

Happy Holidays



**CELEBRATE THE MOST FESTIVE TIME
OF THE YEAR AT IGUASSU FALLS!**

FUN, RELAXATION AND NATURE

DISCOVER THE FALLS

Embark on a captivating 2km guided walk along the stunning Cataratas Trail when the park is closed to other visitors. Soak up the breathtaking beauty around you in peace and tranquility as our guide shares fascinating details and intriguing facts about the flora and fauna of Iguassu National Park.

**SUBJECT TO WEATHER CONDITIONS
COMPLIMENTARY - LIMITED AVAILABILITY,
PLEASE RESERVE IN ADVANCE
TUESDAY TO SUNDAY, 7.30AM TO 9AM**

TENNIS AT THE FALLS

Discover the thrill of playing tennis in one of the world's most spectacular settings. The Hotel das Cataratas tennis court offers a unique experience that combines the beauty of nature with the energy of the sport.

**LIMITED AVAILABILITY
PLEASE RESERVE IN ADVANCE
DAILY, 8AM TO 10PM**

WELLNESS

Strengthen your connection with nature in our yoga and mindfulness classes, allowing the mighty Iguassu River and awakening forest to revitalize you with their magic. Each session is thoughtfully designed to promote wellbeing by rejuvenating your body and calming your mind, providing a unique and transformative experience.

**LIMITED AVAILABILITY,
PLEASE RESERVE IN ADVANCE
WEEKLY, FRIDAYS, SATURDAYS
AND MONDAYS**



SKY ABOVE THE FALLS

Delve into the cosmos of Iguassu National Park in an exclusive stargazing experience. With the benefit of minimal light pollution, you can marvel at the stars, constellations and Milky Way. Guided by astronomy expert Janer Vilaça, discover the Guarani indigenous culture and its relationship with the night sky. This immersive experience will inspire you and deepen your connection to the universe.

**SUBJECT TO WEATHER CONDITIONS
PRICE PER PERSON: R\$ 550 (MINIMUM OF 2 PEOPLE)**

A NIGHT AT THE BORDER EVERY SATURDAY

Embark on an inspiring journey where borders fade, cultures intertwine, and souls connect in a celebration of diversity. Enjoy an enchanting evening filled with exceptional cuisine from Brazil, Paraguay and Argentina, complemented by selected wines and live music that reflect the rich cultural fusion of the tri-border region.

**SUBJECT TO WEATHER CONDITIONS
CHECK THE PRICE ON THE MENU
EVERY SATURDAY, 7PM TO 9PM IN THE HOTEL GARDEN**

**JOIN US FOR A FABULOUS FESTIVE
SEASON OVERLOOKING IGUASSU FALLS**

CHRISTMAS SPECIAL

CHRISTMAS DINNER AT Y

Savor an unforgettable culinary experience curated by award-winning Chef Luiz Filipe Souza at our new Y (pronounced "i") restaurant.

Absorb the unique view of the falls as you relish a meticulously crafted creative Brazilian menu, prepared specially for the occasion with ingredients, techniques and flavors that cannot fail to surprise and delight.

CHRISTMAS TASTING MENU: R\$ 1,200 PER PERSON

DECEMBER 24

5PM TO 10PM

LIMITED AVAILABILITY

PLEASE RESERVE IN ADVANCE

CHRISTMAS EVE AT IPÊ

Celebrate an unforgettable Christmas by the poolside. On this magical night, Ipê Restaurant promises a sublime feast to enchant all your senses. Indulge in traditional festive cuisine, with a harmonious mix of hot and cold dishes accompanied by an exclusive selection of beverages.

EXCLUSIVE CHEF'S BUFFET

R\$ 1,080 + 10% PER PERSON; SPECIAL RATES

FOR CHILDREN AVAILABLE

DECEMBER 24

FROM 7PM

CHRISTMAS BRUNCH

Christmas morning becomes ever more enchanting as Ipê Restaurant transforms into a tropical paradise. Linger over a mouth-watering brunch, delighting in sophisticated, vibrant cuisine. A buffet of hot dishes is paired with an exclusive selection of refreshing drinks.

