

MOUNT NELSON  
A BELMOND HOTEL  
CAPE TOWN

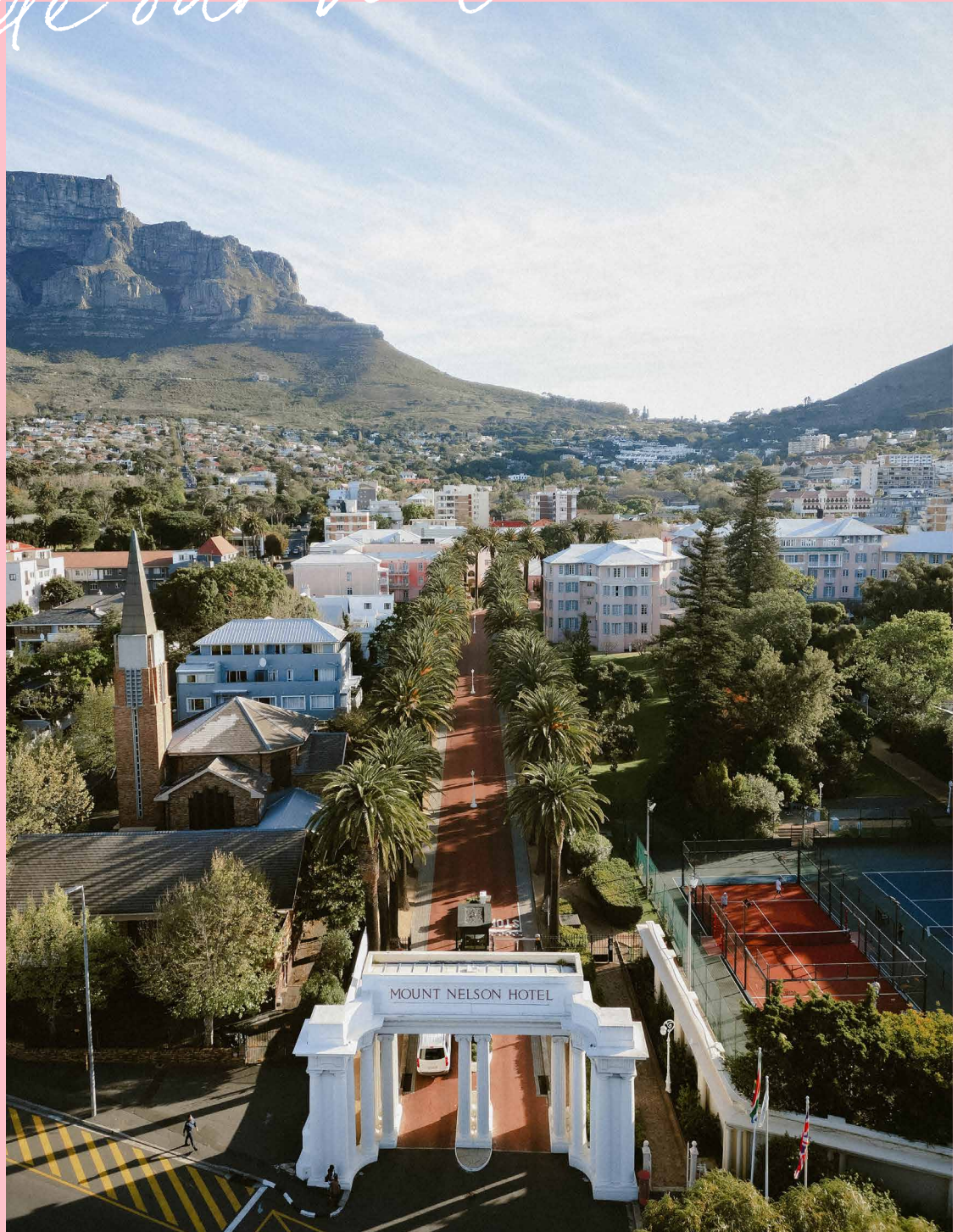


*Extraordinary*

CAPE TOWN  
EXPERIENCES



*Inside our walls*



*Only at The Nellie*

Do your

# CHILDREN LIKE TO PLAY?



Children aged 4 to 12 can enjoy a range of creative and engaging activities including mosaic making, biscuit decorating and sand art. Organized activities, from group games to storytelling, take place throughout the day.

Open all year round on Saturday and Sunday: 10h00 – 17h00  
Open daily during festive season: 10h00 – 18h00

Closed between 13h00 and 14h00

Incomparable Experiences

# IF ONLY TREES COULD TALK



**A** zippy one-hour self-guided walking tour of iconic trees in the tranquil gardens, of the Nellie, which reveal many fascinating threads of Cape Town's history.

Trees such as the eighty Canary Island palms that line the driveway entrance.

