

WELLNESS SERVICES  
SERVIZI BENESSERE

Price are in Euro VAT incl. and for one person. We suggest  
booking your lesson at least one day before scheduling.  
Free cancellation up 24 hours beforehand.  
Cancellation free equal to the full price of the service booked.

I prezzi sono espressi in Euro e Iva inclusa per singola persona.  
Si consiglia di prenotare le lezioni almeno un giorno prima.



ROMAZZINO



## ASSESSMENT

TECHNOGYM WELLNESS ASSESSMENT: DISCOVER YOUR WELLNESS AGE	80
TECHNOGYM WELLNESS ASSESSMENT & PERSONAL TRAINER ANALYSIS	155
TECHNOGYM WELLNESS ASSESSMENT, PERSONAL TRAINER ANALYSIS & 1 HOUR PT SESSION	260

## PRIVATE LESSON WITH PERSONAL TRAINER

COMPLETE 55 MIN	INTENSIVE 45 MIN	CLASSIC 25 MIN
115	95	75

## PILATES / YOGA

COMPLETE 90 MIN	INTENSIVE 55 MIN	CLASSIC 45 MIN	SHORT 25 MIN
165	120	100	80

## POSTURAL STRETCHING THERAPY

COMPLETE 55 MIN	INTENSIVE 45 MIN	CLASSIC 25 MIN	ADD ON 15 MIN
135	115	80	55

FOR NON-RESIDENT GUESTS  
GYM ONE TIME ACCESS\*

150

**(\*) COMPLIMENTARY IF BOOKED WITH A LESSON.**  
GRATUITO SE ABBINATO AD UNA LEZIONE PRENOTATA

**THE USE OF THE PILATES STUDIO IS NOT INCLUDED**  
L'USO DELLO STUDIO PILATES NON È COMPRESO

**FOR INFORMATION AND RESERVATIONS, PLEASE CONTACT**

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