EXCLUSIVE CHEF'S BUFFET

R\$ 550 + 10% PER PERSON; SPECIAL RATES

FOR CHILDREN AVAILABLE

DECEMBER 25

FROM 1PM

CHRISTMAS SESSIONS AT BAR TAROBÁ

Tap your toes and sway to the festive rhythms of live music at our Christmas Sessions in charming Bar Tarobá.

DECEMBER 24


5.30PM TO 8PM

CAKE TIME

Treat yourself to the indulgence of this festive tradition, savoring the sweet and irresistible flavors of Christmas in a magical environment.

DAILY

5PM TO 6PM



*REVITALIZE
AND RECHARGE
FOR THE
NEW YEAR
AT THE ONLY
BRAZILIAN HOTEL
LOCATED NEXT
TO ONE OF THE
SEVEN NATURAL
WONDERS:
IGUASSU FALLS.*

CELEBRATE IN EXUBERANT STYLE AT OUR CHARMING HACIENDA, ENJOYING MOMENTS FILLED WITH MUSIC, GASTRONOMY AND THE MARVELS OF NATURE.



NEW YEAR'S EVE DINNER AT Y

Finish your year in sensational style with a unique culinary experience at Y Restaurant. Let celebrated Chef Luiz Filipe Souza astound you with his creative Brazilian tasting menu, which promises to tempt and tease the taste buds through an array of sumptuous ingredients and showstopping techniques.

NEW YEAR'S EVE TASTING MENU
R\$ 3,500 + 10% PER PERSON
DECEMBER 31
5PM TO 10PM
LIMITED AVAILABILITY
PLEASE RESERVE IN ADVANCE

NEW YEAR'S EVE AT IPÊ

Bid farewell to the year by the pool, toasting under the starry sky in an unforgettable New Year's celebration. On this festive night, Ipê Restaurant presents a delectable feast that will thrill your palate, with hot and cold options accompanied by an exclusive array of beverages.

EXCLUSIVE CHEF'S BUFFET
R\$ 2,600 + 10% PER PERSON; SPECIAL RATES FOR CHILDREN AVAILABLE
DECEMBER 31
FROM 7.30PM
FOR GUESTS WITH THE NEW YEAR'S EVE PACKAGE, THE COCKTAIL, DINNER, AND CELEBRATION ARE INCLUDED

NEW YEAR'S BRUNCH

Wake up on New Year's Day to a tropical paradise at Ipê Restaurant. Feast on a nutritious and indulgent brunch of hot buffet dishes, harmonized with a choice of refreshing drinks.

EXCLUSIVE CHEF'S BUFFET: R\$ 550 + 10% PER SPECIAL RATES FOR CHILDREN AVAILABLE
JANUARY 1
FROM 1PM

NEW YEAR'S RITUAL AT IGUASSU FALLS

Say goodbye to the old and hello to the new in a rare and unforgettable setting: the lawn in front of majestic Iguassu Falls. Join this interactive community event to participate in a special New Year's ritual, enveloped by the powerful energy of nature and the waters that symbolize renewal. Experience a magical moment, united in reflection, hope and celebration for the new cycle ahead.

DECEMBER 31
FROM 6.00PM

QUICK MASSAGE & REFLEXOLOGY

Start January in balance and harmony with a revitalizing massage and reflexology session. Soak up the tranquility of the outdoor setting as the surrounding nature restores your energy.

A perfect wellbeing experience for the body and mind, ideal for beginning the year with serenity and radiance.

10AM TO 1PM

**CELEBRATE THE MOST FESTIVE TIME
OF THE YEAR AT IGUASSU FALLS!**

DISCOVER MORE

MACUCO SAFARI

Embark on an exhilarating adventure to admire Iguassu Falls up close. Begin with an electric jeep ride through the lush subtropical forest, before alighting to stroll along suspended walkways leading to a powerful motorboat. Climb aboard and enjoy a thrilling ride as the boat navigates the rapids on its way to the majestic cascades. From start to finish the activity is enthralling fun, with everyone coming away completely soaked!