And the nearly 200-year-old wild Olive Tree have borne silent witness to the colourful ebb and flow of historic events in the Cape and indeed of this historical 123 year-old property.

Librisa Spa

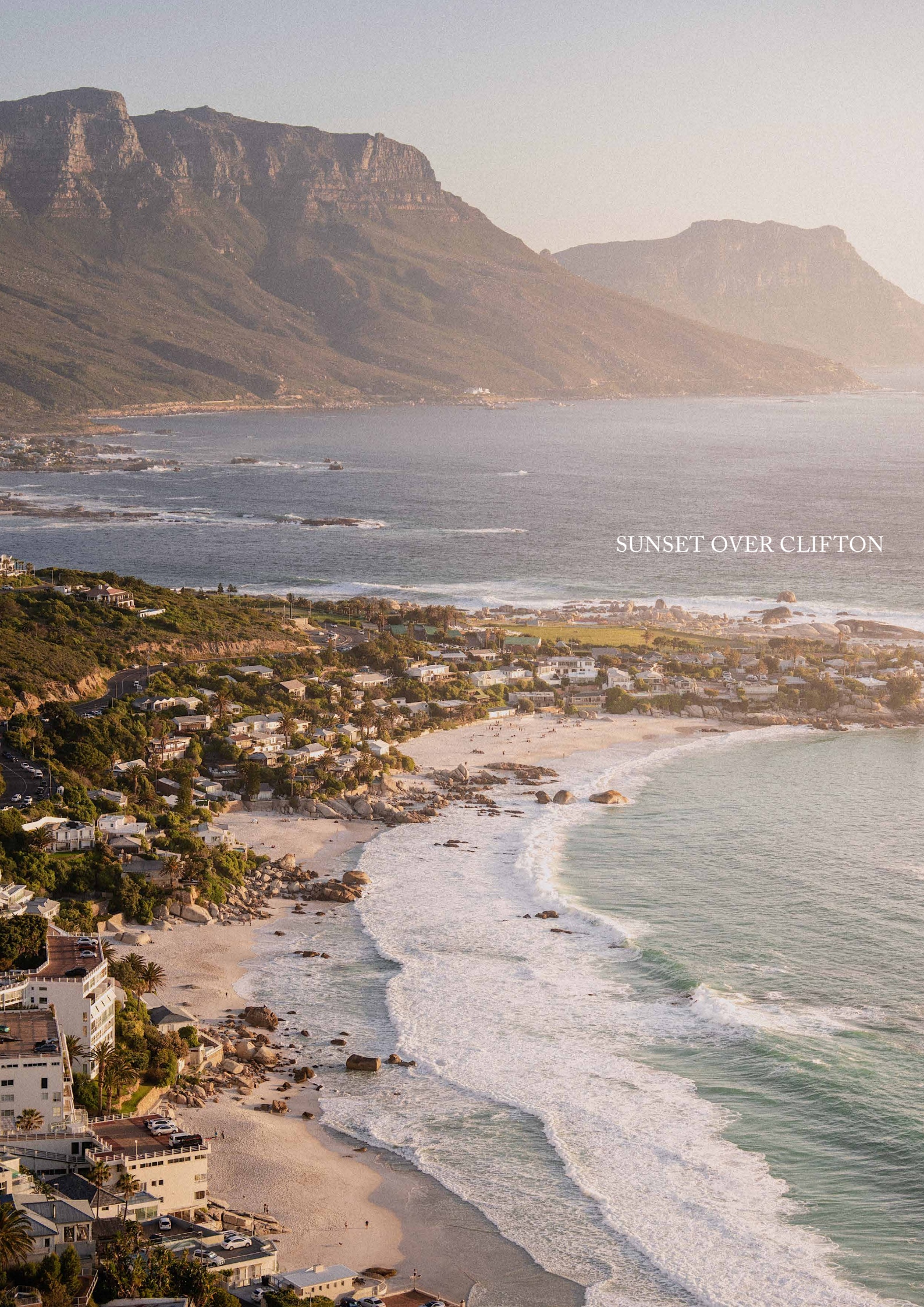
# INDULGE YOURSELF



**T**he Belmond Rose, indulge in this centuries-old massage with a local twist. A tranquil experience, designed to enhance deep relaxation, muscle recovery and increased lymphatic flow from the tips of your toes to the intricate muscles of your face. Herbal poultices are handcrafted using a local blend of herbs coupled with our signature Rose Petal and Geranium massage oil to restore harmonious flow.

Leaving your skin nourished and your soul soothed. End your treatment by enjoying a glass of South African Sparkling Wine.

