

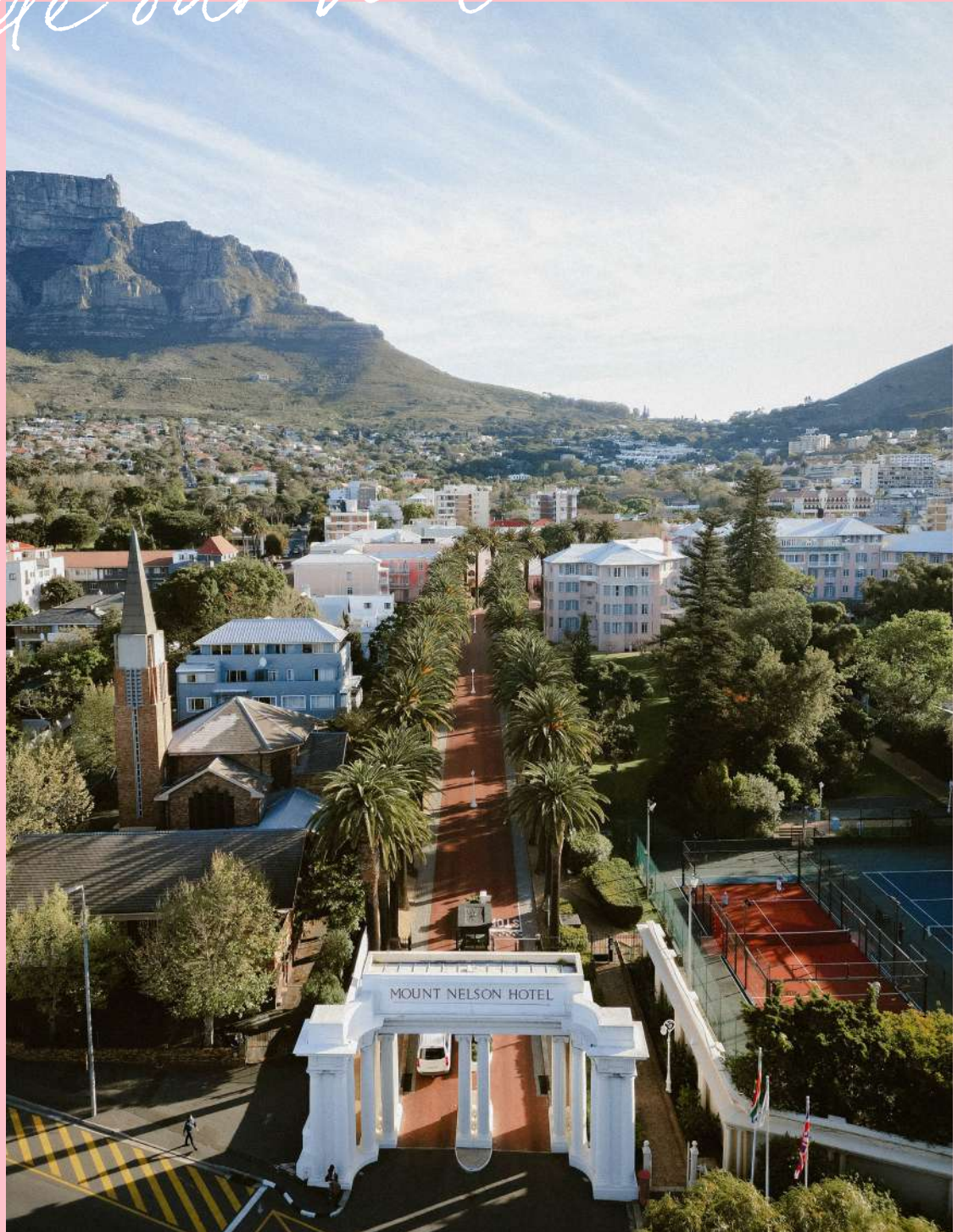
MOUNT NELSON
A BELMOND HOTEL
CAPE TOWN



Extraordinary

CAPE TOWN
EXPERIENCES

Inside our walls



Only at The Nellie

Do your

CHILDREN LIKE TO PLAY?



Children aged 4 to 12 can enjoy a range of creative and engaging activities including mosaic making, biscuit decorating and sand art. Organized activities, from group games to storytelling, take place throughout the day.

Open all year round on Saturday and Sunday: 10h00 – 17h00
Open daily during festive season: 10h00 – 18h00

Closed between 13h00 and 14h00

Incomparable Experiences

IF ONLY TREES COULD TALK



A zippy one-hour self-guided walking tour of iconic trees in the tranquil gardens, of the Nellie, which reveal many fascinating threads of Cape Town's history.

Trees such as the eighty Canary Island palms that line the driveway entrance.

And the nearly 200-year-old wild Olive Tree have borne silent witness to the colourful ebb and flow of historic events in the Cape and indeed of this historical 125 year-old property.

