



**VILLA SANT'ANDREA**

WELLNESS CENTRE

## **WELLNESS CENTRE MENU**

## **WELCOME TO THE LEGENDARY WORLD OF BELMOND**

When you stay with Belmond, your wellness becomes our top priority. Whether lazing in our spa or dining on nutritious cuisine, practicing yoga on the beach or simply soaking up the sense of serenity in our tranquil hideaway, take the time to refresh both body and soul.

## **CONTENTS**

- 01** RELAX AND REVIVE
- 02** SIGNATURE INDULGENCES
- 03** MESSAGES
- 04** BODY TREATMENTS
- 05** FACIAL TREATMENTS
- 06** RITUALS FOR MEN
- 07** FOR YOUNGER GUESTS
- 08** PREGNANCY TREATMENTS
- 09** FINISHING TOUCHES
- 10** SPA STYLE
- 11** PRICE LIST

## 01 RELAX AND REVIVE

We invite you to unwind in our serene Wellness Centre, set in lush gardens overlooking the sea.

Choose from a heavenly range of treatments drawing on Sicily's most fragrant scents – orange flowers, sandalwood and jasmine. Our pampering treatments use Italy's finest natural spa products: Comfort Zone for skin and Davines for hair, famed for their sustainable and ethical approach to beauty.

As well as a single treatment room and a couple's treatment room, we offer a dreamy outside gazebo for massages with a sea view. Our hairdressing salon offers an array of services for all your grooming needs.

All therapies are suitable for both men and women unless otherwise stated.

Please enjoy complimentary use of our steam room and Fitness Centre during your stay.

Opening times:

Treatments: daily 10:00-20:00

Fitness Centre: 24/7

Hairdresser: daily 10:00-20:00 (closed on Mondays)

Access:

Find the Wellness Centre opposite the hotel entrance.

Reservations required:

Call ext 629 or press the Spa button on your room phone.

## 02 SIGNATURE INDULGENCES

### CIURI CIURI BODY SCRUB

20 MINUTES

Villa Sant'Andrea's unique exfoliating ritual has been created in collaboration with the prestigious artisan soap maker Sa di Sapone of Catania. Salts from Lipari create a delicate natural scrub, which is fragranced with prized neroli oil made from bitter orange blossoms. Promoting cellular renovation, the treatment leaves the face and body gleaming with purity.

### JASMINE AND PRICKLY PEAR BODY RITUAL

50 MINUTES

Let yourself be whisked away on the heavenly scents of Sicily with this invigorating ritual. The skin is cleansed and exfoliated with a jasmine-flavoured pumice from Lipari; a soothing massage using precious prickly pear oil leaves you supremely toned and moisturised.

### SWEET ALMOND WARM BODY RITUAL

50 MINUTES

This deeply relaxing, nourishing ritual begins with an olive oil-infused black soap exfoliation and continues with a soothing massage with warm almond-flavoured butter.

### SLEEP RITUAL

50 MINUTES

Restore physical balance and combat jet lag with this soothing ritual. A synergy between Tranquillity blend essential oils, exclusive Sound and a massage with soft brushes works on three sensorial paths to promote sleep and overall harmony.

### PRO-LIFT FACIAL

50 MINUTES

Firm and replump your face and neck and enjoy an anti-ageing boost. Combined with specific Kobido techniques and the amazing Ultra Glow peel, this treatment restores fullness and redefines the volume of the face.

## 03 MASSAGES

MUSCLE MELT MASSAGE 50/80 MINUTES  
(ALSO AVAILABLE FOR COUPLES)

We drizzle a blend of warm oils over the body and follow with a muscle massage. Intense strokes and flowing techniques promote a calm and relaxed state.

AROMATHERAPY 50/80 MINUTES  
(ALSO AVAILABLE FOR COUPLES)

This harmonising massage employs essential oils to enhance physical, emotional and mental wellbeing. Tension melts away, leaving you blissfully relaxed.

INDIAN HEAD MASSAGE 20 MINUTES

Enter a deep state of relaxation with this ayurvedic treatment that also restores health and shine to the hair.

BACK MASSAGE 20 MINUTES

Target the tense areas around the back, shoulders and neck with this treatment that leaves you feeling supple, soothed and invigorated.

## 04 **BODY TREATMENTS**

### AROMASOUL SCRUB

25 MINUTES

Nourish your skin and give your body an all-over silky feel with this renewing treatment. The volcanic scrub and blended aromatherapy oils leave you delightfully scented and smooth.

### DETOX & DRAIN

80 MINUTES

Reap the benefits of this intensely detoxifying, draining, anti-cellulite treatment. Thermal water and essential oils are combined with a deep tissue purification to drain away waste and toxins. The perfect boost for legs encumbered by edematous cellulite.

### DEEP BODY RENEWAL

50 MINUTES

Enjoy a reshaping, revitalising massage that provides an intense metabolic boost. While tackling water retention and helping to drain toxins, it reactivates your circulation and eases muscle tension.



