



# MAROMA

A BELMOND HOTEL

RIVIERA MAYA



## SUMMER AT MAROMA

@belmondmaroma  
#TheArtOfBelmond

# Delve into the beating heart of the Riviera Maya



This summer, we invite you to discover the beating heart of the Riviera Maya.

Nestled in the heart of the jungle, Maroma offers immersive experiences rooted in nature, wellness, and culture.

From sunrise meditations and guided jungle walks to ancestral rituals, artisan workshops, and hidden cenote adventures, each day unfolds with purpose and authenticity.

To help you make the most of every moment, our thoughtfully curated calendar of daily activities invites you to connect, explore, and awaken your senses—at your own rhythm.

Far from the expected, this is summer reimaged—vibrant, soulful, and deeply connected to the land.

Go beyond the shore and into the heart of the Yucatán's most inspiring stories.

# Gastronomic Experiences

## GUACAMOLE CLASS

Learn the secrets of crafting the perfect guacamole with fresh, local ingredients in a hands-on experience led by our expert chefs. Savor your creation and take home a recipe to remember. A flavorful journey you won't want to miss!



## JOURNEY INTO AGAVE

Discover Mexican spirits with a lesson on one of their most culturally significant traditions- agave. Agave distillation dates back to the Aztecs and is a pillar of Mexican history. Our expert team will guide you on an

Agave Journey, exploring the multiple origins, methods, and chemistry profiles that make tequila, mezcal and pulque distinct.

## MEXICAN CACAO EXPERIENCE

Cocoa, a prized ingredient since Mayan times, is one of the pillars of Mexican gastronomy. In this indulgent experience, we'll show you how to prepare pre-Hispanic beverages, contemporary cocktails, and sumptuous chocolates



## LOTERÍA AND FRIENDS

Step back to Mexico's golden age to soak up the atmosphere of old-school happiness in our cantina. Sample family-style traditional Mexican antojitos as our tequila expert guides you through this world-famous elixir, exploring its different types, productions, and flavors, before preparing some refreshing cocktails.

And after a few sips, we'll play a popular Mexican game, La Lotería; stay alert, don't miss a single card.





# At Our Heart



## JUNGLE WALKS

Start your day with a guided morning walk through Maroma's vibrant jungle. Explore native plants, listen to birdsong, and uncover the secrets of the Yucatán's rich ecosystem. Led by our local team, this immersive experience invites guests to connect deeply with nature and embrace the peaceful rhythms of the jungle.

## CANDLE MAKING

Every day, at dusk, 1,000 candles are lit throughout the hotel, with the aim of reducing the use of regular energy, caring for the species that live on our grounds and creating a more romantic atmosphere. Be part of this workshop and help us spread the magic by displaying the candle as part of the 1000 candles.

## PAINT YOUR OWN HAT

Join us for a fun, hands-on experience where you'll design and paint your own Mexican-style hat. Guided by a local artisan, this colorful activity lets you take home a personalized keepsake with every brushstroke.

## SUSTAINABLE WALKS

### WITH OSVALDO PAEZ

Discover Maroma's commitment to the environment on a Sustainability Walk with Osvaldo Paez, our Sustainability Manager. Stroll through the property as Osvaldo shares the initiatives and practices that make Maroma a leader in eco-conscious hospitality. From conservation efforts to community programs, learn how we're working to protect this paradise—one step at a time.



# Wellness

## SILENCE MEDITATION RITUAL

A journey inward, guided by the whispers of nature. In stillness and silence, let the rustling leaves, birdsong, and gentle breeze become your companions. Breathe deeply, listen fully, and rediscover the peace that lives in the present moment.



## DAILY YOGA

From Vinyasa postures to guided relaxation practices, enjoy a routine of Yoga movements with our instructor.

## FOUR ELEMENTS LABYRINTH

Embark on a sacred walking meditation through a beautifully designed labyrinth inspired by the four elements—Earth, Water, Air, and Fire. Each step invites you to connect deeply with nature's essence, awakening your senses and guiding you toward inner harmony.

