WELLNESS PRICE LIST

Wellness Experiences

	MIN	EUR
SOUND HEALING		
PRIVATE SESSION	60	300
SEMI-PRIVATE (2 PEOPLE)	60	500
GROUP (3 OR MORE)	60	200
FLOATING THERAPY	60	180
DYNAMIC MEDITATION + BREATHWORK		
PRIVATE SESSION	60	300
SEMI-PRIVATE (2 PEOPLE)	60	500
GROUP (3 OR MORE)	60	200
REIKI	60	160
REFLEXO-SACRAL THERAPY	60	225
FOREST BATHING	90	300

Creative Experiences

	MINS	EUR
ECO PRINTING WORKSHOP		
UP TO 2 PEOPLE	120	250
FROM 3 PEOPLE	120	180
CLAY WORKSHOP	120	140
COSMETOLOGY WORKSHOP	90	150

Spa

LOCALLY INSPIRED

	MIN	EUR
SIGNATURE TUSCANY GARDEN	120	400
SIGNATURE ETRUSCAN DREAM	90	245
LADY OF THE CASTLE FACIAL	60	185
LORD OF THE CASTLE FACIAL	60	185
SIGNATURE ESSERE PERSONALISED MASSAGE	60/90	185/265

MASSAGE & BODY TREATMENTS

	MIN	EUR
REBALANCING HOT STONE MASSAGE	60/90	165/245
MUSCLE RECOVERY MASSAGE	60/90	165/245
RED LIGHT DRAINING TREATMENT	60	165
START UP ULTIMATE LYMPHATIC WELLNESS	90	320
PRENATAL MASSAGE	60/90	165/245

FACE TREATMENTS

	MIN	EUR
AD+ INTENSE LIFTING	60	265
ANTI-AGE BOOSTER	60	220
DETOX TREATMENT	60	185
MINI FACIAL	20	80

RITUALS (FACE & BODY)

	MIN	EUR
PINDAMEI AYURVEDIC RITUAL	110	380
DOLCEVITA RITUAL	90	320
SOTTO SALE RITUAL	90	320
SUPERFOOD RITUAL	90	320

COUPLES

PRICE PER COUPLE

	MIN	EUR
SHARED ETRUSCAN DREAM	110	700
SHARED DI-VINO RITUAL	110	700
SHARED TUSCANY GARDEN	120	800
SHARED MASSAGE & SOUND HEALING	110	900
SHARED PINDAMEI AYURVEDIC RITUAL	110	760
SHARED WATER SOUND BATH	90	700

SIGNATURE WELLNESS PACKAGES

	MIN	EUR
DETOX	160	600
REVIVE	140	500
RECOVER	150	450
REJUVENATE AD+ INTENSIVE	150	610
ZEN	150	530
MOTHER TO BE	150	480
MUMMY & ME	160	750/COUPLE

SPECIAL OCCASIONS PACKAGES

	MINS	EUR
ANNIVERSARY	120	830/COUPLE
BIRTHDAY RITUAL	160	630
WEDDING SPECIAL	210	850

YOUNG SPA (YOUNGER GUESTS)

	MINS	EUR
MINI FACIAL TEEN	20	80
MINI MANICURE	20	50
MINI PEDICURE	20	50
TEENAGE DREAM RITUAL	60	160

ENHANCEMENTS

	MINS	EUR
GUA SHA FACIAL	N/A	60
MUD WRAP	N/A	60
FOOT SCRUB & MASSAGE	N/A	80
SCALP MASSAGE	N/A	40
ESSENTIAL OIL THERAPY	N/A	60
RED LIGHT THERAPY MASK (FACE)	15	60
RED LIGHT THERAPY (BODY)	15	80
EYE PATCH	N/A	60
FACE MASK	N/A	80
BOOSTER BANDAGES	N/A	80

Finishing Touches

NAIL CARE

	MIN	EUR
MANICURE WOMAN	60	100
MANICURE MAN	60	80
PEDICURE	60	120
POLISH CHANGE (HANDS OR FEET)		40
SEMI-PERMANENT NAIL POLISH (HANDS OR FEET)		60
SEMI-PERMANENT NAIL POLISH REMOVAL (HANDS OR FEET)		70

HAIR REMOVAL

	EUR
UPPER LIP	20
ARMS	40
UNDERARM	30
BIKINI AREA	35
HALF-LEG WAXING	50
FULL-LEG WAXING	70

BEAUTY SERVICES

	EUR
HAIR DRESSING	
WASH AND BLOW OUT (SHORT HAIR)	120
WASH AND BLOW OUT (LONG HAIR)	150
BLOW OUT OCCASION	250
BRIDAL BLOW OUT	500
MAKE UP	
DAYTIME/NATURAL	160
EVENING/OCCASION	240
BRIDAL MAKEUP (TRIAL AND WEDDING DAY)	600
TEMPORARY EYE LASHES	50

Movement

	MIN	EUR
GUIDED BIKE TOUR		
HALF DAY (UP TO 3 HOURS)		300*
FULL DAY (UP TO 6 HOURS)		460*
* PLUS THE ADDITIONAL COST OF THE BIKES		
PRIVATE YOGA LESSON	60	130
FIRST LIGHT WALK		
(UP TO 3 HOURS)		300
FITNESS WALK	120	150
TENNIS/PADEL/PICKLEBALL PRIVATE LESSON	60	160
ADD A PLAYER		40
TENNIS/PADEL/PICKLEBALL COURT RENTAL	60	60
PRIVATE REFORMER PILATES LESSON	60	180
PERSONAL TRAINING PRIVATE	60/90	200/250
PERSONAL TRAINING SEMI-PRIVATE	60/90	300/350

ESSERE SPA
CASTELLO DI CASOLE
TELEPHONE (FROM ROOM) CALL EXT. 900
TELEPHONE (EXTERNAL LINE) +39 0577 961 590 8529

FOR AN EVEN MORE EXCLUSIVE EXPERIENCE, TREATMENTS CAN BE ENJOYED DIRECTLY IN THE COMFORT OF YOUR ROOM FOR AN ADDITIONAL SUPPLEMENT.