



HOTEL DAS CATARATAS

A BELMOND HOTEL
IGUASSU FALLS

FALLS EXPERIENCES

EXPERIENCE BROCHURE

[BELMOND.COM/HOTELDASCATARATAS](https://belmond.com/hoteldascataratas)

Wellness



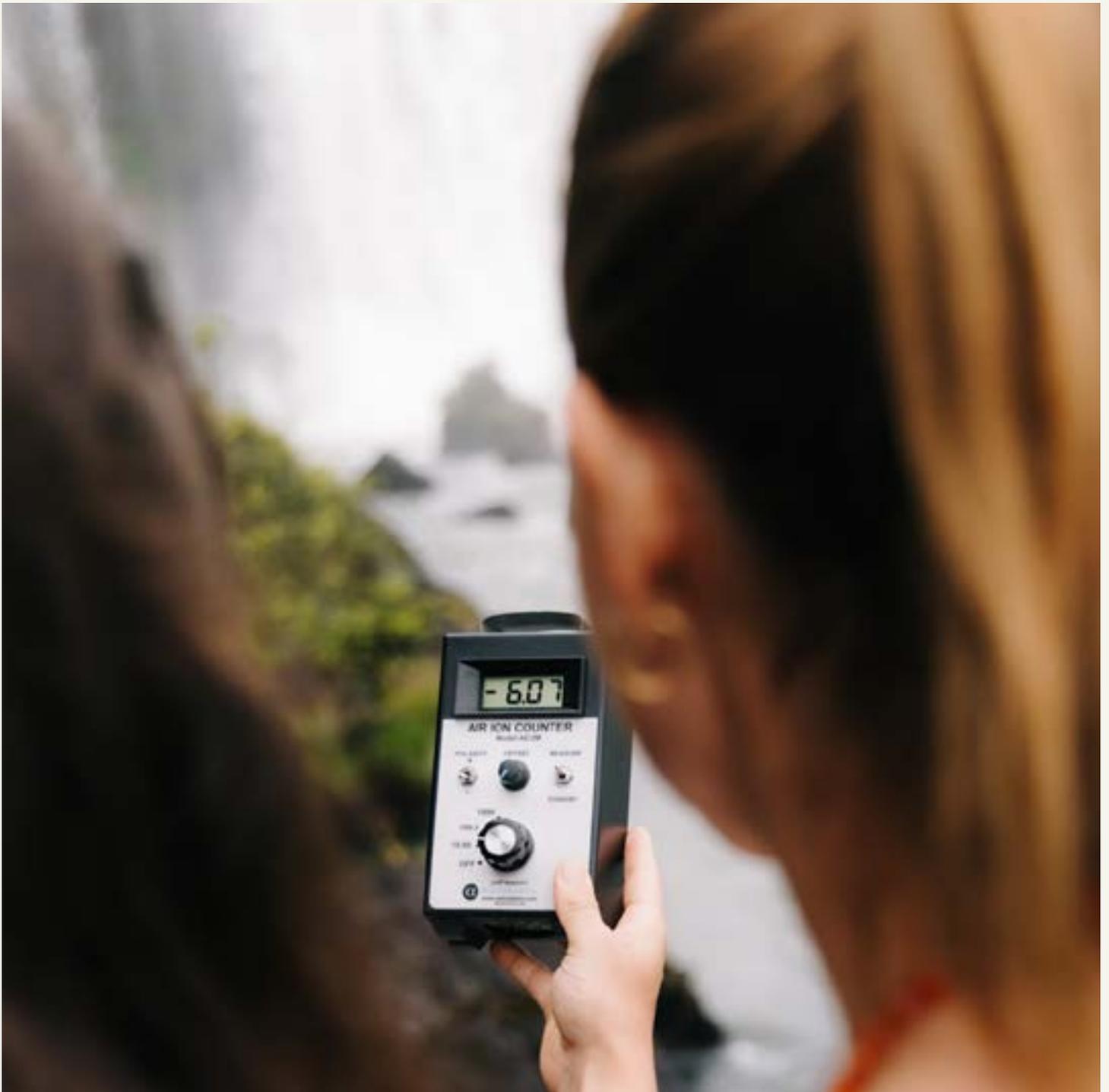
*Relaxing rituals and rejuvenating treatments
designed to restore body and mind.*

A woman with curly hair, wearing a white long-sleeved shirt and black shorts, stands on a grassy bank with large brown rocks, looking towards a massive, multi-tiered waterfall. The waterfall is surrounded by lush green trees and vegetation. The water is white and turbulent as it falls into a large pool below. The sky is overcast with grey clouds.

*At our sanctuary in the heart of the National
Park, enjoy exclusive moments of serenity and
intimacy with the Falls.*