Librisa Spa

INDULGE YOURSELF



The Mount Nelson Rose, indulge in this centuries-old massage with a local twist. A tranquil experience, designed to enhance deep relaxation, muscle recovery and increased lymphatic flow from the tips of your toes to the intricate muscles of your face. Herbal poultices are handcrafted using a local blend of herbs coupled with our

Signature Rose Petal and Geranium massage oil to restore harmonious flow. Leaving your skin nourished and your soul soothed.

· From R1900 per person

Only at The Nellie

TENNIS

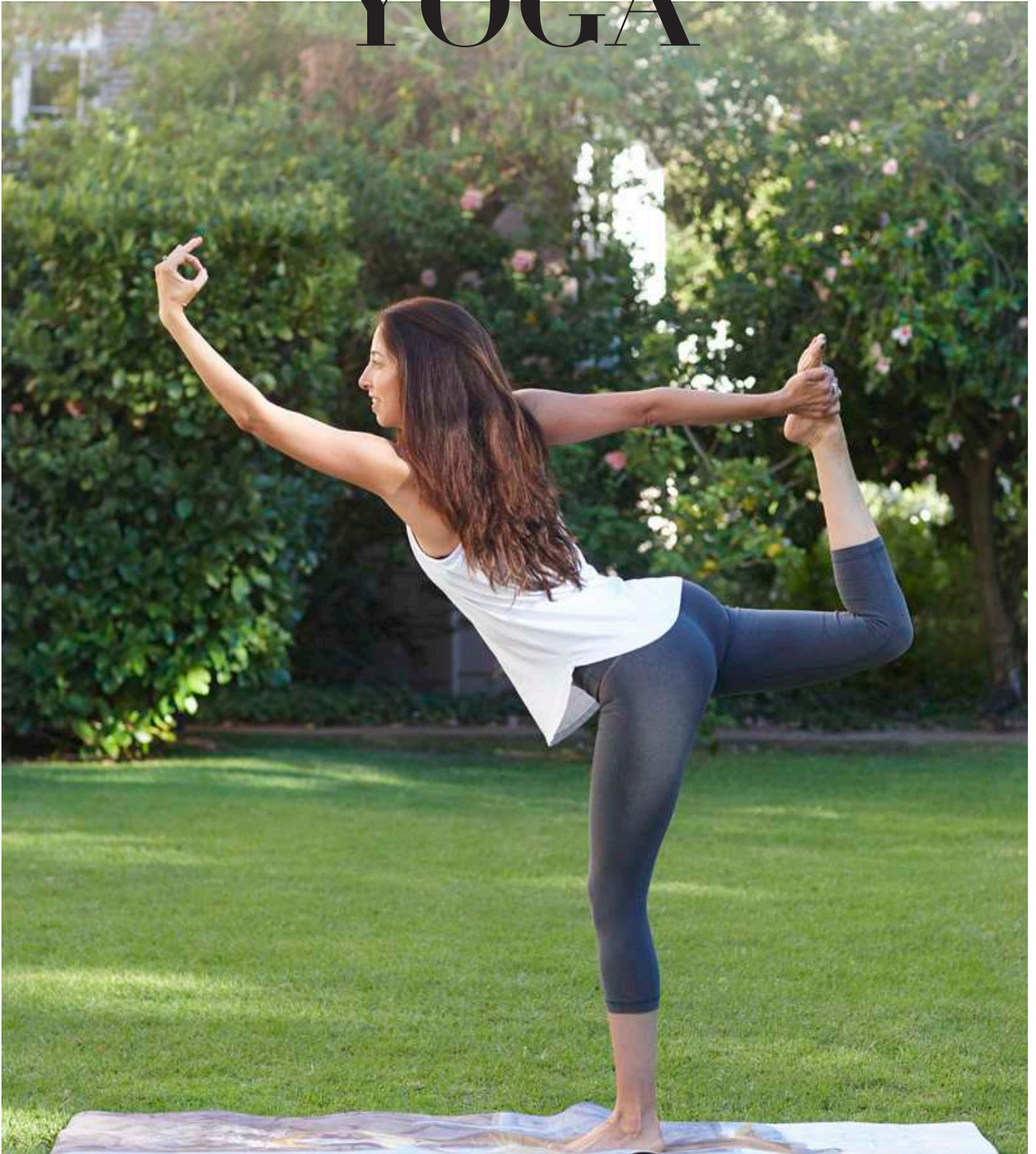


Resident tennis coach Barkie McKrea offers lively interactive classes for all levels of tennis, designed to hone your serve, volleys and all aspects of your game. Barkie teaches all ability levels, solo or in groups.

· From R800 per hour

Incomparable Experiences

OUTDOOR YOGA



Stay strong, fit and flexible with yoga. Offered in the tranquil gardens every second morning. Small group classes are available.

