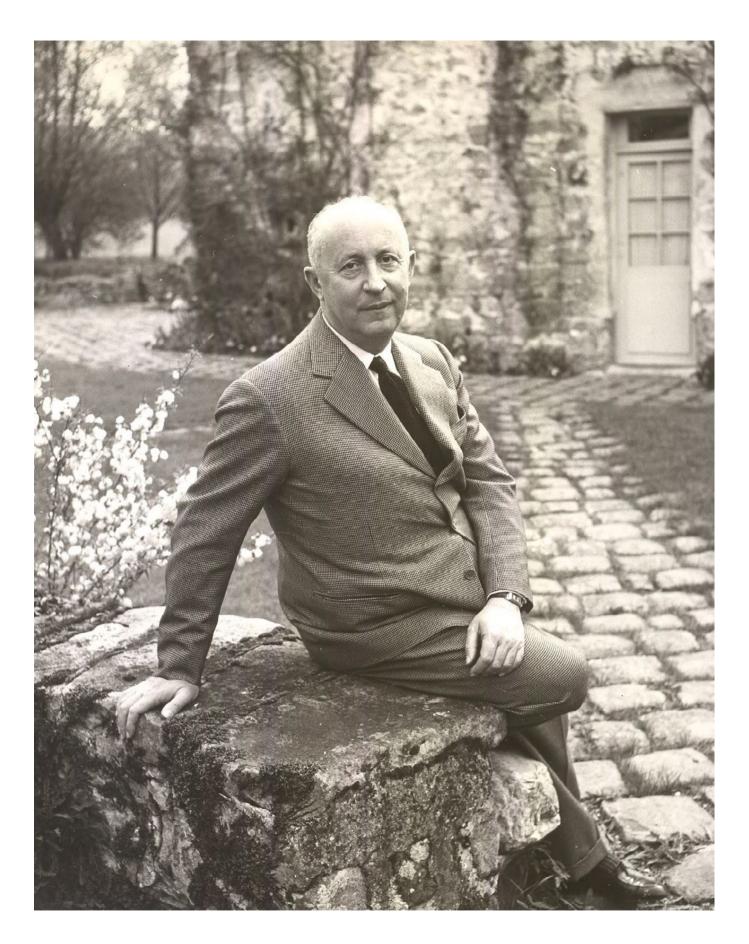
At the Dior Spa Splendido, the Dolce Vita has never been so true to its name.

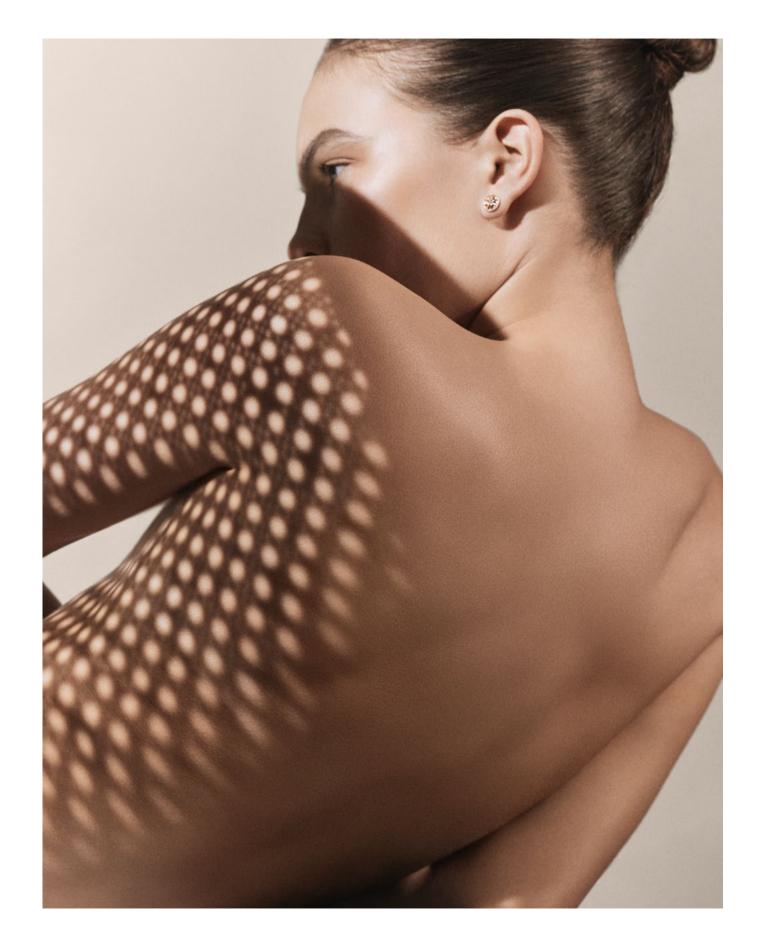


WELLNESS GETAWAY

*"I dreamed* OF MAKING WOMEN *not only more beautiful* BUT ABOVE ALL *happier"* 

**CHRISTIAN DIOR** 







At Dior Spa Splendido, beauty arises from balance – a perfect fusion of mind and body, inspired by Christian Dior's timeless vision: "I wanted to make women not only more beautiful, but above all happier.". Dior Haute-Wellness philosophy combines expert craftsmanship with cutting-edge innovation, immersing each guest in the heritage and spirit of the Maison.