*A place where nature meets you, time slows,
and beauty inspires.*



WELLNESS

FEEL THE ENERGY

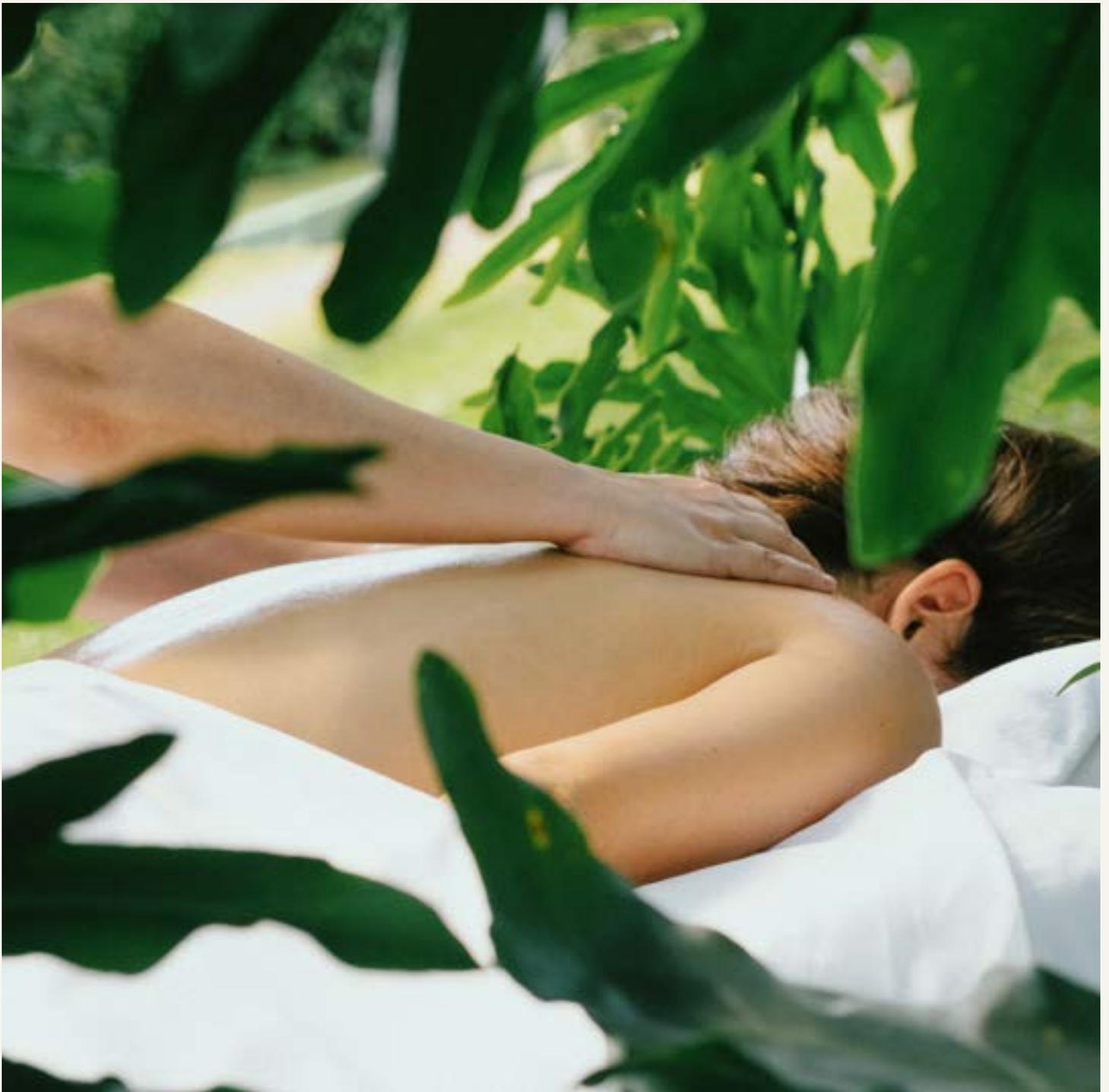
DURATION: APPROX. 1H40
TIME: 07:00 AM

PRICES UPON REQUEST.

Experience the invigorating energy of Iguassu Falls! The waterfalls and surrounding rainforest generate a unique concentration of negative ions, scientifically proven to enhance wellbeing, balance, and vitality.

Led by a wellness expert, this experience combines breathing techniques and bioenergetic exercises, alongside a live ion measurement that reveals nature's impact on your body. Reconnect with the elements and awaken a renewed sense of harmony.

ADVANCE RESERVATION REQUIRED THROUGH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