DURATION: APPROX 2.5 HOURS

AVAILABLE: 9.30AM TO 3.30PM

QUIRE ABOUT PRICES

HELICOPTER FLIGHT

Take to the skies to witness the breathtaking beauty of Iguassu Falls from above. Glide over the magnificent National Park and the meandering curves of the Iguassu River until you reach the spectacular waterfalls. Opt for the extended flight to marvel at the convergence of Brazil, Paraguay and Argentina at the iconic Three Borders Landmark, Itaipu Dam, one of the world's largest hydroelectric power plants, and the vibrant city of Foz do Iguacu.

DURATION: 10-MINUTE AND 35-MINUTE FLIGHTS

AVAILABLE: 9.30AM TO 3.30PM

SUBJECT TO WEATHER CONDITIONS

PLEASE ENQUIRE ABOUT PRICES

BIRD PARK

Discover a sanctuary dedicated to environmental preservation. As South America's premier bird breeding center, the park has been designed to blend in harmoniously with its natural surroundings. Stroll along 2km of flat trails that meander through the subtropical forest with spacious aviaries housing a dazzling array of rare and colorful birds, most of which are native to the local ecosystem.

DURATION: APPROX 2.5 HOURS

AVAILABLE: 8.30AM TO 4.30PM

PLEASE ENQUIRE ABOUT PRICE

FOREST BATHING

Reconnect with nature in the serene embrace of the tropical forest. This therapeutic practice, inspired by Japanese tradition, awakens your five senses and fosters a profound connection with the elements around you, enhancing your wellbeing, balance and health. Relish the natural energy of the trees and breathe in the invigorating, oxygen-rich air.

DURATION: APPROX 2.5 HOURS

AVAILABLE: 7AM TO 4PM

SUBJECT TO WEATHER CONDITIONS

PLEASE ENQUIRE ABOUT PRICES

FEEL THE ENERGY

Experience the tangible energy of Iguassu Falls. Explore the science behind the invigorating feelings you get when you engage with nature. Guided by a wellness expert, learn breathing exercises and bioenergetic techniques to deepen your connection with the natural ions generated by the falls and throughout the forest.

DURATION: APPROX 2 HOURS

TIME: 7AM

SUBJECT TO WEATHER CONDITIONS

PLEASE ENQUIRE ABOUT PRICES

ADVANCE RESERVATIONS REQUIRED

BELA VISTA BIOLOGICAL REFUGE

Established to combat the ecological impact of the Itaipu power plant, Bela Vista strives to protect endangered species, such as the jaguar, and preserve the region's flora and fauna. Beginning at the Visitor Reception Center, your tour takes you along the Piracema Canal to the refuge facilities. From here you stride out on a guided walk through the forest, learning about the sanctuary's conservation efforts as you go.

DURATION: APPROX 5 HOURS

AVAILABLE TIMES: 9.30AM, 10.30AM, 2.30PM & 3.30PM

SUBJECT TO WEATHER CONDITIONS

PLEASE ENQUIRE ABOUT PRICES

ADVANCE RESERVATIONS REQUIRED



PROGRAM SCHEDULE

MONDAY, DECEMBER 23

06:30am - 10:30am	Breakfast at Ipê Restaurant
07:30am - 08:30am	Guided Walk: Explore the Falls
08:00am - 09:30am	Guided Trail Ytepopo
10:00am - 09:30pm	Special Program at the Kids Club
11:00am - 11:40am	Chocolate Tasting
03:00pm - 03:40pm	Cachaça Tasting
04:00pm - 06:00pm	Ceramics Workshop
05:00pm - 06:00pm	Cake Time
06:00pm - 07:00pm	Yoga Session
06:00pm - 08:00pm	Tennis Tournament
06:00pm - 07:00pm	Sunset Toast
07:00pm - 10:00pm	Latin Night