Each treatment is a dance of expert gestures, often enhanced by the latest technologies, that rejuvenate the skin, refine the silhouette, and illuminate the face, all while soothing the mind. Dior Spa Splendido is a sanctuary where skincare artistry, luxurious design, and the essence of Dior converge to offer an escape that nurtures both body and soul.

A promise to envelop each guest in a transformative experience where sur-mesure attention and high-touch of expert Dior hands come together seamlessly, to elevate well-being to its highest form.





#### THE Enhancements

#### FOOT RELIEF

#### Body - 30 min - 140€

Inspired by feet reflexology, this energizing massage enhances any body or facial treatment, promoting overall balance and revitalization throughout the entire body. While boosting circulation, it leaves an exquisite feeling of lightness in the legs and feet. The body and mind are lifted into a state of complete lightness.

#### **BODY SCRUB**

#### Body - 30 min - 130€

Ideal as a prelude to a body treatment, for the pleasure of giving your skin a radiant glow, this express peeling scrub has a dual mechanical and enzymatic action. A new energy is diffused in the mind and illuminates the skin, leaving it extremely soft.

#### DRY BRUSHING

#### Body – 15min – 80€

Dry brushing is a beauty and well-being ritual celebrated at Dior Spa. Thanks to the action of the fibres, which improves circulation, the skin is exfoliated, and the figure firmed.

#### **NEW LOOK**

60min – 280€ Benefits: Tone | Sculpt | Detoxification | Firmness | Drainage

This lymphatic drainage treatment refines the silhouette, sculpts the contours, and provides an immediate sensation of lightness. With its precise, toning gestures and draining movements, this treatment detoxifies the body while targeting localized fat deposits for remarkable anti-cellulite benefits. Working deeply, it tones the skin and smooths out irregularities. The results are immediate: legs are lightened, the silhouette is reshaped and energy is renewed.

Dior methods employed: Manual Lymphatic Techniques / Gut Detoxification

#### CONSTELLATION

60min – 260€ 90min – 350€ Benefits: Relaxation | Unwinding | Release | Rebalancing

Deep relaxation and a complete sense of letting go. That is the promise of this multi-sensory journey. A holistic massage, combined with slow and enveloping movements over the entire body, to release muscular tensions one by one. Deeply relaxed, the body becomes a haven of restored inner peace.

#### D-TISSUE

60min – 260€ 90min – 350€ Benefits: Oxygenation | Muscle recovery | Restoration

This slow and deep massage is aimed at releasing tensions and reoxygenating muscles, through expert treatment techniques. To enable the body to feel free once again, meticulous massage movements combine strength with a gentle touch, helping to eliminate toxins and relieve aching muscles. It is the ultimate high-performance treatment, ideal for recovering after sports or a workout, and for delivering instant relaxation.







#### THE Enhancements

#### BACK RELEASE

Body - 30 min - 130€ A tailor-made back massage with an immediate feel-good effect, to soothe away the stress of the day or simply relax at any time.

#### FOOT RELIEF

Body – 30 min – 140€

Inspired by foot reflexology, this energetic massage boosts circulation and leaves the legs and feet feeling exquisitely light. The body and mind feel weightless.