WELLNESS

CATARATAS SPA

DURATION: VARIES ACCORDING TO SELECTED TREATMENT

TIME: MONDAY TO SATURDAY: 9:00 AM - 9:00 PM

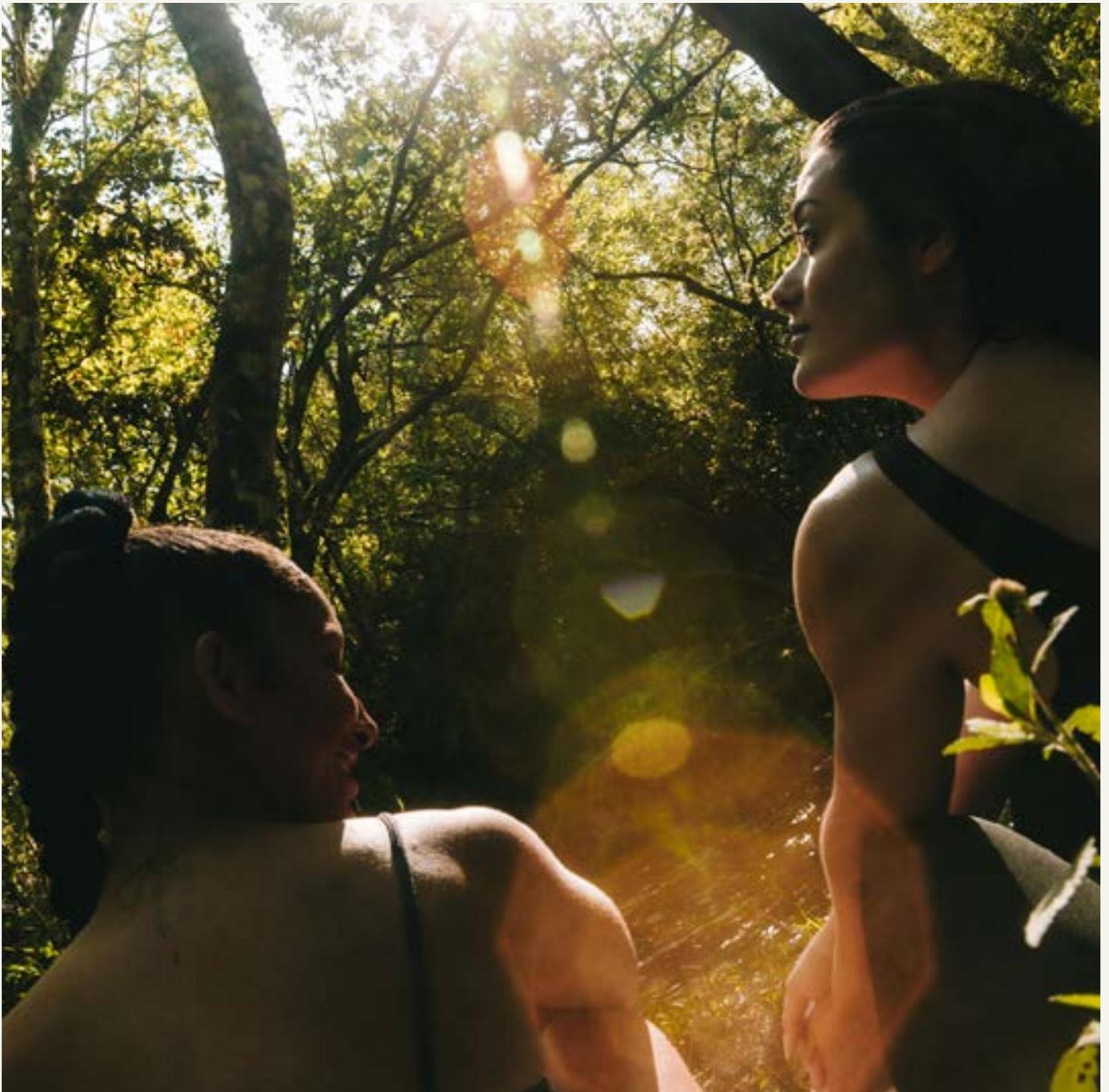
SUNDAY: 9:00 AM - 7:30 PM

[VIEW FULL MENU HERE](#)

Nestled within the majestic Iguassu Falls and the vibrant embrace of the Atlantic Forest, Cataratas Spa invites you on a sensory journey inspired by the ancestral wisdom of indigenous traditions.

Rooted in the belief that nature and humanity are intrinsically linked, each treatment is crafted to restore balance and serenity, fostering a profound connection with the surrounding environment.

**ADVANCE BOOKING IS RECOMMENDED THROUGH YOUR EXPERIENCE CURATOR.
SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.**



WELLNESS

FOREST BATHING

DURATION: APPROX. 2H30

TIME: BETWEEN 07:00 AM AND 4:00 PM

PRICES UPON REQUEST.

Plunge into the vibrant energy of the rainforest with a mindful and immersive journey through the jungle.

Inspired by the Japanese practice of Shinrin-yoku, this experience engages all five senses, promoting deep relaxation and inner balance. Stroll through the lush landscapes, absorb the vitality of the towering trees, and breathe in the oxygen-rich air. Conclude with a tranquil moment at the São João River, where the soothing waters complete your rejuvenation.

FAMILY-FRIENDLY EXPERIENCE. ADVANCE RESERVATION REQUIRED THROUGH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



WELLNESS

CERAMICS WITH MARIA

DURATION: APPROX. 2H30

TIME: FLEXIBLE, ACCORDING TO YOUR PREFERENCE

PRICES UPON REQUEST.

Unleash your creativity in a hands-on ceramics workshop guided by the renowned artist Maria Cheung.

With pieces displayed in prestigious galleries worldwide, Maria's work is celebrated for its fusion of traditional techniques with contemporary artistry. This intimate workshop offers a unique opportunity to explore the transformative power of clay under her expert guidance.

ADVANCE RESERVATION REQUIRED THROUGH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY.



WELLNESS

PEDAL & FRESH AIR

**DURATION: FLEXIBLE, ACCORDING TO
YOUR PREFERENCE**
TIME: 07:00 AM - 7:00 PM (SUMMER)
07:00 AM - 6:00 PM (WINTER)

COMPLIMENTARY ACTIVITY

Discover the serenity of Iguassu National Park on a leisurely bike ride through its breathtaking landscapes.

Pedal at your own pace, soaking up the vibrant sounds of the rainforest and the exhilarating fresh air. The ride culminates in a spellbinding view of the Falls, an awe-inspiring reward for your journey.

**ADVANCE BOOKING IS RECOMMENDED THROUGH YOUR
EXPERIENCE CURATOR.**
SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.

Night at the Falls



A mesmerizing spectacle where moonlit waters shimmer and the forest whispers its secrets.



NIGHT AT THE FALLS

JACY

DURATION: APPROX. 1H40
TIME: BETWEEN 6:00 PM AND 8:00 PM

[CHECK THE 2025 CALENDAR](#)

PRICES UPON REQUEST.

As dusk settles over Iguassu National Park, the jungle transforms into a realm of mystery and wonder.

Guided by the natural symphony of the rainforest, embark on an illuminating journey blending science, Guarani culture, and celestial storytelling. Discover the spiritual significance of the Falls for indigenous communities and witness their breathtaking beauty under the moonlight-an unforgettable encounter with nature at its most magical.

**ADVANCE RESERVATION REQUIRED THROUGH YOUR
EXPERIENCE CURATOR.
SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.**



NIGHT AT THE FALLS

CATARATAS SKY

DURATION: APPROX. 1H30
TIME: IMMEDIATELY AFTER SUNSET

PRICES UPON REQUEST.

A celestial adventure awaits as you gaze upon the dazzling night sky above Iguassu National Park.

With minimal light pollution, the park offers an extraordinary vantage point to explore constellations, planets, and cosmic wonders. Led by expert guides, this stargazing experience connects you with the vast universe, offering moments of awe and inspiration beneath the twinkling canopy of the Milky Way.

ADVANCE RESERVATION REQUIRED THROUGH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



NIGHT AT THE FALLS

FULL MOON

DURATION: APPROX. 1H30
TIME: BETWEEN 7:30 PM AND 10:30 PM

[CHECK THE 2025 LUNAR CALENDAR](#)

CHECK WITH THE CONCIERGE IF THE TOUR IS HAPPENING DURING YOUR STAY

PRICES UPON REQUEST.