· From R1500 per person for an hour private lesson

Incomparable Experiences

BOOT CAMP



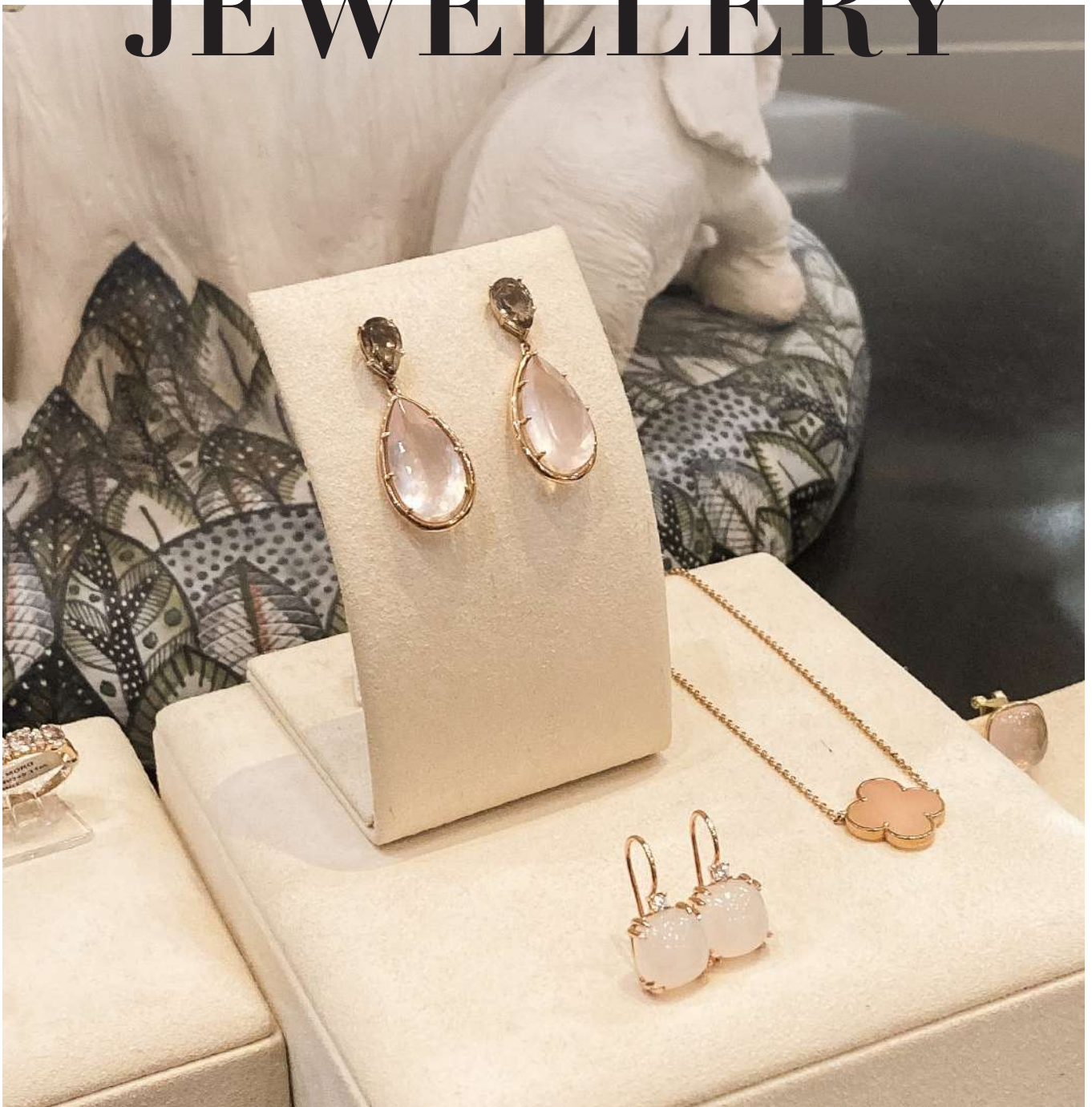
Complimentary boot camp sessions with renowned fitness coach, JP. With sessions focusing on HIIT, cardio boxing and conditioning, it's the ultimate way to increase your fitness.

For 1-on-1 personal coaching sessions, JP creates plans and bespoke sessions focused on your needs.

- Classes on Thursdays and Saturdays at 08h00
- Additional classes from R790 per hour session

Incomparable Experiences

CHRISTOFF BOUTIQUE & JEWELLERY



Beautiful displays featuring carefully sourced gems, skilfully set by our master goldsmiths. Limited edition bronzes of African creatures lend an extra charm to the experience.

Browse our boutique, where we've curated a collection of choice souvenirs from fine ostrich and crocodile leather goods, to whimsical Ardmore ceramics.

