

WELLNESS BROCHURE



SAVUTE ELEPHANT LODGE

**SAVUTE ELEPHANT LODGE SPA
WELLNESS BROCHURE**

CONTENTS

8	INTRODUCING OUR PARTNERS
10	SIGNATURE INDULGENCES
12	BODY RITUALS
14	CLASSIC MESSAGES
16	FACIAL TREATMENTS
18	FINISHING TOUCHES
20	PRICE LIST

INTRODUCING OUR PARTNERS

INTRODUCING OUR PARTNERS

Just as the modern safari has evolved into a responsible and sustainable activity, so too have our spa treatments.

We work with TheraNaka® to bring you the “beauty of Africa” via powerful botanicals sourced in harmony with nature, indigenous knowledge, and traditional techniques.

Marula, baobab, mongongo and shea oils combine with rooibos, aloe ferox, Kalahari melon, mafura butter and more in exceptional formulations that heal, moisturise, nourish and protect.

TheraNaka® obtain raw ingredients from small suppliers who support organic certification and sustainability, and are Fairtrade and Ubuntu Natural™ approved – guaranteeing fair supply chains, a commitment to biodiversity conservation, social and regulatory equity, green technology and more.

SIGNATURE INDULGENCES

SIGNATURE INDULGENCES

THERANAKA® AFRICAN WOOD MASSAGE

90 MINUTES

Mimicking the rhythmical patterns of an African dance, the TheraNaka® signature massage blends light stretching techniques and specially designed body and facial wooden implements to relax and restore your weary body. Being drizzled with a warm Olive and Shea butter ointment will nourish and heal dry skin whilst experiencing blissful relaxation and rejuvenation.

THERANAKA® AFRICAN AWAKENING MASSAGE

90 MINUTES

Drawing inspiration from the Marula tree and the African traditional healing beliefs, an ultra relaxing indulgent full body massage was created. The skilful combination of contracting and oxygenating enhancing breathing techniques will awaken your senses and revive your body and mind. Enjoy the freedom of choosing your favourite scent from our selection of Marula-herb infused Fusion body oils to address your every need.

BODY RITUALS

BODY RITUALS

THERANAKA® BODY SCRUB

40 MINUTES

A cleansing ritual that symbolises the renewal of the body. Our cleansing body scrubs are made with 100% natural blend of plant botanicals to gently and effectively eliminate dead skin cells, moisturise and leave the skin soft to the touch.

Choose from apricot kernel body cream scrub or Geranium and pine sugar scrub.

THERANAKA® HYDRA-SOOTHE HYALURONIC ACID ENVELOPMENT

60 MINUTES

Ultra hydrated, soft, supple and radiant skin awaits - quench your skin's thirst as it is gently polished with a botanical rich body exfoliating cream followed by the application of the skin plumping vegan friendly Hyaluronic and Lactic Acid Shea Butter preparation before being cocooned in a warm oil application of hydrating Olive and Shea Butter. Indulge in the refreshing aromatic experience of Geranium, Peppermint and Lavender essential oils while your skin is drenched in moisture. Ideal for dry skin in need of intense nourishment.

Add-on: Full body massage (60 min).

CLASSIC MESSAGES

CLASSIC MESSAGES

THERANAKA® BESPOKE AFRICAN FUSION BODY MASSAGE 60 MINUTES

Enjoy the freedom of choosing your favourite scent from our selection of Marula-herb infused fusion body oils to enhance physical and mental relaxation.

TheraNaka® AFRICAN PEACE - Relaxing
TheraNaka® AFRICAN STORM - Detoxifying
TheraNaka® AFRICAN VIGOUR - Invigorating

Add-on: Substitute the Marula-herb body oil with our corresponding Avo and Shea- massage medium. Indulge your senses with this velvety blend of African butters that will leave your skin smooth and deeply nourished.

THERANAKA® AFRICAN VIGOUR MASSAGE 40 MINUTES

A warm aroma blend infused with circulatory-boosting essential oils is coupled with a deep tissue massage relieving deep seated tension all the way to the core of the muscle. A refreshing gel is applied, leaving your body feeling refreshed and invigorated.

FACIAL TREATMENTS

FACIAL TREATMENTS

THERANAKA® ESSENTIAL CARE FACIAL 60 MINUTES

With Mother Nature as your chemist and the powerful gift of touch, the treatment was designed to create a healing experience from the earth and leave you feeling renewed and revitalised with guaranteed results. This idyllic and rejuvenating facial will repair, hydrate and re-balance the skin's natural protective functions whilst leaving the skin feeling smooth, radiant and ultra nourished.

Add-on: TheraNaka® FasciaStretch Facial Cupping Therapy
An alternative facial therapy creating local suction for a more contoured, smoother and glowing skin. Through increased micro-circulation, the delivery of oxygen and nutrients to skin cells is optimised which in turn rejuvenates and brightens the skin. (30 min)

FINISHING TOUCHES

FINISHING TOUCHES

THERANAKA® HAND RITUAL/TREATMENT 30 MINUTES

Ideal for the “always working hands”. Experience the healing touch as your hands and forearms are gently exfoliated with re-mineralising Atlantic sea salts, following by an ultra relaxing massage that addresses every exhausted muscle in your hands and arms with its soothing qualities. The healing properties of an Aloe Ferox gel mask soothes and hydrates the hands whilst the application of a Baobab infused lotion will leave the hands soft to the touch.

THERANAKA® FOOT RITUAL/TREATMENT 45 MINUTES

This “soulful” journey will take your feet through a Geranium and Pine sugar exfoliation whilst soaking in a herbal salt foot bath. Allowing your feet and legs to relax completely, a muscle soothing foot and leg massage with wooden implements will commence followed by a cool, revitalising mask. Nourishing Baobab infused lotion will be applied to prepare your feet for their journey ahead.

PRICE LIST

PRICE LIST

SIGNATURE INDULGENCES

THERANAKA® AFRICAN WOOD MASSAGE

90 MINUTES
2000

THERANAKA® AFRICAN AWAKENING MASSAGE

90 MINUTES
2000

BODY RITUALS

THERANAKA® BODY SCRUB

40 MINUTES
750

THERANAKA® HYDRA-SOOTHE HYALURONIC ACID ENVELOPMENT

60 MINUTES
1000

CLASSIC MESSAGES

THERANAKA® BESPOKE AFRICAN FUSION BODY MASSAGE

60 MINUTES
1400

AVO AND SHEA BODY BUTTER

ADD ON
1600

THERANAKA® AFRICAN VIGOUR MASSAGE

40 MINUTES
850

ALL PRICES ARE QUOTED IN LOCAL CURRENCY (BWP)

PRICE LIST

FACIAL TREATMENTS

THERANAKA® ESSENTIAL CARE FACIAL

60 MINUTES

1300

CUPPING THERAPY

ADD ON

400

FINISHING TOUCHES

THERANAKA® HAND RITUAL/TREATMENT

30 MINUTES

450

THERANAKA® FOOT RITUAL/TREATMENT

45 MINUTES

600

ALL PRICES ARE QUOTED IN LOCAL CURRENCY (BWP)