Experience the magic of a moonlit walk along the footbridges of the Falls and witness one of nature's rarest spectacles: the lunar rainbow. Created by moonlight refracting through the mist, this ethereal phenomenon appears only under perfect conditions, making it a truly once-in-a-lifetime sight.

This exclusive, seasonal experience is available only to Hotel das Cataratas guests.

FOR SAFETY REASONS, THIS TOUR IS NOT PERMITTED FOR CHILDREN UNDER 12 YEARS OLD OR INDIVIDUALS WITH MOBILITY DIFFICULTIES.

ADVANCE RESERVATION RECOMMENDED.

PLEASE CONTACT YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY.



NIGHT AT THE FALLS

ASTROPHOTOGRAPHY

DURATION: APPROX. 4H

TIME: 7:00 PM

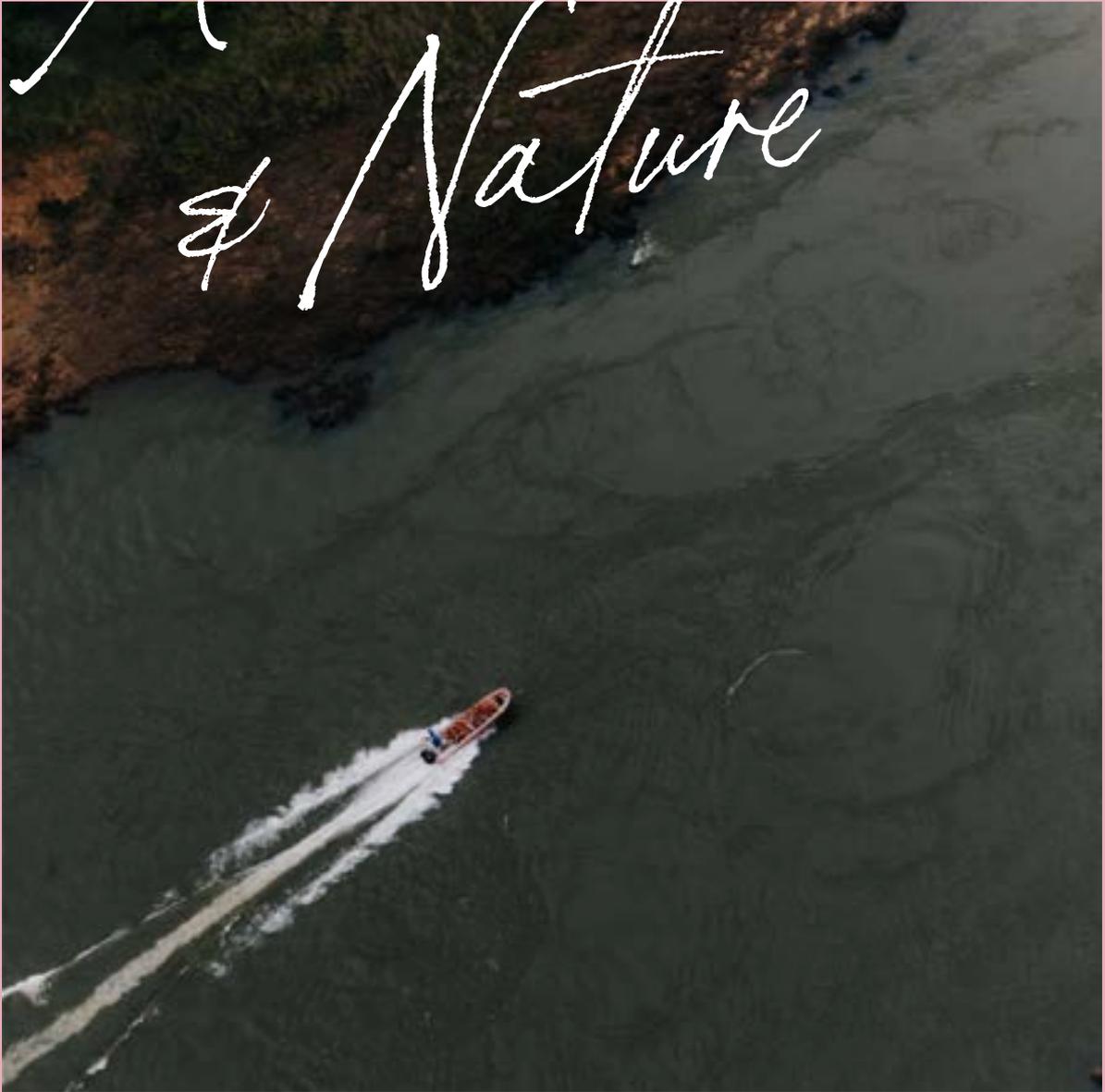
PRICES UPON REQUEST.

Unravel the secrets of the night sky in an enthralling fusion of astronomy, Guarani cultural insights, and photography. Under the vast southern hemisphere sky, explore constellations and their mythologies, gaining deeper appreciation for celestial wonders.