Wining and Dining



Exploring legendary local gastronomy

Incomparable Experiences

AFTERNOON TEA



The tradition of taking Afternoon Tea was invented over 200 years ago by Anna Russell, the 7th Duchess of Bedford. It very soon became a fashionable way to entertain.

The Mount Nelson's Afternoon Tea service continues this tradition with an enviable selection of fine loose-leaf teas from across the globe and a sumptuous array of sweet and savoury delicacies. Finger sandwiches are filled with rare roast beef, finely sliced cucumber, delicate smoked salmon and creamy egg mayonnaise.

Follow with sweet treats such as velvety chocolate cake and lemon meringue.

The hot beverage menu boasts over 70 loose leaf teas and single origin African coffee beans.

- Wednesday to Sunday, 12h00 & 15h00
- R550 per adult
- R350 per child under the age of 12

Magical Celebrations

GARDEN PICNICS



Lounging alongside the heated swimming pool soaking up the vistas, or in a sheltered spot in the garden, enjoy gourmet picnics in the shade of The Nellie's timeless trees with fresh breads, biltong, refreshing salads and fruits.

- Wednesday to Sunday, October to April
- Collections are between 12h00 and 13h00
- From R550 per person

Incomparable Experiences

COCKTAILS & BUBBLES



Planet Bar buzzes year round with locals and visitors sipping sundowners or pre-dinner cocktails. Whether you're people-watching from the terrace in summer or celebrating with friends, this is the place to be.

Celebrate the holidays with bubbles and Capetonian inspired bites, and get lost in the festive magic.

· Open daily from 12h00

Magical Celebrations

OASIS DINNER



Immerse yourself in the vibrant flavors of Cape Town with our dinner concept, celebrating the provenance of summer in the Western Cape. Sourced within the boundaries of Cape Town Municipality or the Western Cape.

The dishes are prepared over wood flames, hot coals, or the warmth of smoke, giving you the authentic taste of Cape Town.

· Thursday to Monday, 19h00 - 23h00

Have you booked

CHEF'S TABLE?



So begins a wonderfully unique experience. Listen to the industrious sounds of chopping, stirring and sizzling. Breathe in the aromas of succulent meats and rich sauces.

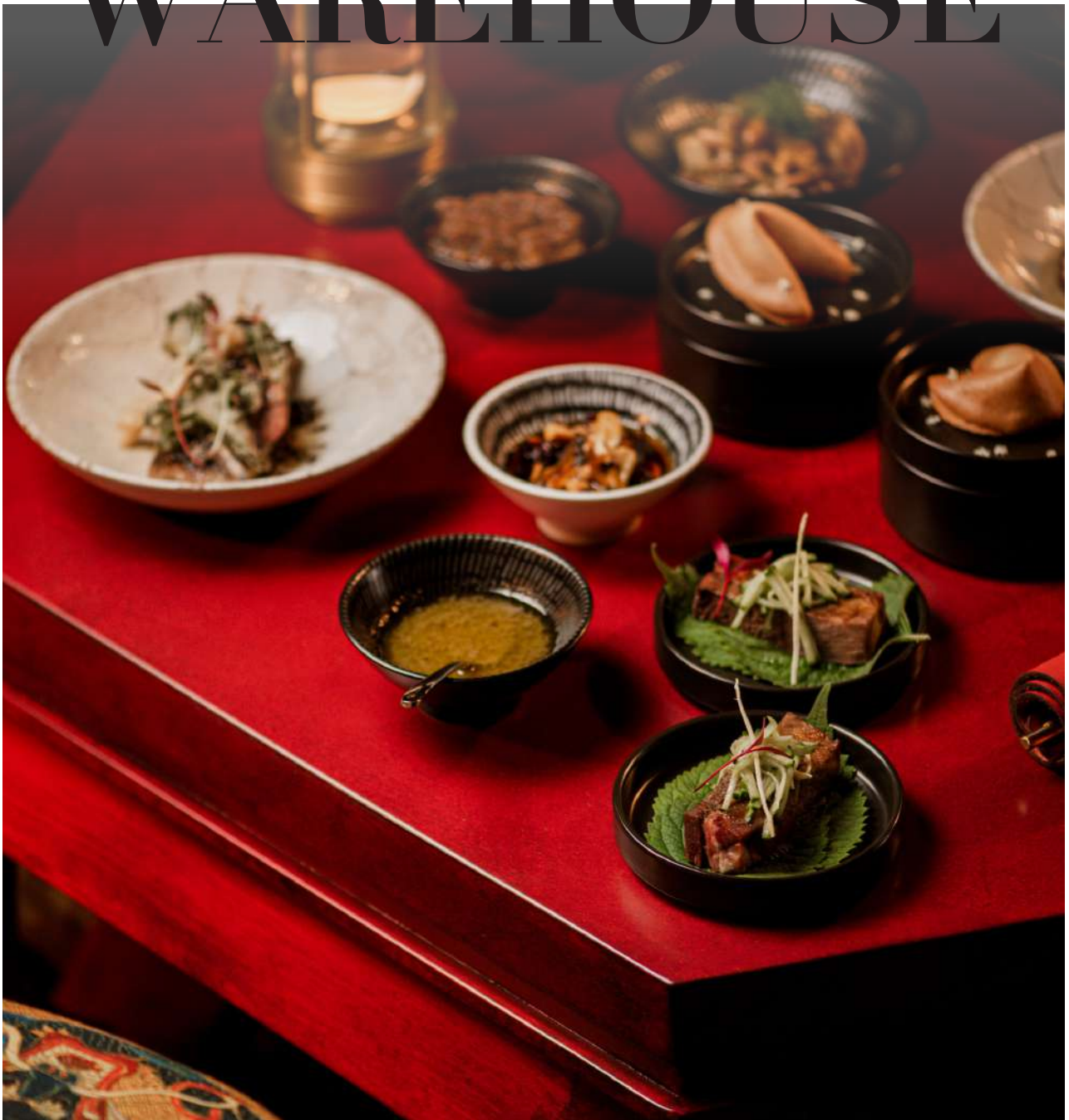
Feel the creative energy as you witness Chef George Jardine and his talented team in full-throttle action. It's all about interacting; talk to the chefs about their specialities, discover stories behind the recipes and the local, seasonal ingredients.