· From R1450 per person



SUNSET OVER CLIFTON

Only at The Nellie

# TENNIS



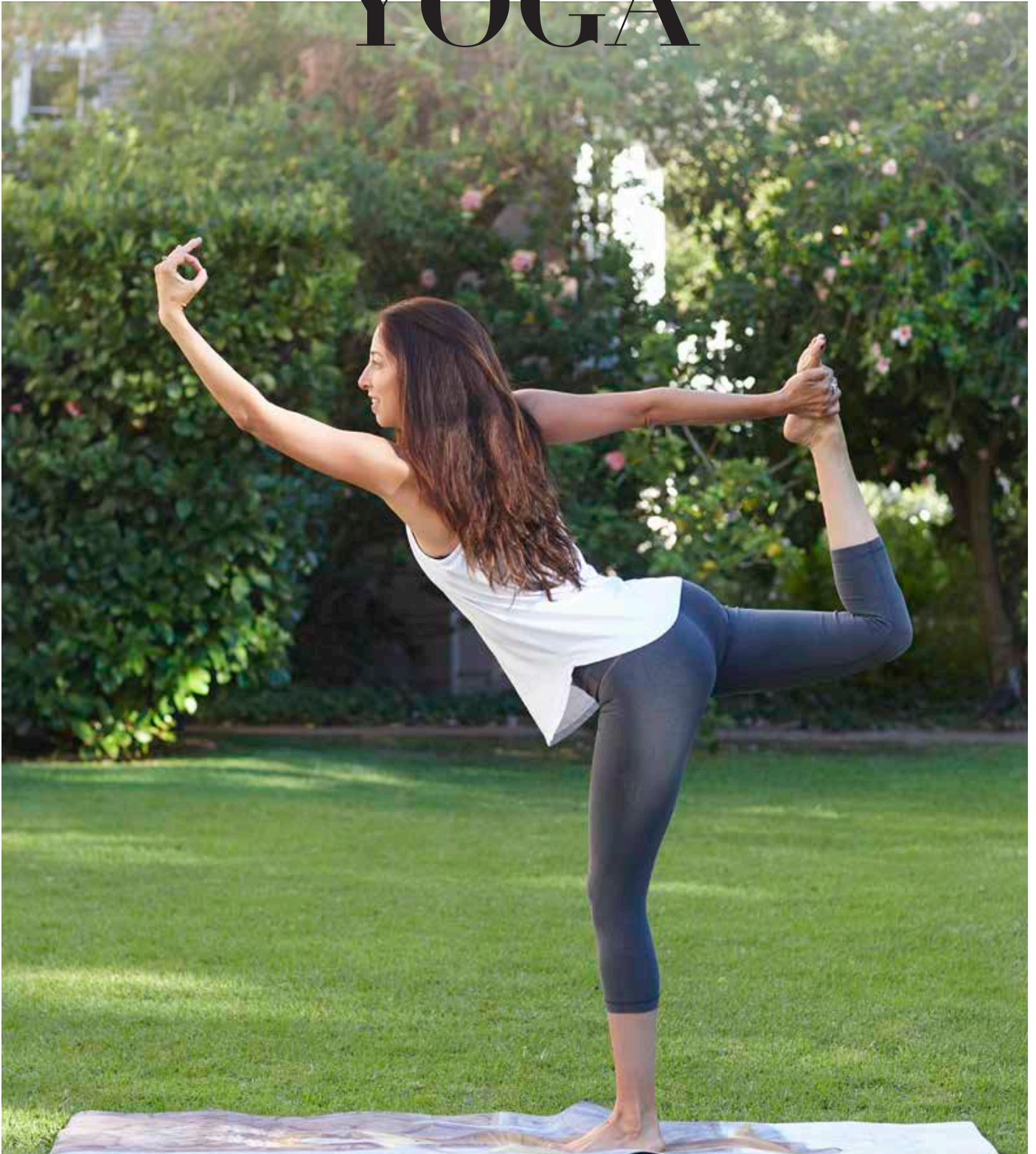
**R**esident tennis coach Barkie McKrea offers lively interactive classes for all levels of tennis, designed to hone your serve, volleys and all aspects of your game. Barkie teaches all ability levels, solo or in groups.

· R750 per hour



Incomparable Experiences

# OUTDOOR YOGA



Stay strong, fit and flexible with yoga. Offered in the tranquil gardens every second morning. Small group classes are available.

