





TREATMENT MENU

D-TRAVEL

BODY

Inspired by travel, which can fatigue the muscles, this slow and deep massage releases all tensions in the body. As your muscles are oxygenated, your body experiences a greater freedom of movement.

Your therapist employs carefully tailored movements combining strength and softness to eliminate toxins and relieve aches and pains. Experience a suspended moment in time and an immediate release that allows you to pursue your travels with ease.

D-ELEMENTS

BODY

This massage is a tribute to the wild Scottish elements - rain, wind and sun.

First, you feel the sun shining on your back thanks to the application of semi-precious hot stones: yellow quartz, labradorite and agate. The stones work their magic, infusing your being with their wonderful energetic powers through a slow, deep massage of the back and arms.

The wind then appears through a series of slow and steady movements, relaxing the whole lower part of the body to re-establish power and anchorage. Balance is refocused, inner calm returns.

Finally, your treatment finishes with rain: a generous, feel-good misting of Bain Dior warmed up by a hot oshibori. Now, you are ready to go out and experience Scotland's magnificent nature!

D-HIGHLANDS

FACE

A trip aboard Royal Scotsman explores Highland wonders in peerless style. This treatment is inspired by the landscape, combining techniques that will lift your skin with a high-performance, age-defying therapy influenced by Kobido techniques. Your therapist performs a series of rejuvenating muscle massages, ranging from the deepest to the most intricate, that redefine the entire face. All signs of ageing are reduced. Wrinkles are smoothed, contours resculpted, facial volume visibly lifted.

Your skin is at peak perfection, just like the Highlands you'll be exploring.