Join our chefs on this authentic journey, each one different from the last. Come away deliciously satisfied with an enriched understanding of a dynamic kitchen.

- Tuesday to Saturday, seating at 19h00
- Five courses at R1650 or with wine pairing at R2420 per person

Unique Pop-Up Concept

THE RED ROOM BY CHEF'S WAREHOUSE



The Red Room by Chef's Warehouse. Under the guidance of celebrated chefs Liam Tomlin and David Schneider, the PanAsian restaurant, tucked beneath the hotel's grounds, offers an extraordinary and one-of-a-kind culinary journey.

· Monday to Sunday, 17h00 to late
reservations@cwredroom.co.za
+27 (0)21 483 1516

A Sunday Must

JAZZ BRUNCH



Fancy celebrating Sunday in style? Segue into the afternoon with the legendary Buddy Wells Trio and an irresistible brunch menu. Add a bit of sparkle and opt for the unlimited bubbly menu. Relax as your little cherubs are entertained at the professionally supervised Children's Club.

- R625 per Adult
- R350 per Child under 12 years old
- Bottomless Bubbly will be an additional R250

A hyper-seasonal delight

THE VERANDAH



Experience the culinary brilliance of Chef George Jardine's new Verandah Menu, a hyper-seasonal delight that changes every two weeks. With a focus on showcasing the finest ingredients at their peak, this three-course à la carte menu offers an unforgettable dining experience. Immerse yourself in a symphony of flavors,

textures, and techniques as Chef Jardine crafts each dish with artistry and finesse. Indulge in a culinary journey that captures the essence of each season, where every plate is a testament to Chef Jardine's commitment to hyper seasonality.