· Classes from R1300 per couple per hour session

Incomparable Experiences

# BOOT CAMP



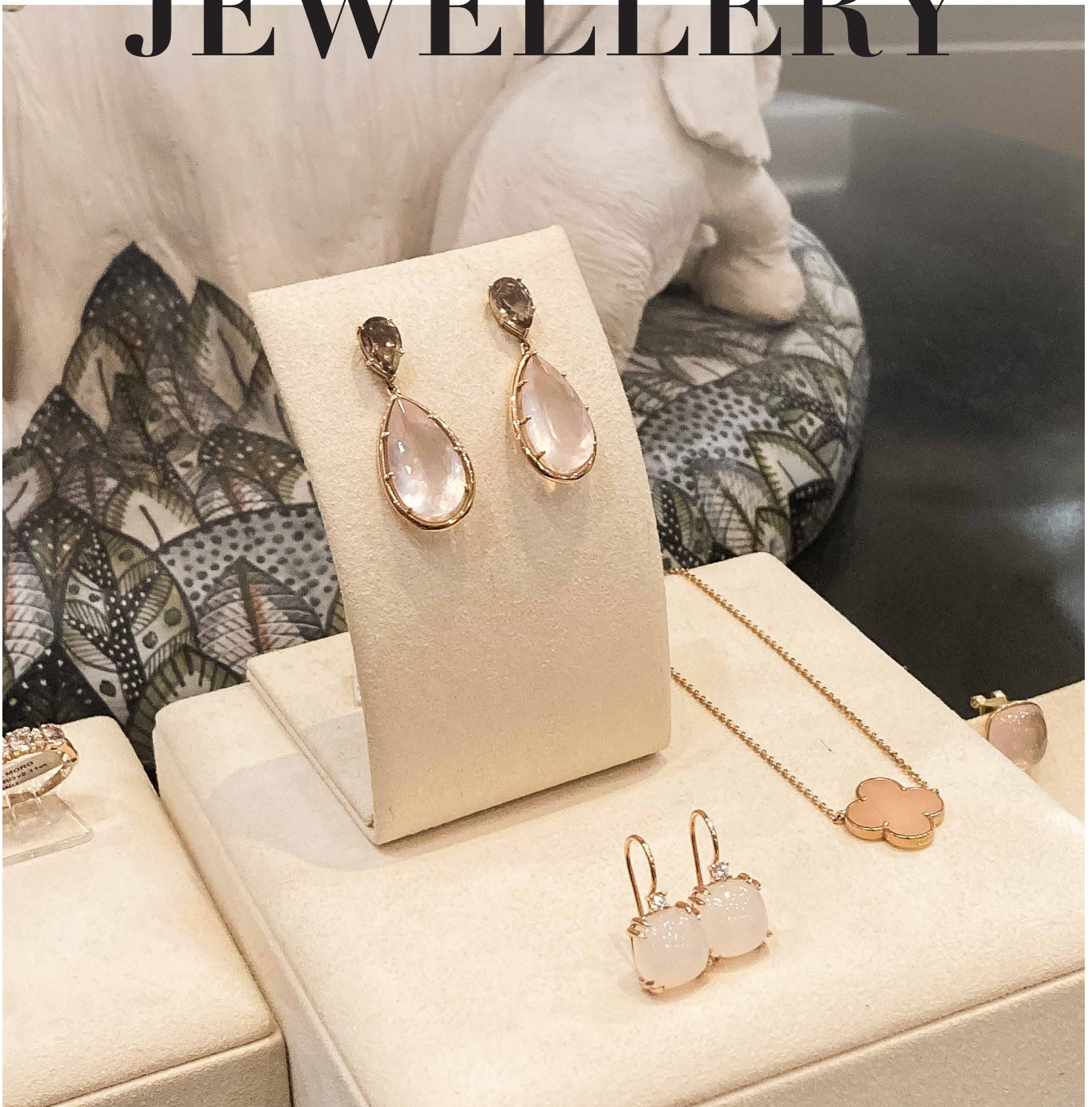
**C**omplimentary boot camp sessions with renowned fitness coach, JP. With sessions focusing on HIIT, cardio boxing and conditioning, it's the ultimate way to increase your fitness.

For 1-on-1 personal coaching sessions, JP creates plans and bespoke sessions focused on your needs.

- Classes on Thursdays and Saturdays at 08h00
- Additional classes from R540 per hour session

Incomparable Experiences

# CHRISTOFF BOUTIQUE & JEWELLERY



**B**eautiful displays featuring carefully sourced gems, skilfully set by our master goldsmiths. Limited edition bronzes of African creatures lend an extra charm to the experience.

Browse our boutique, where we've curated a collection of choice souvenirs from fine ostrich and crocodile leather goods, to whimsical Ardmore ceramics.

# Wining and Dining



*Exploring legendary local gastronomy*

Incomparable Experiences

# AFTERNOON TEA



The tradition of taking Afternoon Tea was invented over 200 years ago by Anna Russell, the 7th Duchess of Bedford. It very soon became a fashionable way to entertain.

The Mount Nelson's Afternoon Tea service continues this tradition with an enviable selection of fine loose-leaf teas from across the globe and a sumptuous array of sweet and savoury delicacies. Finger sandwiches are filled with rare roast beef, finely sliced cucumber, delicate smoked salmon and creamy egg mayonnaise.

Follow with sweet treats such as velvety chocolate cake and lemon meringue.

The hot beverage menu boasts over 70 loose leaf teas and single origin African coffee beans.