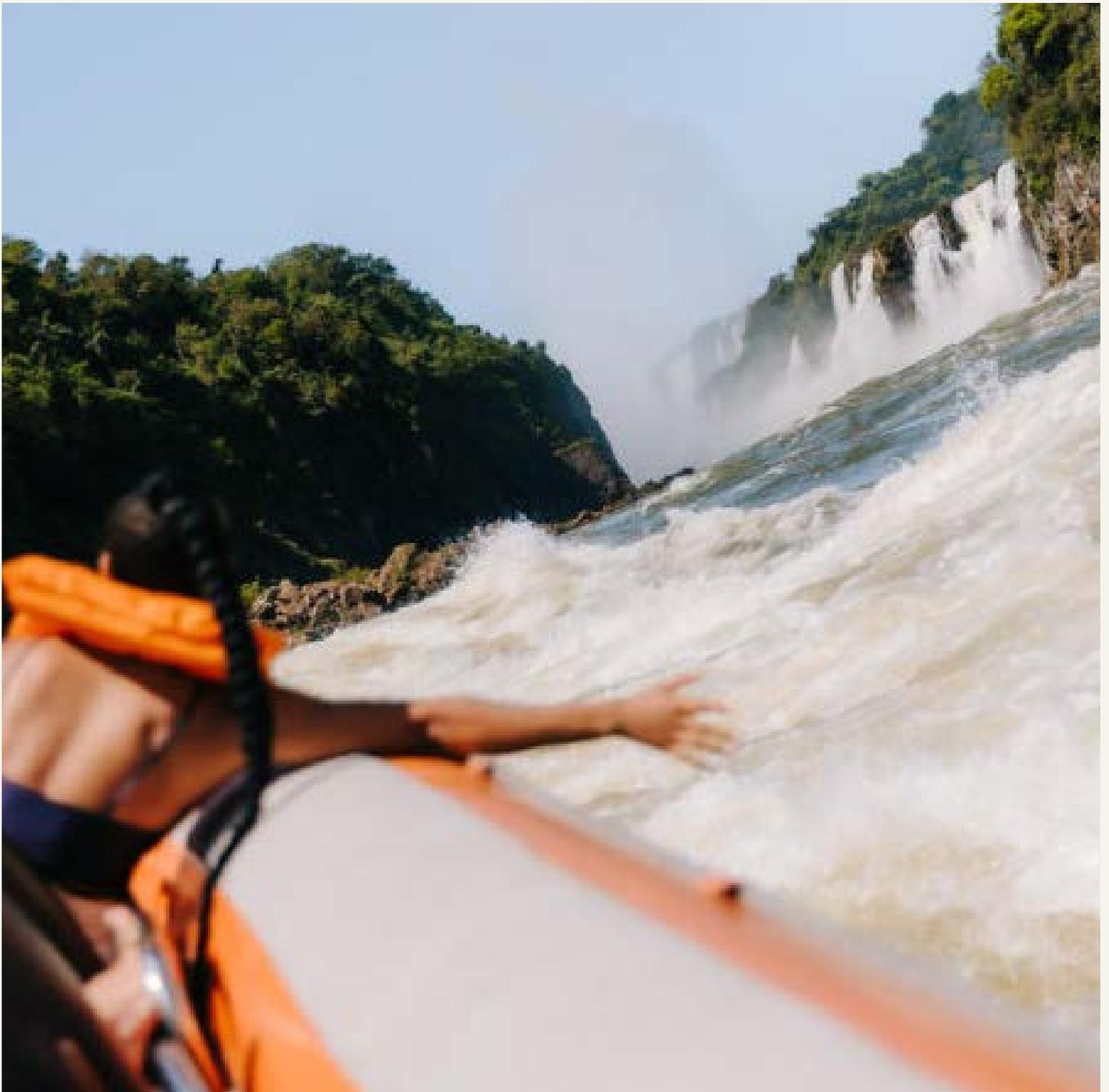
Enhance your skills with an introduction to astrophotography, mastering techniques to capture breathtaking images of the stars. The experience includes three strategic stops along the Cataratas trail—at the viewpoint, Tarobá area, Naipi area, and footbridges – offering dramatic landscapes ideal for night photography.

ADVANCE RESERVATION RECOMMENDED. PLEASE CONTACT YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.

Adventure & Nature



*Exhilarating experiences that bring you
closer to nature's raw beauty.*



ADVENTURE & NATURE

MACUCO SAFARI

DURATION: APPROX. 2H30

TIME: BETWEEN 9:30 AM AND 3:30 PM

PROFESSIONAL PHOTOS AND VIDEOS AVAILABLE FOR PURCHASE ON SITE. LOCKERS AVAILABLE FOR RENT.

PRICES UPON REQUEST.

Unveil the wild and wet wonders of Iguassu National Park on this thrilling journey through land and water. Glide into the subtropical rainforest aboard an electric jeep, before alighting to stroll along the suspended walkways towards the mighty Iguassu River (or stay in the jeep if you prefer not to walk). Then, board a twin-engine boat and brace yourself for an exhilarating ride through the rapids-culminating in an up-close encounter with the Falls that is sure to leave you completely drenched!

RECOMMENDED FOR CHILDREN AGED 4 AND OLDER. PRIVATE TOURS AVAILABLE. PLEASE CONSULT YOUR EXPERIENCE CURATOR FOR DETAILS.



ADVENTURE & NATURE

CANYONING

DURATION: APPROX. 2H30

TIME: BETWEEN 9:30 AM AND 3:30 PM

PRICES UPON REQUEST.

Venture into the heart of the rainforest on an electric jeep, immersing yourself in its untamed beauty. Then, take on the thrill of a 20-meter (65-foot) rappel descent down the breathtaking Salto Macuco waterfall. This unique experience blends adrenaline with the serene majesty of nature.

**ONLY FOR PARTICIPANTS AGED 14 AND OLDER. ADVANCE RESERVATION RECOMMENDED.
SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.**