· Daily from 18h30

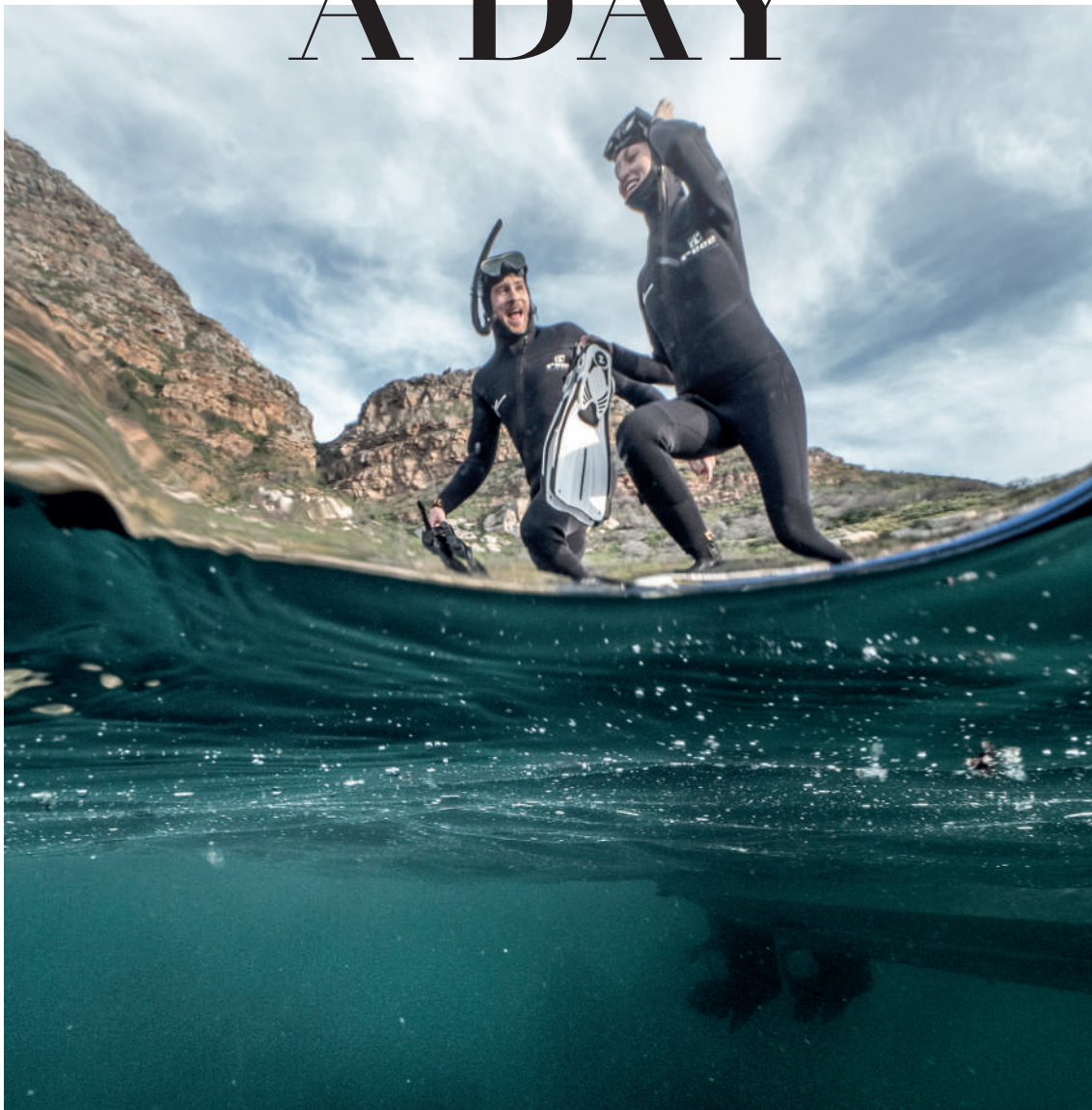
Captivating Cape Town Adventures



Adrenaline-fuelled adventures

Incomparable Experiences

BE A MARINE BIOLOGIST FOR A DAY



Discover the extraordinary world that lives beyond Cape Town's shores in the company of marine biologist, Justin Blake. Experiences ranging from rockpooling to snorkeling. Only at the Nellie can you experience the Atlantic Ocean like a marine biologist.

You may well discover other creatures calling the ocean home, from seals to penguins and dolphins and maybe even humpback or southern right whales. Using his professional underwater camera, Justin will capture unique photos of the experience to forever remind you of this Experience.

Includes a packed breakfast, vehicle and driver, shark scientist guide Justin Blake, exploration gear (masks and snorkels for the brave), scientific equipment and professional underwater camera, a donation to The RockHopper Fund. Bring your own sun protection, towel, change of clothing, and warm layers.

- From 07h00 to 13h00
- From R15600 per person for a group of up to eight guests
- From R420 per additional person
- Available all year round, subject to weather conditions

Some more Fun

WILD WINE ADVENTURE



Veer off-piste on a wine tasting jeep trail. Plunging into the famed Constantia Winelands, the scenic tour visits three historic wine estates using private roads.

Highlights include tasting the “best Sauvignon Blanc in the world”, meeting the region’s winemakers and feasting on tapas with sparkling Méthode Cap Classique refreshments.

This off-beaten track and unique experience will start at 09h00 and last a full day. Includes a three-course lunch.