- Wednesday to Sunday, 12h00 & 15h00
- R450 per adult
- R300 per child under the age of 12

Magical Celebrations

# GARDEN PICNICS



Lounging alongside the heated swimming pool soaking up the vistas, or in a sheltered spot in the garden, enjoy gourmet picnics in the shade of The Nellie's timeless trees with fresh breads, biltong, refreshing salads and fruits.

- Wednesday to Sunday
- Collections are between 12h00 and 13h00
- From R450 per person

Incomparable Experiences

# COCKTAILS & BUBBLES



**P**lanet Bar buzzes year round with locals and visitors sipping sundowners or pre-dinner cocktails. Whether you're people-watching from the terrace in summer or celebrating with friends, this is the place to be.

Celebrate the holidays with bubbles and Capetonian inspired bites, and get lost in the festive magic.

· Open daily from 12h00

PENGUINS AT BOULDERS BEACH





Have you booked

# CHIEF'S TABLE?



**E**mbark on a journey of unexpected culinary discovery in the heart of the hotel kitchen. A wonderfully immersive experience where the hotel chefs serve innovative regional specialities, from canapés and breads to mains and desserts.

Listen to the busy sounds of chopping, stirring and sizzling as you savour the vibrant aromas.

Feel the vibrant creative energy as you witness a busy team in full-throttle action.

- Wednesday to Sunday, 18h30 or 19h30
- R1300 per person, wine pairing additional R700 per person

Unique Pop-Up Concept

# 'EDGE' AT OASIS



**W**ith a focus on underutilised ingredients, progressive techniques and recipes passed down over generations.

The menu, conceptualised by Chef Vusi and inspired by his own heritage, is an ever-changing curation of dishes that highlight indigenous ingredients, reimagined in a contemporary, minimalist and respectful way.

Chef Vusi worked in some of the best restaurants in South Africa and Europe. He also ranked amongst the top 7 chefs at the San Pellegrino Young Chef finale in 2018. He's one of the founding members of the African Culinary Library, a resource dedicated to preserving and promoting African food culture and cuisine.

These dishes pay homage to Chef Vusi's past experience and curiosity, as well as the rich history of this great continent.

The menu serves as a platform for indigenous ingredients, sourced from local markets, traditional artisans and small-scale farmers. With a focus on cooking over flames, the menu invokes a strong sense of community and tradition, reminiscent of African storytelling around the fire.