## MELIPONAS JOURNEY

Explore the unique sanctuary of the Melipona bees. Discover how these amazing creatures work together and learn about the numerous benefits they bring to our ecosystem.



## WELLNESS HOUR

Discover your bliss during our Wellness Hour. Our Spa team will offer a wide range of refreshing activities throughout the hotel, from cucumber slices to refresh your eyes to sound healing and pressure point massages.

## AROMATIC SALTS

Learn to blend essential oils, herbs, and natural salts to create personalized remedies for relaxation and well-being. Transform everyday bathing into a luxurious, restorative ritual.





# Beyond the Shores

## MAYAN HERITAGE

Explore the rich history of the Riviera Maya and Yucatán Peninsula through its stunning archaeological sites. Walk among the towering temples of Chichén Itzá, a Wonder of the World; climb the ancient ruins of Cobá hidden in the jungle; marvel at the intricate carvings of Ek Balam; and gaze at the breathtaking seaside ruins of Tulum. Each site offers a unique window into the grandeur of the Maya civilization.

## MILENARY CENOTES

Dive into the natural wonders of the Riviera Maya and Yucatán Peninsula through its magical cenotes—crystal-clear freshwater sinkholes sacred to the ancient Maya. Swim in the open-air beauties, explore the underground rivers, or float beneath dramatic stalactites. Each cenote offers a refreshing escape and a mystical connection to the region's geological and cultural roots.



## MAGICAL TOWNS

Discover the charm of the Yucatán Peninsula's small towns, where tradition and hospitality thrive. Stroll the colorful streets of Valladolid, rich in colonial history and local flavors or explore Izamal, the "Yellow City," glowing with sacred energy. Each town offers an authentic glimpse into Maya heritage, vibrant culture, and the warmth of everyday life in the region.



These experiences are with an additional cost.  
Reservations required.

# Daily Activities

## MONDAY

6:45am	Silence Meditation
7:00am	Jungle Walk
8:00am	Yoga
11:00am	Fourth Elements Labyrinth
2:00pm	Wellness Hour
3:00pm	Melipona's Journey
4:00pm	Guacamole Class

## TUESDAY

6:45am	Silence Meditation
7:00am	Jungle Walk
8:00am	Yoga
11:00am	Fourth Elements Labyrinth
2:00pm	Wellness Hour
3:00pm	Aromatic Salts
4:00pm	Mexican Cacao Experience
5:00pm	Candle Making

## WEDNESDAY

6:45am	Silence Meditation
7:00am	Jungle Walk
8:00am	Yoga
2:00pm	Wellness Hour
3:00pm	Melipona's Journey
4:00pm	Journey into Agave

## THURSDAY

6:45am	Silence Meditation
7:00am	Jungle Walk
8:00am	Yoga
11:00am	Fourth Elements Labyrinth
2:00pm	Wellness Hour
3:00pm	Aromatic Salts
4:00pm	Sustainability Walks with Osvaldo

## FRIDAY

6:45am	Silence Meditation
7:00am	Jungle Walk
8:00am	Yoga
11:00am	Fourth Elements Labyrinth
2:00pm	Wellness Hour
3:00pm	Melipona's Journey
5:00pm	Paint Your Own Hat

## SATURDAY

6:45am	Silence Meditation
7:00am	Jungle Walk
8:00am	Yoga
11:00am	Fourth Elements Labyrinth
2:00pm	Wellness Hour
3:00pm	Aromatic Salts
4:00pm	Loteria and Friends

## SUNDAY

6:45am	Silence Meditation
7:00am	Jungle Walk
8:00am	Yoga
11:00am	Fourth Elements Labyrinth
2:00pm	Wellness Hour
3:00pm	Melipona's Journey

All the activities in this calendar are complimentary.  
Contact your personal host to make your reservation.

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