· From R4125 per person

Incomparable Experiences

SIDECAR ADVENTURE



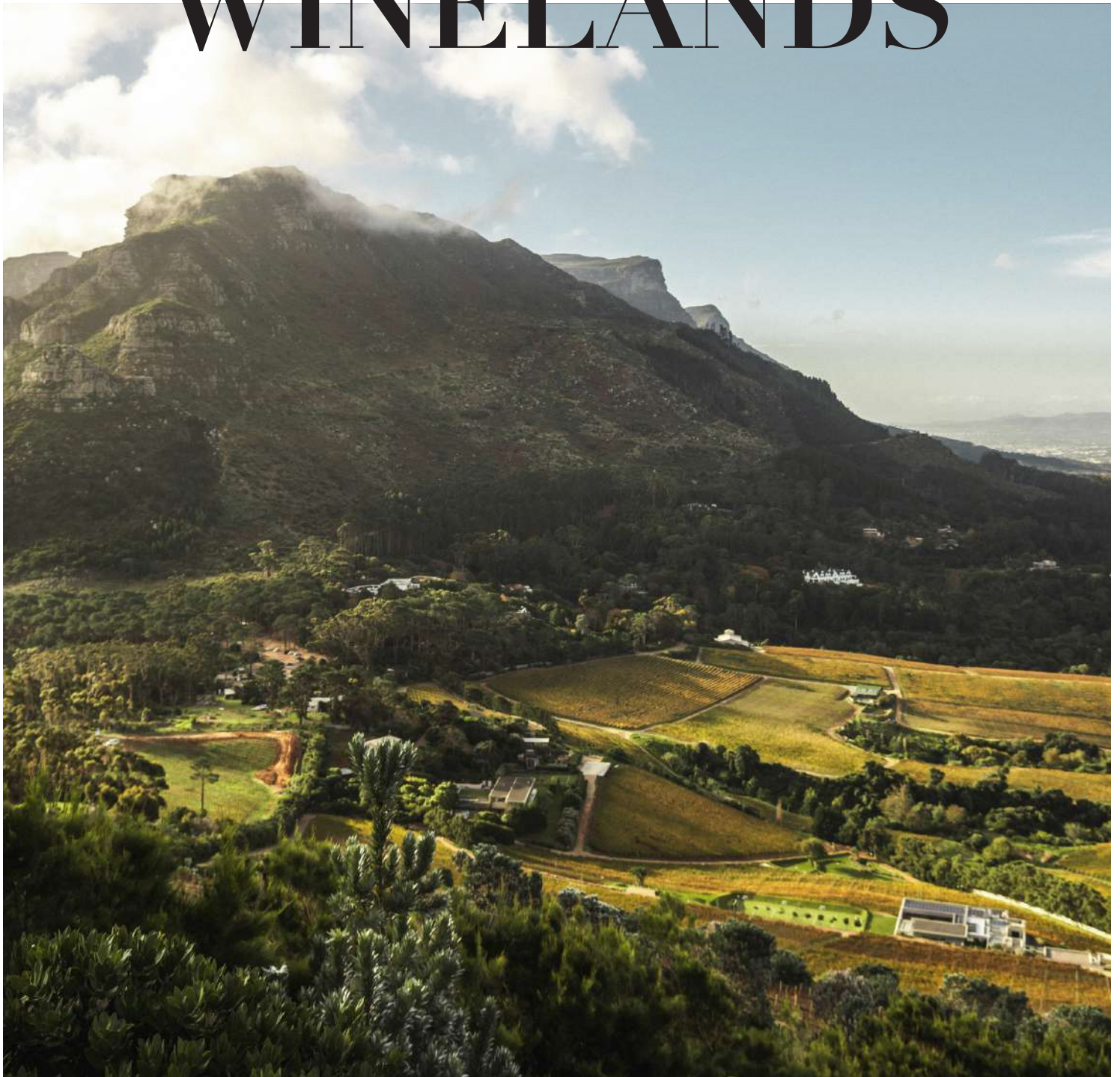
Hop into a chauffeured Mount Nelson pink vintage sidecar and explore Cape Town in timeless style. Head out along Chapman's Peak Drive and soak up the ocean views. Or go west towards the beautiful beaches of Bloubergstrand. Choose from a range of itineraries, from two-hour city tours to full-day excursions. Alternatively customise your own tour.

We'll provide riding leathers, helmets, goggles and complimentary bandanas.

- From R3950 per car (3 hours)
- From R5400 per car (4 hours/ half day)
- From R5750 per car (8 hours/ full day)

Incomparable Experiences

CAPE TOWN WINELANDS



The Cape Winelands are amongst the most scenic in the world. A visual feast of lush green valleys, rugged mountains, fine cuisine and the world-class wine-producing estates make up the Cape Winelands. The many historic wine estates, characterised by classic Cape Dutch-style buildings with distinctive gables and thatched roofs, and extensive vineyards, date back centuries.

Wine estates are bordered by the Hottentots Holland, the Franschhoek mountains and in the North by the Wemmershoekberg. The most popular and well-known are Stellenbosch, Franschhoek and Paarl.

- Full day from R8775
- Half day from R6255

Magical Celebrations

CLASSIC CAR TOURS



Learning classic cars are available to chauffeur you around the majestic Cape Winelands, opt for a tasting or lunch. Explore Constantia Valley, famed for its white wines, the picturesque Franschhoek Valley or the world-class estates of Stellenbosch and Paarl.