· Wednesday to Sunday  
· 19h00 - 22h00

A Holiday Must

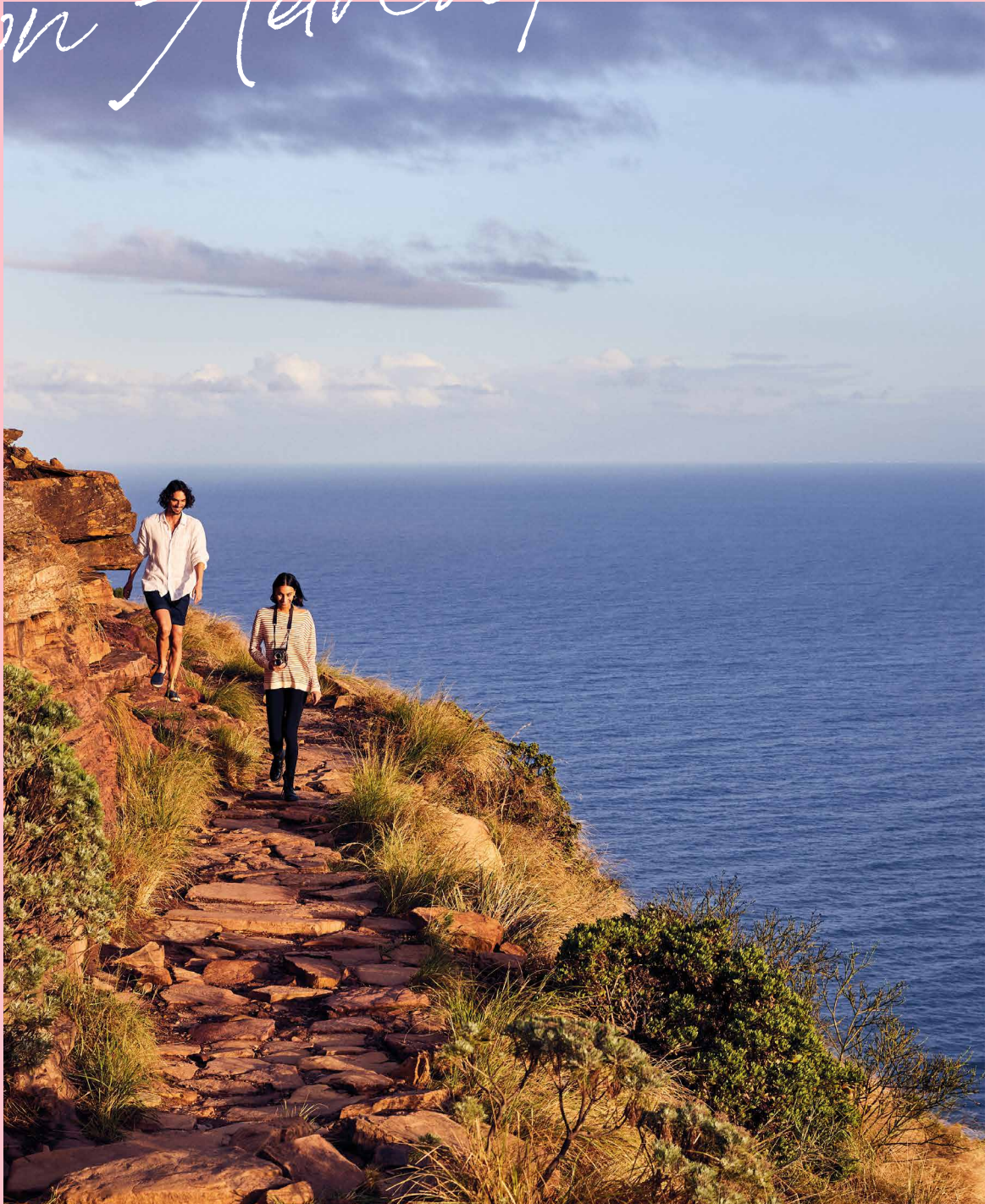
# JAZZ BRUNCH



Fancy celebrating Sunday in style? Segue into the afternoon with the legendary Buddy Wells Trio and an irresistible brunch menu. Add a bit of sparkle and opt for the unlimited bubbly menu. Relax as your little cherubs are entertained at the professionally supervised Children's Club.

- R525.00 per Adult
- R325 per Child under 11 years old
- Bottomless Bubbly will be an additional R225.00