ADVENTURE & NATURE

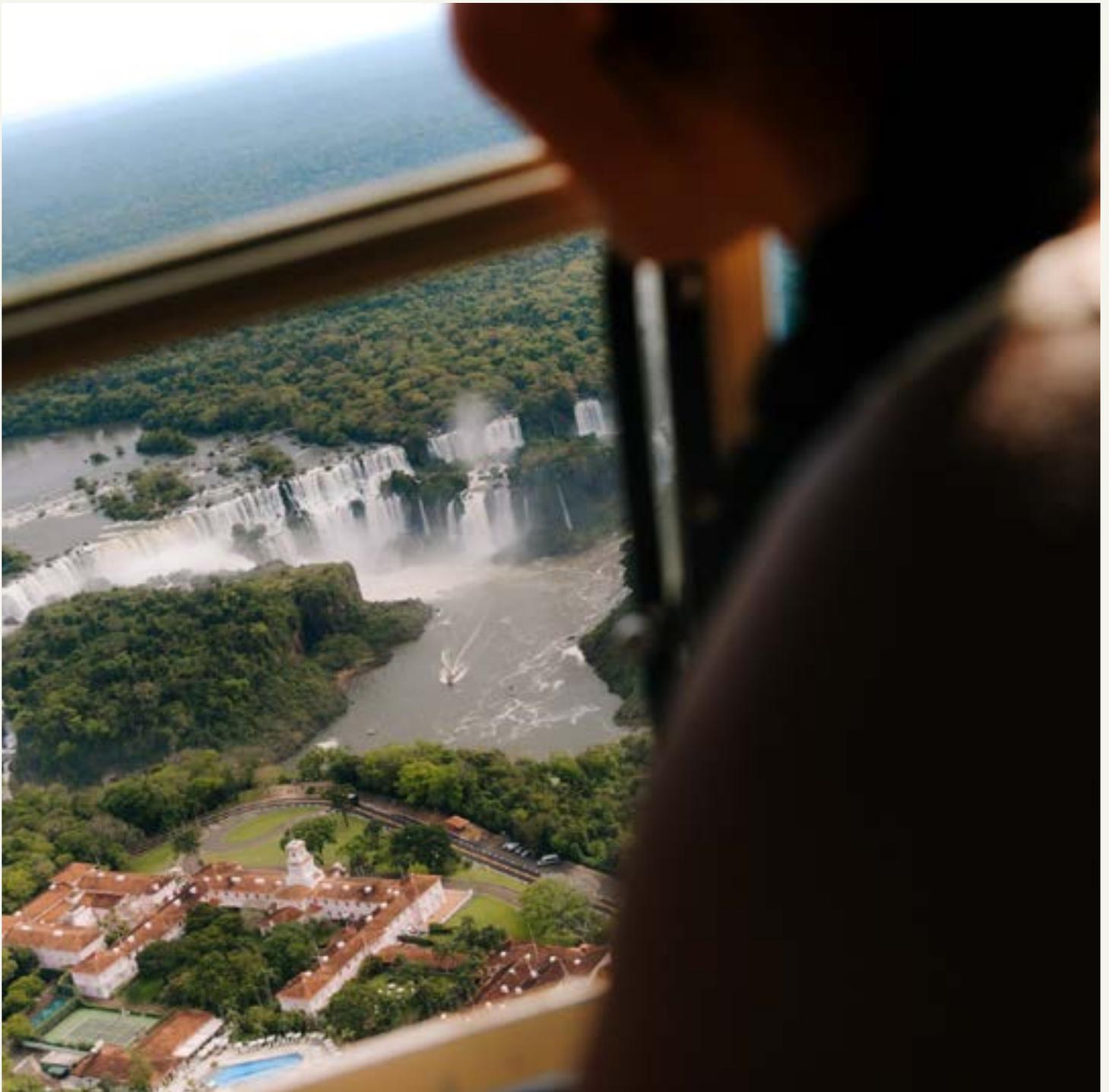
IGUASSU RIVER RAFTING

**DURATION: 40 MIN TO 2H30 (INDEPENDENT EXPERIENCE)
TIME: BETWEEN 9:30 AM AND 3:30 PM**

PRICES UPON REQUEST.

Navigate the exciting rapids of the Iguassu River in a rip-roaring inflatable boat ride. Absorb the awe-inspiring beauty of the surroundings as you experience the intoxicating thrill of whitewater rafting.

ONLY FOR PARTICIPANTS AGED 14 AND OLDER. ADVANCE RESERVATION RECOMMENDED. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



ADVENTURE & NATURE

HELICOPTER FLIGHT

DURATION: 10-MIN OR 35-MIN FLIGHTS
TIME: BETWEEN 9:00 AM AND 4:00 PM

PRICES UPON REQUEST.

Enjoy a bird's-eye view of Iguazu Falls to appreciate their full majesty. This panoramic flight offers unparalleled vistas of the cascading waterfalls, the winding Iguazu River, and the lush expanse of the rainforest.

Opt for the extended flight to soar over the iconic Three Borders Landmark, the colossal Itaipu Dam-one of the world's largest hydroelectric plants-and the vibrant city of Foz do Iguaçu.

SUBJECT TO WEATHER CONDITIONS.
NO ADVANCE TIME RESERVATIONS AVAILABLE.
PLEASE CONSULT YOUR EXPERIENCE CURATOR FOR DETAILS.

Gastronomy & Drinks



A culinary journey through Brazil's rich flavors



GASTRONOMY & DRINKS Y EXPERIENCE

DURATION: APPROX. 3H
TIME: BETWEEN 7:00 PM AND 9:30 PM (15-MIN LEEWAY)

[TASTING MENU EXPERYENCIA](#)

PRICES UPON REQUEST.

Indulge in the artistry of Brazilian cuisine at our contemporary fine-dining restaurant, where the essence of the Iguassu waters flows through every dish. Crafted by award-winning chef Luiz Filipe Souza, the menu showcases authentic ingredients and regional techniques, transforming them into sophisticated culinary masterpieces. Begin your evening with an exclusive cocktail at the bar before embarking on a gastronomic adventure. Savor the minimalist shrimp moqueca with crispy rice or the delicate mollet egg with tucupi and manioc foam—both exquisite tributes to Brazil's diverse culinary heritage. Enhance your experience with a curated wine pairing, featuring premium Brazilian labels and select international vintages.

ADVANCE RESERVATION REQUIRED. SUBJECT TO AVAILABILITY.