- R4560 per couple per car (4 hours/ half day)
- R7290 per couple per car (8 hours/ full day)
- R3250 per couple per car for pickup and drop off

Magical Celebrations

FYNBOS SUNSET WALK

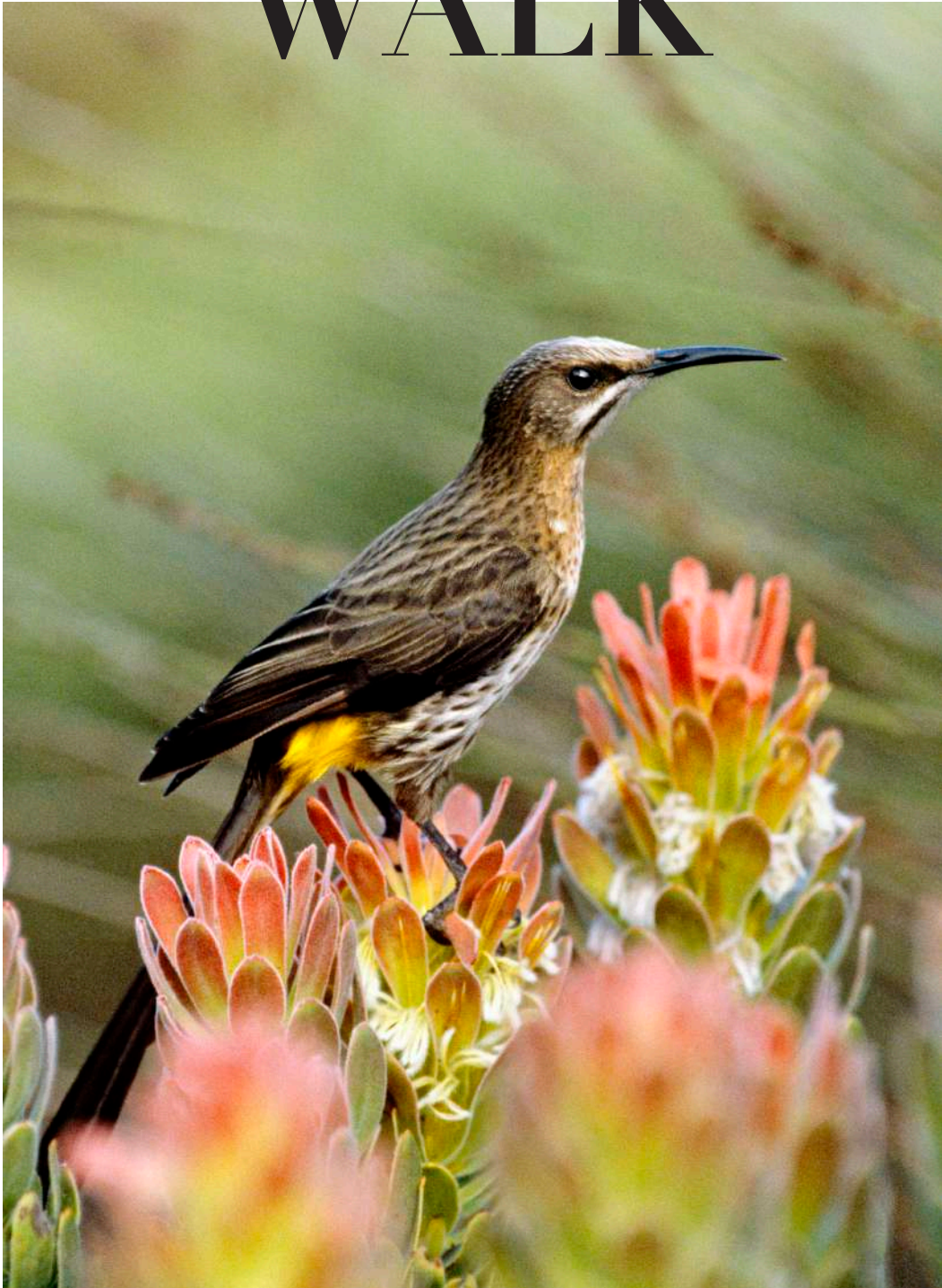


Nature lovers won't want to miss this tempting two-and-a-half hour tour. Led by an expert guide, set off along the lower slopes of Table Mountain to discover the remarkable diversity of the Fynbos. Later, sundowners high up on the mountainside are the perfect finale.

- From R2800 per person per hour
- From R3500 per couple per hour
- From R4700 per group of three people per hour

Incomparable Experiences

FIRST LIGHT WALK



The majesty of first light on a dawn walk is something you can't miss, in partnership with Leica Sport Optics. We'll provide you with a pair of Leica Trinovid 8x42 HD binoculars to encounter the captivating flora and fauna of Table Mountain. Choose to take a private tour with an expert guide, or join a larger group for an unforgettable team hike. Alternatively, set off on your own with the help of our map.

Delicious breakfast boxes keep you energised.

· From R3500 per couple

Architecture & Art Discovery

CAPE TOWN WALKING TOUR



Kate Crane Briggs is an expert in art and architecture, Tailor your 1 hour walking tour to your interests - whether it's history, visual arts, architecture, cuisine or literature.

Beginning in the hotel's 123-year-old estate, you'll see the city like never before, including special access to studios and collections not usually open to the public.

A typical tour can include, an artist's studio, mosaic workshop, Bo-Kaap, Auwal Mosque and Parliament.

· From R3250 for a group of up to six guests