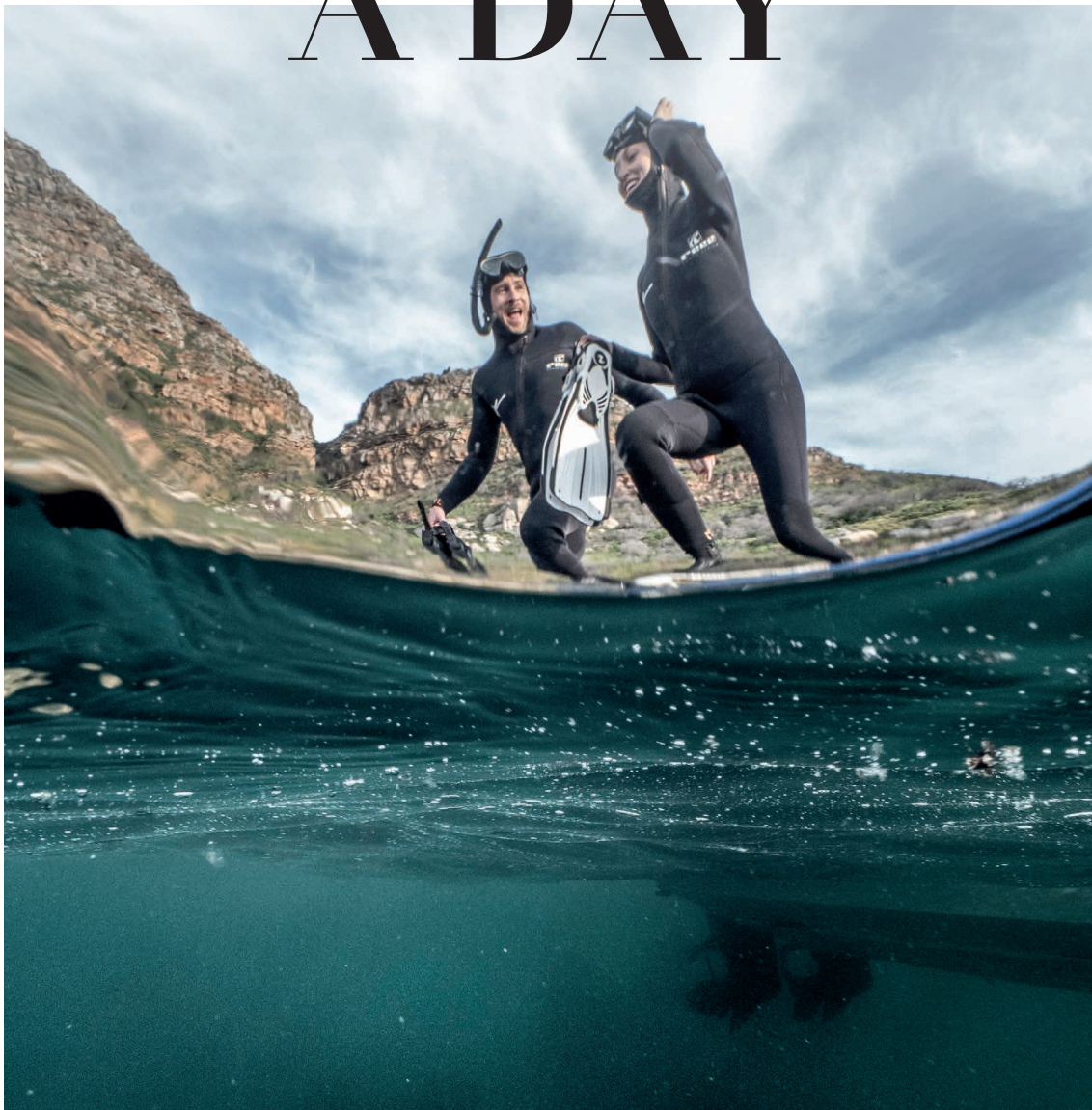
# Captivating Cape Town Adventures



*Adrenaline-fuelled adventures*

Incomparable Experiences

# BE A MARINE BIOLOGIST FOR A DAY



**D**iscover the extraordinary world that lives beyond Cape Town's shores in the company of marine biologist, Justin Blake. Experiences ranging from rockpooling to snorkeling. Only at the Nellie can you experience the Atlantic Ocean like a marine biologist.

You may well discover other creatures calling the ocean home, from seals to penguins and dolphins and maybe even humpback or southern right whales. Using his professional underwater camera, Justin will capture unique photos of the experience to forever remind you of this Experience.

Includes a packed breakfast, vehicle and driver, shark scientist guide Justin Blake, exploration gear (masks and snorkels for the brave), scientific equipment and professional underwater camera, a donation to The RockHopper Fund. Bring your own sun protection, towel, change of clothing, and warm layers.

- From 07h00 to 13h00
- From R15,600.00 per person for a group of up to eight guests
- From R420.00 per additional person
- Available all year round, subject to weather conditions

Some more Fun

# WILD WINE ADVENTURE



**V**eer off-piste on a wine tasting jeep trail. Plunging into the famed Constantia Winelands, the scenic tour visits three historic wine estates using private roads.

Highlights include tasting the “best Sauvignon Blanc in the world”, meeting the region’s winemakers and feasting on tapas with sparkling Méthode Cap Classique refreshments.

This off-beaten track and unique experience will start at 09h00 and last a full day.

- From R3750 per person
- From R5625 per person (traveling alone)

Incomparable Experiences

# SIDECAR ADVENTURE



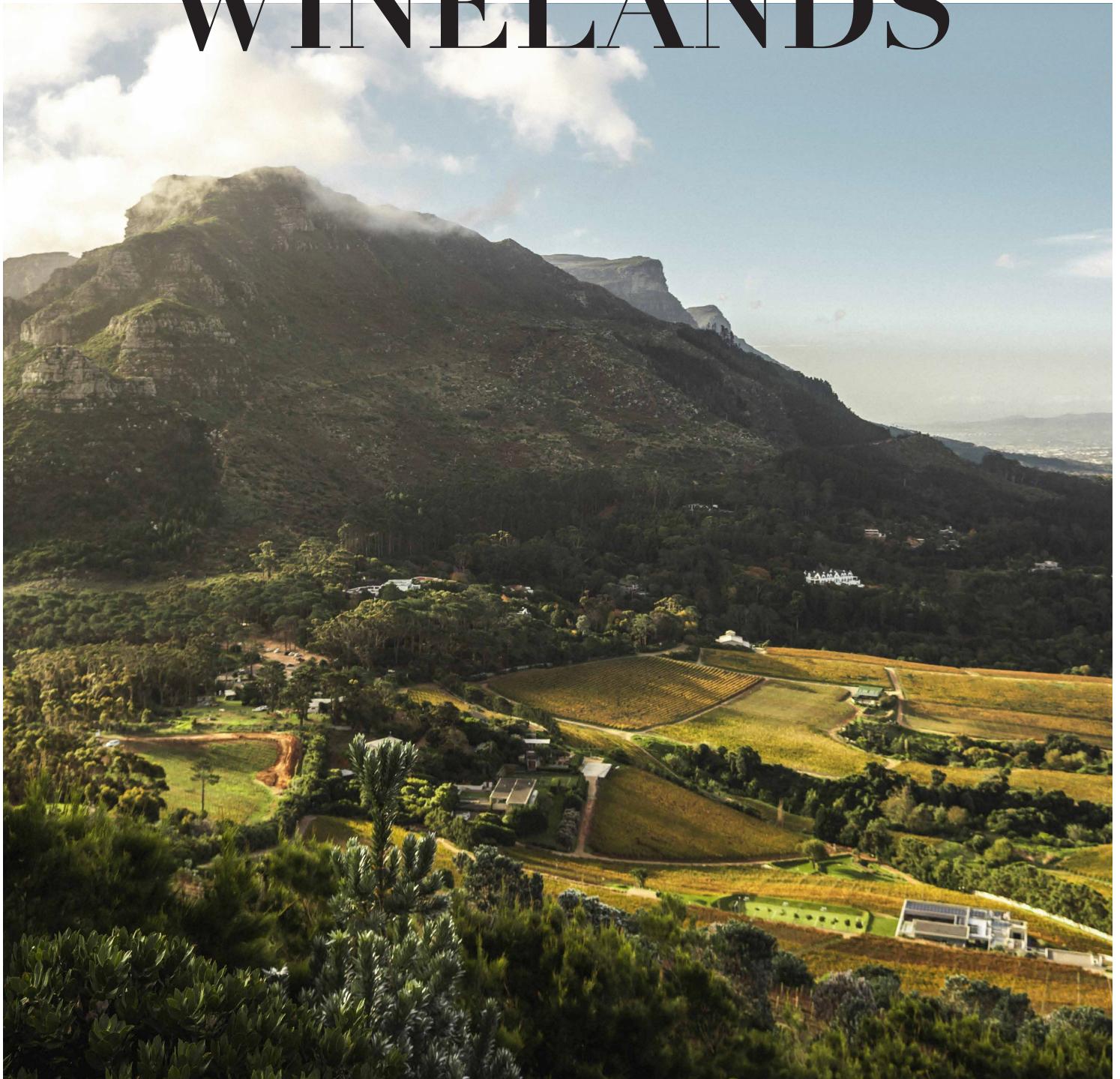
**H**op into a chauffeured Mount Nelson pink vintage sidecar and explore Cape Town in timeless style. Head out along Chapman's Peak Drive and soak up the ocean views. Or go west towards the beautiful beaches of Bloubergstrand. Choose from a range of itineraries, from two-hour city tours to full-day excursions. Alternatively customise your own tour.