#### DRY BRUSHING

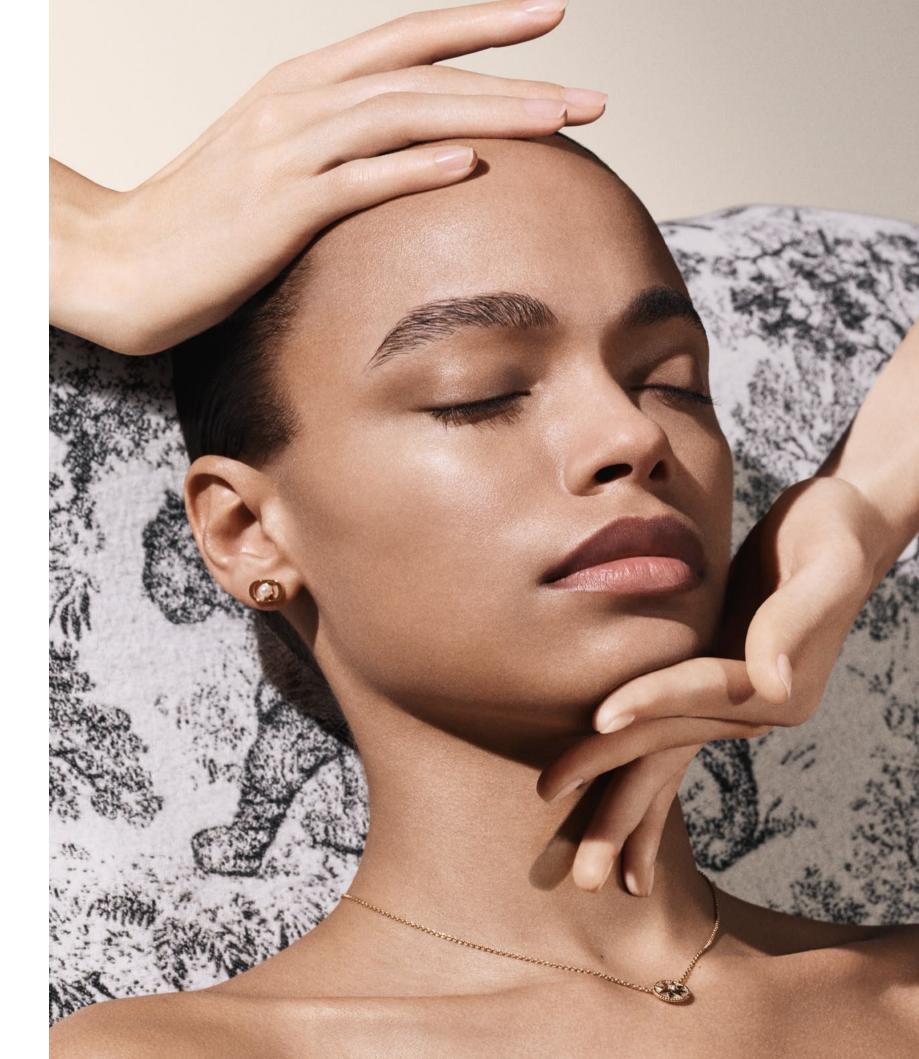
Body – 15 min - 80€ Dry brushing is a beauty and well-being ritual celebrated at Dior Spa. Thanks to the mechanical action of the fibres, which improves circulation, the skin is exfoliated, and the figure firmed.

