

### Astrobotanical Infusions

Custom blended teas, herbs, and adaptogens designed for your sun sign



### Aries

Garden of Eden Oolong

Black tea with notes of fresh blackberry, earthy green & oolong, sublime citrus, sweet floral rose

Benefits: calming, speeds metabolism, antioxidant-rich, glowing complexion



Apr 20 - May 20

### **Taurus**

Venusian Garden Delights

Black tea with notes of ripe tropical fruit, delightful chocolate, juicy fig, bursting wild rose buds

Benefits: calming, antioxidant-rich, glowing skin, anti-inflammatory



May 21 - Jun 21

### Gemini

Queen of Quenching Curiosities

White and green tea with notes of juicy watermelon, floral jasmine, sweet pomegranate, fresh rose

Benefits: hydrating, antioxidant-rich, nourishes skin, cooling



Jun 22 - Jul 22

### Cancer

Queen of Calm and Cool 🗸

White and green tea with notes of warming ginger, creamy vanilla, sweet mango, medium-bodied

Benefits: boosts collagen, cooling, aids digestion, antioxidant-rich



Jul 23 - Aug 22

### Leo

Queen of Courage, Tea of the Sun

Black tea with notes of bright orange, creamy vanilla, slightly smokey, rich

Benefits: boosts cognitive function, rich in Vitamin C, supports heart health, uplifts mood



Aug 23 - Sept 22

### Virgo

Tea of Divine Details

Bold black tea with notes of rich chocolate, ripe berries

Benefits: supports heart health, stress-reducing, antioxidant-rich, increases clarity



Tea for Beauty and Balance

eases PMS, aids digestion

 $Caffeine\ Level$ LowMedium High





Sept 23 - Oct 23

Scorpio

Libra

Saffron Rose Tea for Sensual Alchemy

Black tea with notes of warming cinnamon, sweet vanilla, ripe fig, earthy saffron

White tea with notes of decadent pistachios, creamy

Benefits: boosts collagen, supports immune system,

vanilla, luscious rose, nutty pecans (contains tree nuts)

Benefits: boosts libido, reduces PMS, anti-inflammatory, nourishes skin



# Sagittarius

Tea of Good Fortune and Abundance

Oolong tea with notes of uplifting citrus, warming ginger, sweet pomegranate, creamy caramel

Benefits: boosts mood, calming, reduces stress, relaxes nervous system



Dec 22 - Jan 19

# Capricorn

Winter Goddess Oolong

Oolong tea with notes of sweet maple, fresh apple, earthy oolong, pumpkin

Benefits: boosts cognitive function, speeds metabolism, anti-inflammatory, antioxidant-rich



Jan 20 - Feb 18

## Aquarius

Visionary Queen Tea

Bold black tea with notes of sweet caramel, creamy vanilla, spice & dates

Benefits: enhances mood, boosts energy, increases circulation, supports heart health



Feb 19 - Mar 20

### Pisces

Queen of Intuition Oolong

Oolong and green tea with notes of juicy blueberry, delicate florals, creamy vanilla

Benefits: stress reducing, anti-inflammatory, speeds metabolism, aids focus



# bo*t*anica

Where good vibes blend with botanical delights atop the Santa Barbara hills. We invite you to experience this modern ritual, steeped in discovery and enchantment, that celebrates the power of connection and the Art of Afternooning $^{\text{M}}$ .

Botanica afternoon tea is perfect for your milestone moments and celebrations. Please inquire with our concierge.

# AFTERNOON TEA

Autumn & Winter Menu



### **Astrobotanical Infusions**

Custom blended teas, herbs, and adaptogens designed for your sun sign

### Savory Delights

#### Mélange of Chicken

Garden herbs, walnut, cranberry relish on beetroot levain

#### **Smoked Salmon Mousse**

Lemon-zested crème fraiche and garden dill on charcoal loaf

#### Farm Egg

Espelette pepper on pain de campagne

#### Cucumber Tea Sandwich

With lemon and dill on turmeric loaf

### Seasonal Scones

#### **Buttermilk and Sultana Scones**

Served warm with strawberry basil jam, clotted cream, and butter with local honey

### Divine Desserts

#### Pomegranate Cheesecake

Star anise and ginger pomegranate gelee, speculoos sable

#### Spiced Apple "Eclaire"

Spiced apple compote, caramel diplomat cream

#### **Pecan Jasmine Tart**

Pecan praline Dulcey, jasmine tea whipped ganache

#### Orange & Chocolate Mousse

Beetroot-infused chocolate cake, orange marmalade, chocolate mousse

#### **Apricot & Thyme Macaron**

*Apricot & thyme jam, white chocolate decor* 

—·( \$95 )·—

Please inform your server of dietary restrictions or food aversions you may have.

El Encanto supports local farmers ranchers, fishermen and takes pride in using local, organic, or sustainably grown vegetables, fruits, and wild seafood.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Food Allergy Information: Certain dishes and beverages may contain one or more of the 14 allergens designated by US/EU Regulation No. 1169/2011. The designated allergens and products are (1) cereals containing gluten (2) crustaceans (3) eggs (4) fish (5) peanuts (6) soybeans (7) milk (8) nuts (9) celery (10) mustard (11) sesame seeds (12) sulphur dioxide and sulphites (13) lupin beans (14) molluscs (15) suitable for vegetarians (V) vegan option available.