GASTRONOMY & DRINKS

EXCLUSIVITY IN THE TOWER

DURATION: APPROX. 1H
TIME: 6 PM TO 7 PM (SUMMER)
AND 5 PM TO 6 PM (WINTER)

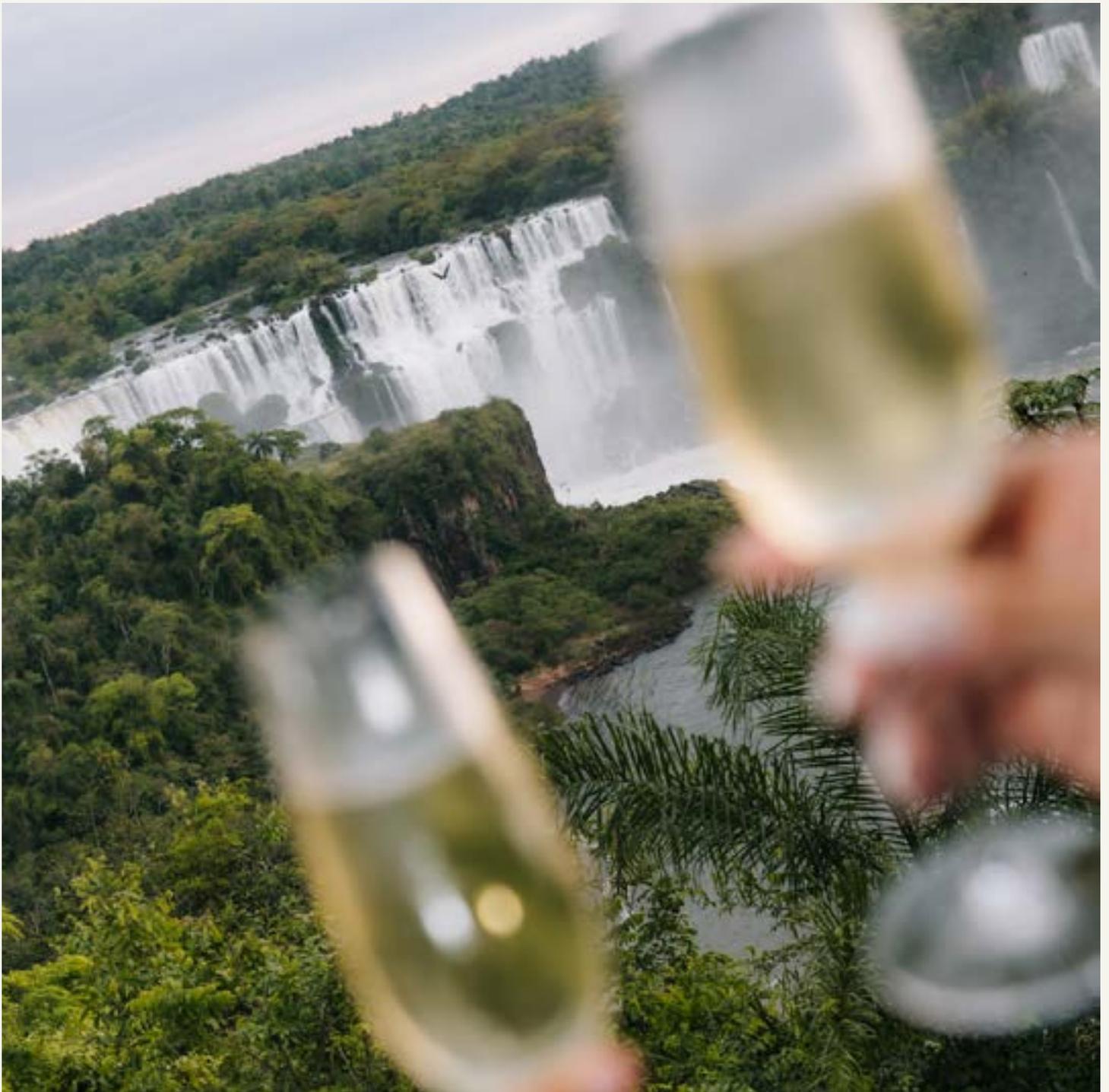
PRICES UPON REQUEST.

Enjoy an unforgettable experience as you take in the most exclusive sunset view of the Iguazu Falls, from the highest point in the National Park.

A breathtaking setting where art and nature come together in perfect harmony. To make this moment even more special, you will be welcomed with a bottle of Moët & Chandon Champagne and a menu confiance of canapés, thoughtfully crafted by Chef Luiz Guilherme.

In addition to the spectacular view, paintings by the artist Incerti enrich the ambiance, creating a refined and immersive atmosphere.

PLEASE INFORM US IN ADVANCE OF ANY GLUTEN-FREE, LACTOSE-FREE, OR VEGAN DIETARY RESTRICTIONS. RESERVATION REQUIRED. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



