



otto *geleng*

# Water Menu

"Vibration is able to create life in everything. All that exists, is in a state of vibration and that is the origin of energy...

Water is the main vehicle that brings life, love and gratitude.

This crystal is as perfect as it can be. This indicates that love and gratitude are fundamental to the phenomenon of life in all of nature."

- Masaru Emoto

*The Hidden Messages in Water*

# Italian - Still

**CAVAGRANDE, ETNA - SICILY** 0.75 L 12

From the heart of Etna - the volcano and UNESCO site - springs this pure mineral water, bottled in Milo, on the south-east side.

*Fixed residue: 203 mg/L*

*Sodium: 41,7 mg/L*

**LURISIA STILLE, PIEDMONT** 0.75 L 12

Taste the purity of the Alps in every sip of this spring water, which flows 1,460m above sea level.

*Fixed residue: 30,5 mg/L*

*Sodium: 1,8 mg/L*

**PANNA, TUSCANY** 0.75 L 10

Originating in Scarperia, 35km from Florence in the Tuscan countryside, this water is named after the Medici family's hunting reserve.

*Fixed residue: 137 mg/L*

*Sodium: 6,6 mg/L*

**CEDEA, DOLOMITES** 0.75 L 14

The Goddess of Water lends her name to this elixir that is naturally filtered by the Dolomites. It springs from the foot of the highest mountain, Marmolada, during the magical, rosy dawn and dusk period known as Enrosadira.

*Fixed residue: 130 mg/L*

*Sodium: 6,4 mg/L*

# International - Still

**VELLAMO, FINLAND** 0.75 L 18

Savour startling clarity when you sip this melted Ice Age water. Even the bottle seems to reflect the blue of the glaciers. Benefit from high alkalinity and an ideal balance of electrolytes.

*Fixed residue: 519 mg/L*

*Sodium: 85 mg/L*

**EVIAN, FRANCE** 0.75 L 12

Officially recognised for its health benefits by the French Medical Academy in 1878, this time-honoured favourite originates in the French Alps.

*Fixed residue: 309 mg/L*

*Sodium: 6,5 mg/L*

**ICELANDIC GLACIAL, ICELAND** 0.75 L 22

Sourced from Iceland's legendary Ölfus Spring, formed 5,000 years ago, this pristine water is certified NSF and kosher. Its first contact with air occurs when the bottle is opened.

*Fixed residue: 62 mg/L*

*Sodium: 11 mg/L*

**ICEBERG, CANADIAN** 0.75 L 38

Born in the Arctic polar ice cap over 10,000 years ago, this pure water has a velvety, smooth flavour, perfect for any pairing.

*Fixed residue: 9 mg/L*

*Sodium: 1,5 mg/L*

# Italian - Sparkling

## **CAVAGRANDE, ETNA - SICILY**

0.75 L

12

A thirst-quenching, sparkling water from Sicily's volcanic heart. Created by Etna, loved by Sicilians everywhere.

*Fixed residue: 203 mg/L*

*Sodium: 41,7 mg/L*

## **FERRARELLE, CAMPANIA**

0.75 L

10

This naturally effervescent spring water begins life in the depths of the dormant Roccamonfina volcano, collecting minerals as it flows for 15km through the Sorgenti di Riardo Park. Finely balanced, palate pleasing and SGS certified.

*Fixed residue: 1.200 mg/L*

*Sodium: 50 mg/L*

## **LURISIA BOLLE, PIEDMONT**

0.75 L

12

Drawn from a spring in the foothills of the Piedmontese Alps, this water has been consistently light and refreshing since it was first discovered in 1917. Naturally sourced carbon dioxide is added to create fine bubbles.

*Fixed residue: 30,5 mg/L*

*Sodium: 1,8 mg/L*

## **SAN PELLEGRINO, LOMBARDY ALPS**

0.75 L

12

Its soft perlage makes this water unique, it springs at San Pellegrino Terme but the source starts at 1300 mt in the Alps. It is water par excellence for fine dining.

*Fixed residue: 959 mg/L*

*Sodium: 31,2 mg/L*

# International - Sparkling

## **PERRIER, FRANCE**

0.75 L

16

A spring near the small Provençal village of Vergèze is the source of this fresh, sparkling water that has been refreshing palates for over 150 years.

*Fixed residue: 475 mg/L*

*Sodium: 11,5 mg/L*

## **CHÂTELDON, FRANCE**

0.75 L

24

In 1650, Louis XIV's doctor praised the health benefits of this naturally carbonated water that was brought to Versailles by mule. Springing from the Puy de Dôme volcano, it delivers an initial savoury flavour followed by a satisfying fizz.

*Fixed residue: 1882 mg/L*

*Sodium: 240 mg/L*

## **PERLAGE, POLAND**

0.75 L

12

Slowly carbonated using the "perlage" method, similar to champagne and sparkling wines, this lightly effervescent natural mineral water is considered to aid digestion.

*Fixed residue: 440 mg/L*

*Sodium: 6,7 mg/L*

## **NEVAS, GERMANY**

0.75 L

90

1,50 L

180

Two mineral waters are blended and carbonated to make this German cuvée, housed in a stunning black champagne bottle, stoppered with a cork. Its pearly texture and refined, unforgettable taste combine to make every occasion special.

*Calcio: 620 mg/L*