TUESDAY, DECEMBER 24

06:30am - 10:30am	Breakfast at Ipê Restaurant
07:00am - 08:00am	Cataratas Runners
07:30am - 08:30am	Bioenergetic Exercise Session
07:30am - 09:00am	Walk: Explore the Falls
10:00am - 09:30pm	Special Program at the Kids Club
10:00am - 01:00pm	Quick Massage & Reflexology in the Garden
03:00pm - 03:40pm	Ice Cream Tasting: Flavors of the Atlantic Forest
05:00pm - 06:00pm	Cake Time
05:00pm - 07:00pm	Tennis Tournament
06:30pm - 07:00pm	Sunset Toast
07:30pm - 10:00pm	Christmas Session at Bar Tarobá
07:00pm - 10:00pm	Christmas Dinner at Y Restaurant (<i>Consult Rates</i>)
07:00pm - 10:00pm	Christmas Dinner at Ipê Restaurant (<i>Consult Rates</i>)

WEDNESDAY, DECEMBER 25

06:30am - 10:30am	Breakfast at Ipê Restaurant
07:30am - 09:00am	Walk: Explore the Falls
07:30am - 08:30am	Yoga Session
08:00am - 12:00pm	Santa Claus Visit
10:00am - 09:30pm	Special Program at the Kids Club
01:00pm - 04:00pm	Christmas Brunch with Live Music (<i>Consult Rates</i>)
03:00pm - 03:40pm	Brazilian Wine Tasting
05:00pm - 06:00pm	Cake Time
06:00pm - 08:00pm	Tennis Tournament
06:30pm - 07:00pm	Sunset Toast
07:00pm - 10:00pm	Live Music at Tarobá
08:30pm - 10:00pm	Experience "The Sky of the Falls"





THURSDAY, DECEMBER 26

06:30am - 10:30am	Breakfast at Ipê Restaurant
07:30am - 09:00am	Walk: Explore the Falls
07:30am - 08:30am	Mindfulness Session
08:00am - 09:30am	Guided Trail Ytepopo
10:00am - 09:30pm	Special Program at the Kids Club
10:00am - 01:00pm	Quick Massage & Reflexology Sessions
11:00am - 11:40am	Ice Cream Tasting: Flavors of the Atlantic Forest
03:00pm - 03:40pm	Brazilian Wine Tasting
05:00pm - 06:00pm	Cake Time
06:00pm - 08:00pm	Tennis Tournament
06:30pm - 07:00pm	Sunset Toast
07:00pm - 10:00pm	Live Music at Bar Tarobá
07:30pm - 10:00pm	BBQ Under the Stars

FRIDAY, DECEMBER 27

06:30am - 10:30am	Breakfast at Ipê Restaurant
06:00am - 06:30am	Guarani Permission and Protection Ritual <i>(Interactive Action with the Community)</i>
07:30am - 09:00am	Guided Walk: Explore the Falls
10:00am - 09:30pm	Special Program at the Kids Club
10:00am - 01:00pm	Quick Massage & Reflexology Sessions
11:00am - 11:30am	Coffee Tasting
03:00pm - 03:40pm	Cachaça Tasting
04:30pm - 05:30pm	Yoga Session
05:00pm - 06:00pm	Cake Time
06:00pm - 08:00pm	Tennis Tournament
06:30pm - 07:00pm	Sunset Toast
07:00pm - 10:00pm	Live Music at Tarobá
07:30pm - 10:00pm	BBQ Under the Stars
08:30pm - 10:00pm	Night Walk with Astrophotography

SATURDAY, DECEMBER 28

06:30am - 10:30am	Breakfast at Ipê Restaurant
07:30am - 09:00am	Walk: Explore the Falls
08:00am - 09:30am	Guided Trail Ytepopo
07:30am - 08:30am	Mindfulness Session
10:00am - 09:30pm	Special Program at the Kids Club
10:00am - 01:00pm	Quick Massage & Reflexology Sessions on the Lawn
11:00am - 11:40am	Chocolate Tasting
03:00pm - 03:40pm	Brazilian Wine Tasting
04:30pm - 05:30pm	Yoga Session
05:00pm - 06:00pm	Cake Time
06:00pm - 08:00pm	Tennis Tournament
06:30pm - 07:00pm	Sunset Toast
07:30pm - 10:00pm	Musical Presentation: A Night at the Border