We'll provide riding leathers, helmets, goggles and complimentary bandanas.

- 3 hours - R3600 per car
- 4 hours - R4950 per car
- 8 hours - R5250 per car

Incomparable Experiences

# CAPE TOWN WINELANDS



The Cape Winelands are amongst the most scenic in the world. A visual feast of lush green valleys, rugged mountains, fine cuisine and the world-class wine-producing estates make up the Cape Winelands. The many historic wine estates, characterised by classic Cape Dutch-style buildings with distinctive gables and thatched roofs, and extensive vineyards, date back centuries.

Wine estates are bordered by the Hottentots Holland, the Franschhoek mountains and in the North by the Wemmershoekberg. The most popular and well-known are Stellenbosch, Franschhoek and Paarl.

- Full day from R8775
- Half day from R6255





PALM AVENUE

Magical Celebrations

# CLASSIC CAR TOURS



Learning classic cars are available to chauffeur you around the majestic Cape Winelands, opt for a tasting or lunch. Explore Constantia Valley, famed for its white wines, the picturesque Franschhoek Valley or the world-class estates of Stellenbosch and Paarl.

- R3380 per couple per car (4 hours/ half day)
- R5300 per couple per car (8 hours/ full day)
- R2200 per couple per car (airport and rail station transfer)

Magical Celebrations

# FYNBOS SUNSET WALK



**N**ature lovers won't want to miss this tempting two-and-a-half hour tour. Led by an expert guide, set off along the lower slopes of Table Mountain to discover the remarkable diversity of the Fynbos.

Later, sundowners and canapés high up on the mountainside are the perfect finale.

· From R2500 per couple per hour, plus R1250 per extra person

Incomparable Experiences

# FIRST LIGHT WALK



**T**he majesty of first light on a dawn walk is something you can't miss, in partnership with Leica Sport Optics. We'll provide you with a pair of Leica Trinovid 8x42 HD binoculars to encounter the captivating flora and fauna of Table Mountain. Choose to take a private tour with an expert guide and photographer, or join a larger group for an unforgettable team hike.

Alternatively, set off on your own with the help of our map. Delicious breakfast boxes keep you energised.

· From R3500 per couple

Architecture & Art Discovery

# CAPE TOWN WALKING TOUR



**K**ate Crane Briggs is an expert in art and architecture, Tailor your 1 hour walking tour to your interests - whether it's history, visual arts, architecture, cuisine or literature.

Beginning in the hotel's 123-year-old estate, you'll see the city like never before, including special access to studios and collections not usually open to the public.

A typical tour can include, an artist's studio, mosaic workshop, Bo-Kaap, Auwal Mosque and Parliament.

· From R3250 for a group of up to six guests