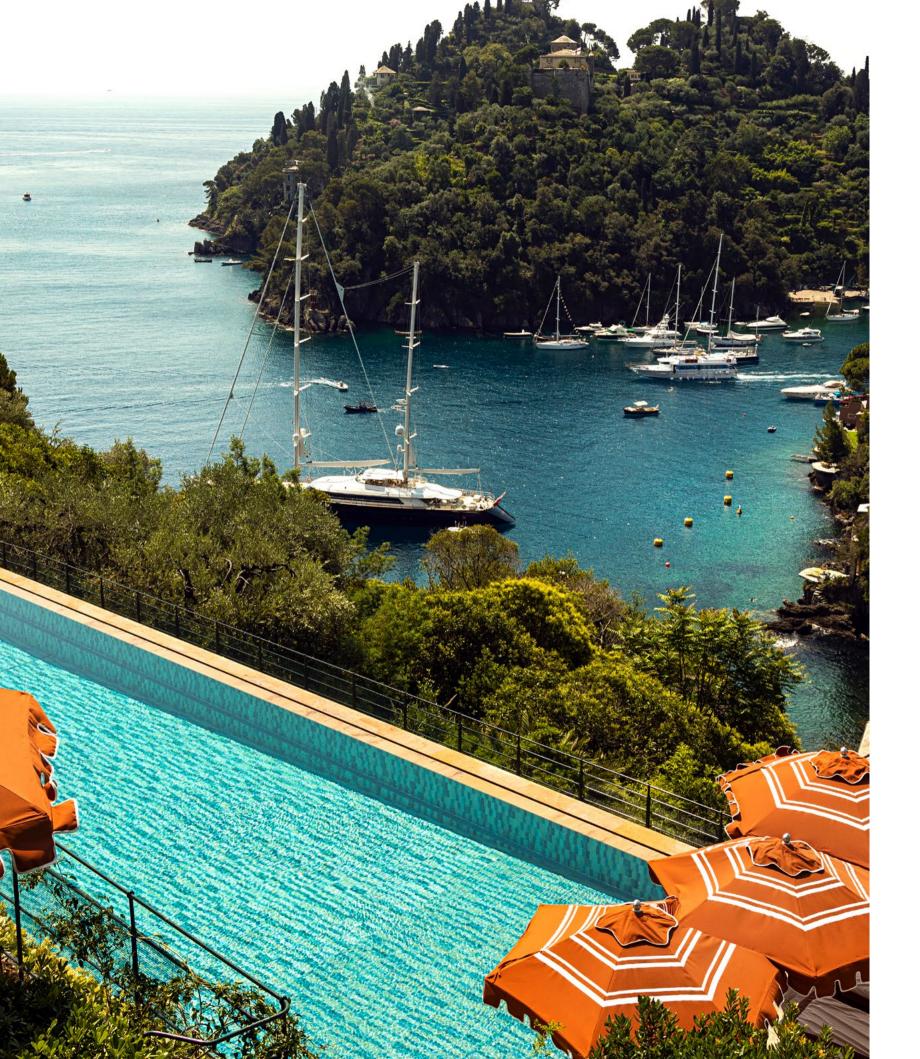
#### **KOBI-DIOR**

60min – 360€ Benefits: Lift | Plump | Sculpt | Wrinkle reduction | Contour | Firmness | Drainage

The high-performance sculpting treatment that lifts, plumps and releases tensions from the face, neck and upper back. After a two-step Prélude Détox protocol activating lymph nodes to drain fluids, using manual techniques, skin is now ready to receive a powerful muscular facial massage. Inspired by the Japanese Kobido technique, this sculpting massage uses a series of precise rhythmic gestures and variable pressure to reshape the muscular structure of the face. The treatment concludes with acupressure techniques using cryo stones, for a lifted, plumped and tension-free face.

Dior methods employed: Manual Drainage | Dry Brushing | Sculptural Massage Firming and Hydrating Mask | Cryo Acupressure







# ON EXCLUSIVITY AT Dior Spa Splendido

#### SPLENDIDIOR

#### Face & Body - 90min – 450€ Benefits: Relaxation | Rebalancing Energy | Serenity

A divine ritual transports one into complete relaxation, harnessing the energetic power of semi-precious stones. Beginning with a gem-guided massage, this treatment rebalances and harmonizes energy, enveloping both body and soul in a soothing wave of serenity. Paired with a luxurious facial and a rock crystal massage, this ritual, inspired by the unique essence of Portofino, offers a profound rejuvenation that transcends the ordinary.

#### DIOR POWERED BY HYDRAFACIAL

60min – 375€ | 90min – 560€ Benefits: Exfoliation | Purification | Hydration | Deoxidation | Cell Renewal Dark Spot Reduction | Sebum Control

Dior combines its Floral Science with cutting-edge hydra-dermabrasion technology. After a two-step detox prelude, boosted by a dry brushing, to activate the lymph nodes to drain fluids, an invigorating massage is performed to improve tissue suppleness, activate micro-circulation and cell oxygenation, to give the skin a second life. The skin is now ready to be cleansed and exfoliated, in several stages, to purify the epidermis in depth, boosted and completed by Dior Floral Peeling Lotion. As a final touch, a boost of LED light is diffused to repair and soothe the skin, making redness disappear and tightening the skin. At the end of the treatment, the skin is deoxidized, moisturized and regains its natural radiance.

Dior methods employed: Detox Prelude | Face Sculpting | Hydra Dermabrasion AHA Peeling | Regenerating Mask | LED

#### **GOLDEN AURA**

90min – 520€ Benefits: Radiance | Circulation Boost | Oxygenation | Revitalization | Glow

Dior redefines facial radiance with an exceptional regenerating treatment that gently stimulates the skin, improving blood circulation and promoting lymphatic drainage. Combined with a heated muscle massage, rhythmic movements release tension, decongest and support the flow of oxygen-rich blood to the skin's surface. During the mask application, oxygen is diffused to amplify cellular respiration and optimize actives penetration. This process revitalizes the complexion, revealing a radiant face. Skin looks naturally luminous, with a youthful radiance resulting from this treatment ritual.