SUNDAY, DECEMBER 29

06:30am - 10:30am	Breakfast at Ipê Restaurant
07:30am - 09:00am	Walk: Explore the Falls
07:30am - 08:30am	Yoga Session
01:00pm - 04:00pm	Brunch
10:00am - 09:30pm	Special Program at the Kids Club
05:00pm - 06:00pm	Cake Time
06:00pm - 07:30pm	Tennis Workshop
06:30pm - 07:00pm	Sunset Toast
07:00pm - 10:00pm	Live Music at Tarobá
08:30pm - 10:00pm	Night Tour Jacy

MONDAY, DECEMBER 30

06:30am - 10:30am	Breakfast at Ipê Restaurant
08:00am - 09:30am	Guided Trail Ytepopo
10:00am - 09:30pm	Special Program at the Kids Club
03:00pm - 03:40pm	Brazilian Wine Tasting
04:00pm - 06:00pm	Outdoor Ceramics Workshop with Artist Maria Sheung
05:00pm - 06:00pm	Cake Time
06:00pm - 08:00pm	Tennis Workshop
06:30pm - 07:00pm	Sunset Toast
07:00pm - 10:00pm	Live Music at Tarobá
07:00pm - 10:00pm	Latin Night

TUESDAY, DECEMBER 31

06:30am - 10:30am	Breakfast at Ipê Restaurant
06:00am - 07:30am	Guarani Purification and Permission Ritual <i>(Interactive Action with the Community)</i>
08:00am - 09:30am	Guided Trail Ytepopo
10:00am - 09:30pm	Special Program at the Kids Club
10:00am - 01:00pm	Quick Massage & Reflexology on the Lawn
05:00pm - 06:00pm	Cake Time
07:00pm - 08:00pm	New Year's Cocktail in the Garden
08:00pm - 11:00pm	Special New Year's Eve Tasting Menu at Y Restaurant <i>(Consult Rates)</i>
08:00pm - 11:00pm	New Year's Eve Dinner at Ipê Restaurant
11:00pm	New Year's Eve Celebration by the Pool





WEDNESDAY, JANUARY 01

06:30am - 11:00am	Breakfast at Ipê Restaurant
07:30am - 09:00am	Guided Walk: Explore the Falls
10:00am - 01:00pm	Quick Massage & Reflexology on the Lawn
10:00am - 09:30pm	Special Program at the Kids Club
01:00pm - 04:00pm	New Year's Special Brunch (<i>consult prices</i>)
05:00pm - 06:00pm	Cake Time
06:00pm - 08:00pm	Tennis Workshop
06:30pm - 07:00pm	Sunset Toast
07:00pm - 10:00pm	Live Music at Tarobá
08:30pm - 10:00pm	Experience: The Sky of the Falls

THURSDAY, JANUARY 02

06:30am - 10:30am	Breakfast at Ipê Restaurant
07:30am - 09:00am	Guided Walk: Explore the Falls
09:00am - 10:00am	Bioenergetic Exercise Session on the Lawn
10:00am - 09:30pm	Special Program at the Kids Club
10:00am - 01:00pm	Quick Massage & Reflexology on the Lawn
03:00pm - 03:40pm	Cachaça Tasting
05:00pm - 06:00pm	Cake Time
06:30pm - 07:00pm	Sunset Toast
07:00pm - 10:00pm	Live Music at Tarobá

WE RECOMMEND BOOKING IN ADVANCE FOR ALL EXPERIENCES, AS THEY HAVE LIMITED CAPACITY FOR PARTICIPANTS.



HOTEL DAS CATARATAS
A BELMOND HOTEL
IGUASSU FALLS