## 05 FACIAL TREATMENTS

**ACTIVE PURENESS** 50 MINUTES  
Purify and tone your complexion with this deep cleansing facial that uses a mattifying spirulina algae mask. Intense but delicate, it balances and refreshes the skin for revitalising results.

**REMEDY** 50 MINUTES  
Boost the health and beauty of your skin with this renewing, fortifying and soothing facial, perfect for sensitive, fragile and redness-prone complexions. An exclusive massage inspired by physiotherapy and osteopathic techniques includes jade spheres, renowned for their detoxifying properties.

**SUBLIME SKIN EYES** 25 MINUTES  
Fight dark circles, puffiness and fine lines with this triple-action treatment. Look forward to illuminated, rejuvenated eye contours.

**SACRED NATURE REGENERATIVE ELIXIR** 80 MINUTES  
Repair, regenerate and revitalise your face, neck and décolletage with this luxury pro-youth treatment containing organic ingredients. An antioxidant botanical complex and the innovative Regener-lift Massage combine to achieve immediate toning and firmness.

**SACRED NATURE REGENERATIVE HYDRA** 50 MINUTES  
Enjoy a treatment using moisturising and regenerative organic ingredients. A unique 7-step ritual revitalises and brightens the complexion to extraordinary effect.

## 06 **RITUALS FOR MEN**

*All of the spa treatments above are also suitable for men.*

### HIGH PERFORMANCE FACIAL

50 MINUTES

Specifically designed to enhance male complexions, this treatment acts synergically on three levels: it hydrates, purifies and soothes.

### BACK & SHOULDER RESCUE

50 MINUTES

Melt away tension with this decontracting and detoxifying treatment for the head, neck and back.

## 07 **FOR YOUNGER GUESTS**

*Up to the age of 12.*

MOTHER AND DAUGHTER BEAUTY PACKAGE 150 MINUTES

A delightful beauty treatment for mother and daughter to share. Mothers enjoy a moisturizing facial and a hand and feet treatment. Daughters are treated to a 50-minute purifying facial and a hand and feet treatment tailored to younger people.

BALANCE MASSAGE 50 MINUTES

A relaxing aromatherapy massage designed for parent and child to enjoy together.

YOUNG PERSON'S SPA MANICURE 40 MINUTES

YOUNG PERSON'S SPA PEDICURE 45 MINUTES

## 08 PREGNANCY TREATMENTS

### MOTHER-TO-BE MASSAGE

50 MINUTES

Expert antenatal techniques are used to relieve stress, alleviate back aches and reduce water retention. A nourishing body oil, enriched with Tamanu, soothes even the most delicate skin. Pillows and bolsters make the treatment safe and comfortable for all expectant mothers after their first trimester.

### NEW MOTHER BODY RITUAL

50 MINUTES

This deeply restorative, pampering, all-over body treatment incorporates exfoliation and the layering of Tamanu oil products rich in vitamin E to instantly improve the skin's tone and lustre. Ideal for new mothers from six weeks postnatal onwards.

## 09 FINISHING TOUCHES

### NAIL CARE

Manicure

Pedicure

Dry manicure and semi-permanent polish

Semi-permanent polish removal

Anti-ageing hand treatment

Refreshing foot treatment

Polish change for fingers and toes

### HAIR REMOVAL

Upper lip

Underarm

Bikini area

Brazilian bikini

Arms

Half leg waxing

Full leg waxing

Back

### EYELASHES AND EYEBROWS

Eyebrow shape

Eyebrow tint

Eyelash tint

Eyelash and eyebrow tint

### MAKE-UP

Day make-up

Evening make-up

Bridal make-up

Bridal make-up trial

## 09 **FINISHING TOUCHES**

### HAIR SERVICES

Women's cut and style

Men's cut

Children's cut

Shampoo and style

Shampoo and style for shoulder length and longer hair

Shampoo and style for hair with extensions

Simple up-do

Nourishing treatment masque

Intensive repair treatment

Bridal hair

Bridal hair trial

### COLOUR (STYLE NOT INCLUDED)

Full head colour

Root retouch

Full highlights

Partial highlights

## 10 SPA STYLE

We're delighted you will be joining us. Our spa is an oasis of calm, and we therefore ask that you help us maintain a peaceful ambience by speaking in a soft voice and turning off your cell phone.

### APPOINTMENTS

As treatments are subject to availability, we strongly recommend scheduling your appointments before your arrival. Appointments for minors (children under 18 years of age) must be made by a parent or guardian, who must also check them in. Minors booked in for closed-door spa treatments must have a guardian in the room for the duration of the service.

### CANCELLATIONS

We ask that you make any cancellation or change to treatments at least four hours before your appointment. If you cancel less than four hours in advance, you'll be charged 50% of the fee. If you cancel without notice, you'll be charged 100%.

