

THE Dining Room

FIRST THINGS FIRST
Fresh juice, coffee, tea or hot chocolate, toast, preserves, seasonal fruit.....23

COLD PRESSED & FRESHLY SQUEEZED JUICES

- Sunrise
Orange, carrot, lemon, ginger, turmeric, coconut water14
- Quench
Watermelon, jicama, strawberry, mint, lime.....14
- Clover
Kale, cucumber, celery, spinach, pear, mint, cilantro, lime ..14
- Açaí Berry Smoothie
Açaí berries, orange juice with agave nectar14
- Freshly Squeezed Juices
Orange, or grapefruit10
- Assorted Juices
Pineapple, tomato, or cranberry10

LIGHT BITES PLUS

(Chia, cumin and flax seeds available)

- House-Made Granola
Old fashioned rolled oats, nuts, seeds, Santa Barbara pistachios, shaved coconut, dried cranberries, agave 14
- Irish Steel-Cut Oatmeal
Brown sugar, golden raisins, warm milk..... 14
- Bircher Muesli
St. Benoit yogurt, seasonal fruits, roasted sliced almonds, coconut flakes 14
- Fruit And Berry Plate
Selection of seasonal fruits and berries 16
- Dairy Free Yogurt Parfait
Seasonal berries, El Encanto house-made granola..... 15
- Açaí Bowl
Acai purée, house-made granola, organic local berries, bananas..... 19

SAVORIES

- Two Organic Eggs (Any Which Way)
Crispy hash brown potatoes or seasonal fruit salad 19
- Omelette (your way)
Choice of 3 items, each additional item is \$1.50: organic farm eggs, egg whites, cholesterol-free eggs, ham, bacon, smoked salmon, chorizo, tomatoes, onions, mushroom, spinach, cheddar, feta, mozzarella, Gruyère, with crispy hash brown potatoes.....22
- Eggs Benedict
English muffin, Canadian bacon, hollandaise, crispy hash brown potatoes21
- Santa Barbara Poached
Avocado, tomato, poached egg, yogurt/paprika sauce.....22
- Smoked Salmon Plate
Cream cheese, tomato, capers, cucumber, red onion, choice of bagel22
- Huevos Rancheros
Soft corn tortillas, pulled pork, queso fresco, black beans, guacamole, scallions, sour cream19
- Avocado Toast
Carpinteria avocado, organic egg any style, tomato fondue, charcoal seed bread.....22

SWEETS & MEATS

- Vegan Pancakes
Blueberries, Vermont maple syrup.....16
- Belgian Waffle
Seasonal berries, powdered sugar, Vermont maple syrup16
- Gluten Free French Toast
Seasonal berries, Vermont maple syrup.....16
- Meats
Bacon, ham, chorizo, chicken/apple or pork sausage.....8

El Encanto Signature Coffee or Teas.....8
Pot of El Encanto Coffee, Tea or Hot Chocolate.....8
Espresso, Latte, Cappuccino, Mocha.....6 single.....8 double

*Executive Chef **Bruno Lopez***