Dior methods employed: Dry Brushing | Warming Muscle Massage | Hot Guasha Draining Techniques | Oxygenating Mask | Oxygen & Negative Ions Therapy

#### THE Enhancements

#### **DIOR SKIN LIGHT**

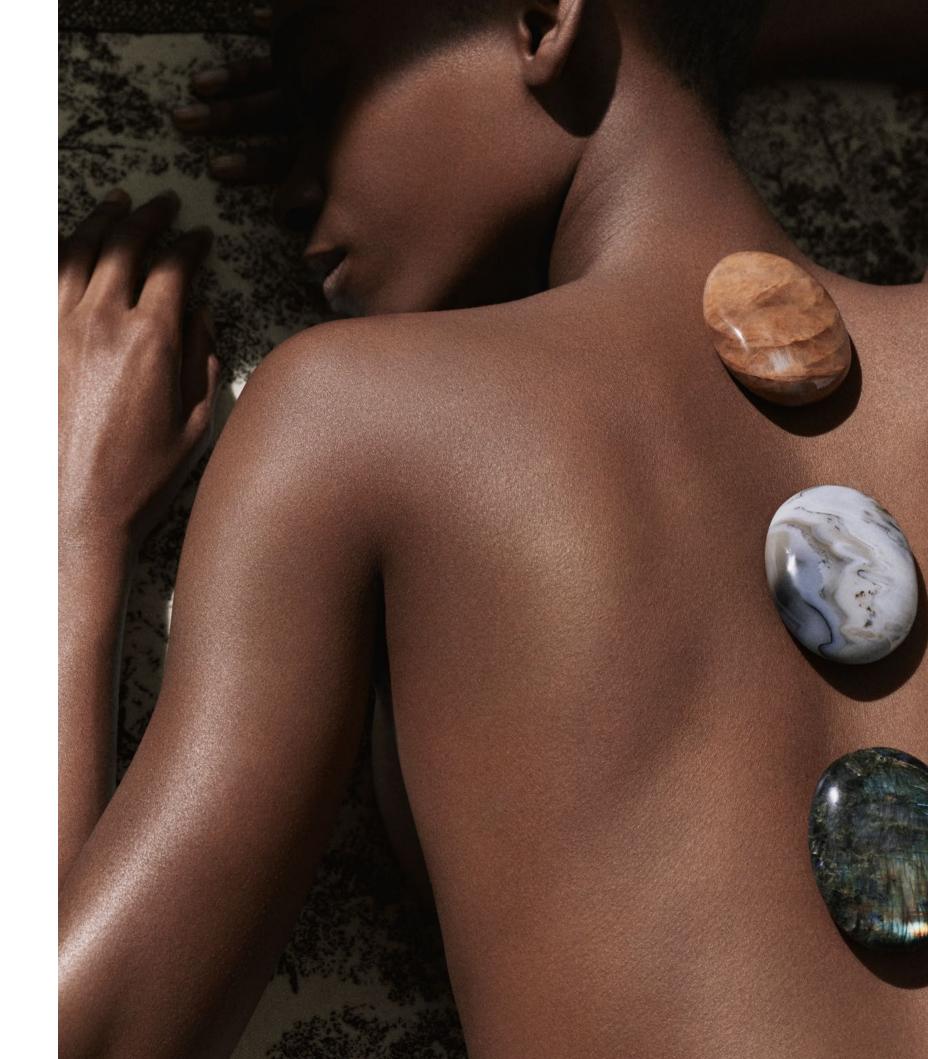
#### *Face* – 90€

Boost your facial or body treatment with the powerful properties of red LED light. At the end of the session, skin is relaxed and repaired, and the skin's metabolism is rebalanced. Under the beneficial effect of light, the mind is soothed, and harmony is restored.

#### DIOR OXYGEN THERAPY

#### *Face – 90€*

This revitalizing boost deeply hydrates, stimulates cellular renewal, and visibly reduces signs of aging. Under the infusion of oxygen, skin appears fresh, fine lines are softened, and the complexion glows with newfound radiance.



## GENERAL Terms

#### DIOR SPA SPLENDIDO IS OPEN EVERY DAY.

#### SPA RESERVATIONS

For reservations, please contact Splendido teams by email or telephone : +39 0185 267 801 wellnesscentre.spl@belmond.com

#### TREATMENT TIME

In order to offer you an ideal welcome, we recommend that you arrive 15 minutes before your scheduled treatment time. This will allow our Beauty Experts to provide you with a personalised consultation if you wish.

#### CANCELLATION POLICY

We understand that plans can change. If you need to cancel your appointment, please let us know at least 24 hours in advance to avoid being charged the full cost of your treatment. In the case of late arrival, we'll do our best to offer the same service, but if not possible, your treatment will be shortened accordingly. Payment by check is not accepted in our establishment, thank you for your understanding.

#### SPA ETIQUETTE

To maintain the tranquil ambience of spa and ensure guests' enjoyment, we respectfully request that all guests turn off their mobile phones throughout your stay at Dior Spa Splendido. We thank you for informing our Beauty Experts of any contraindication or treatment.