### ARRIVAL

We invite you to arrive a few minutes before your appointment to allow adequate time to change. For your comfort we provide a robe, towel, slippers and other amenities. As a courtesy to other guests, should you arrive late we regret that we will only be able to offer you the remainder of your appointment time. The full cost of the treatment or service will still be charged.

### WELLBEING

For your comfort and safety, we ask you to mention any conditions you may have, such as injuries, illnesses or allergies, when booking your appointment as certain treatments may not be advisable. In addition, before your treatment begins, please let your therapist or aesthetician know of any medical concerns.

### PRECAUTIONS

We recommend eating and drinking in moderation and avoiding alcoholic beverages prior to your spa treatment or exercise class. If you need to shave (particularly beardless men receiving a facial), please do so at least two hours before your appointment. Please don't shave your legs prior to a body scrub treatment. Sunburn may limit enjoyment of your spa treatments; please be vigilant and use sun protection.

### JEWELLERY AND VALUABLES

Most therapies flow more easily without the interference of jewellery. We recommend removing neck and wrist ornaments. Please leave all valuables in your room safe.

## 11 PRICE LIST

All prices are quoted in Euros. 22% VAT included in all listed prices.

All treatments can be enjoyed in your room for an additional charge of €40 per person.

### SIGNATURE INDULGENCES

CIURI CIURI BODY SCRUB	(20 MIN)	95
JASMINE & PRICKLY PEAR BODY RITUAL	(50 MIN)	165
SWEET ALMOND	(50 MIN)	165
SLEEP RITUAL	(50 MIN)	200
PRO LIFT FACIAL	(50 MIN)	170

### MASSAGES

MUSCLE MELT MASSAGE	(50 MIN) (80 MIN)	180 270
MUSCLE MELT MASSAGE FOR COUPLES	(50 MIN) (80 MIN)	330 per couple 460 per couple
AROMATHERAPY	(50 MIN) (80 MIN)	180 270
AROMATHERAPY FOR COUPLES	(50 MIN) (80 MIN)	330 per couple 460 per couple
INDIAN HEAD MASSAGE	(20 MIN)	75
BACK MASSAGE	(20 MIN)	85

### BODY TREATMENTS

AROMASOUL SCRUB	(25 MIN)	95
DETOX & DRAIN	(80 MIN)	220
DEEP BODY RENEWAL	(50 MIN)	165



## 11 PRICE LIST

### FACIAL TREATMENTS

ACTIVE PURENESS	(50 MIN)	155
REMEDY	(50 MIN)	155
SUBLIME SKIN EYES	(25 MIN)	95
SACRED NATURE REGENERATIVE ELIXIR	(80 MIN)	220
SACRED NATURE REGENERATIVE HYDRA	(50 MIN)	165

### RITUALS FOR MEN

HIGH PERFORMANCE FACIAL	(50 MIN)	155
BACK & SHOULDER RESCUE	(50 MIN)	165

### FOR YOUNGER GUESTS

MOTHER AND DAUGHTER BEAUTY PACKAGE	(150 MIN)	560
BALANCE MASSAGE	(50 MIN)	300
YOUNG PERSON'S SPA MANICURE	(40 MIN)	65
YOUNG PERSON'S SPA PEDICURE	(45 MIN)	85

### PREGNANCY TREATMENTS

MOTHER-TO-BE MASSAGE	(50 MIN)	155
NEW MOTHER BODY RITUAL	(50 MIN)	170

### FINISHING TOUCHES

#### NAIL CARE

Manicure	70
Pedicure	95
Dry manicure and semi-permanent polish	110
Semi-permanent polish removal	35
Anti-ageing hand treatment	25
Refreshing foot treatment	25
Polish change for fingers and toes	40

## 11 PRICE LIST

### HAIR REMOVAL

Upper lip	20
Underarm	25
Bikini area	40
Brazilian bikini	50
Arms	55
Half leg waxing	60
Full leg waxing	95
Back	70

### EYELASHES AND EYEBROWS

Eyebrow shape	20
Eyebrow tint	25
Eyelash tint	50
Eyelash and eyebrow tint	65

### MAKE-UP

Day make-up	75
Evening make-up	90
Bridal make-up	from 230
Bridal make-up trial	from 120

### HAIR SERVICES

Women's cut & style	115
Men's cut	65
Children's cut	40
Shampoo and style	75
Shampoo and style for hair shoulder length and longer	80
Shampoo and style hair with extension	105
Simple up do	90
Intensive repair treatment	20
Nourishing treatment masque	25
Bridal hair	240
Bridal hair trial	110

### COLOUR (STYLE NOT INCLUDED)

Full head colour	80
Root retouch	65
Full highlights	120
Partial highlights	90

Reservations: Call ext 629 or press the Spa button on your room phone.

INCOMPARABLE GENUINE TRAVEL

[BELMOND.COM](http://BELMOND.COM)