GASTRONOMY & DRINKS

COCKTAIL ON THE LAWN WITH A VIEW OF THE FALLS

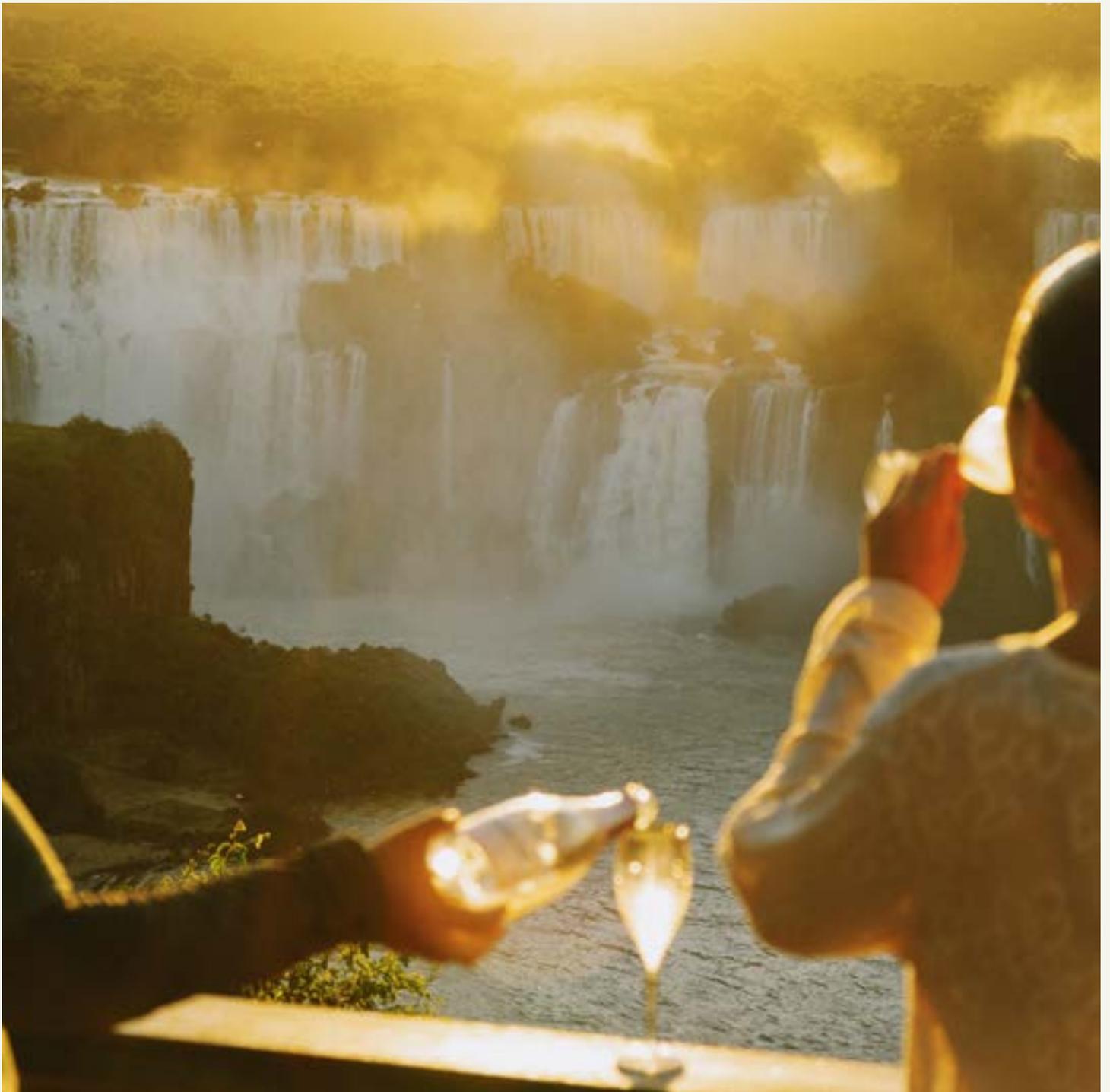
**DURATION: APPROX. 1H
TIME: 6 PM TO 7 PM (SUMMER)
AND 5 PM TO 6 PM (WINTER)**

PRICES UPON REQUEST.

Choose your favorite spot on the lawn and get ready to witness one of the most beautiful sunsets in the world, where the pink hues of the sky reflect over the waters of the Iguazu Falls — one of the Seven Natural Wonders of the World.

Raise a toast to this unique moment with a bottle of Moët & Chandon Champagne or a special sparkling wine, served alongside a refined selection of canapés. All of this takes place in an exclusive setting, where the grandeur of the falls unfolds in all its natural splendor.

PLEASE INFORM US IN ADVANCE OF ANY GLUTEN-FREE, LACTOSE-FREE, OR VEGAN DIETARY RESTRICTIONS. RESERVATION REQUIRED. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



GASTRONOMY & DRINKS

TOAST TO THE SUNSET

DURATION: APPROX. 30MIN

TIME: 06.30PM - 07PM

05.30PM - 6PM

COMPLIMENTARY EXPERIENCE.

Witness one of the Seven Natural Wonders of the World in its most magical light. As the sun sets over the horizon, watch the breathtaking spectacle as the sky turns shades of gold and vermilion, hypnotically reflected in the waters below. With a glass of something sparkling in your hand, enjoy a cinematic experience that connects you to the grandeur of the iconic landscape.

PLEASE BOOK THIS EXPERIENCE IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



GASTRONOMY & DRINKS

FAMILY PICNIC

DURATION: APPROX. 1H

TIME: SUMMER: 5:00 PM - 6:00 PM

WINTER: 4:00 PM - 5:00 PM

PRICES UPON REQUEST.

As the afternoon draws to a close, choose your perfect setting — a privileged lawn overlooking the thundering Falls or a charming refuge nestled among lush gardens blooming with orchids.

Linger over a relaxed spread designed to appeal to all ages and palates. Tuck into fresh fruits, artisan bread, homemade cakes, mini sandwiches, cookies, and our signature carrot cake with “brigadeiro” frosting. Slake your thirst with grape or orange juice and still water.

PLEASE INFORM US IN ADVANCE OF ANY DIETARY RESTRICTIONS (GLUTEN-FREE, LACTOSE-FREE, OR VEGAN). ADVANCE RESERVATION IS REQUIRED AND SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



GASTRONOMY & DRINKS

SUNSET PICNIC

DURATION: APPROX. 1H

TIME: SUMMER: 5:00 PM - 6:00PM

WINTER: 4:00 PM - 5:00 PM

PRICES UPON REQUEST.

Savor an exclusive picnic while admiring one of the world's most stunning sunsets, where golden and rosy tones illuminate the Iguassu Falls, accompanied by the soothing sounds of nature.

Delight in a curated menu featuring smoked salmon with sour cream, a fresh fruit medley, olives, a charcuterie selection with figs, fine cheeses, truffled honey, cake, and a basket of rustic bread. To make the moment even more special, raise a glass of fresh orange juice, sparkling wine, or a bottle of Moët & Chandon Brut Champagne.

PLEASE INFORM US IN ADVANCE OF ANY DIETARY RESTRICTIONS (GLUTEN-FREE, LACTOSE-FREE, OR VEGAN). ADVANCE RESERVATION IS REQUIRED AND SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



GASTRONOMY & DRINKS

A NIGHT AT THE BORDER

DURATION: FLEXIBLE

TIME: FRIDAYS: 7:30 PM - 10:00 PM

**LIVE MUSIC AND DANCE PERFORMANCE INCLUDED
AT NO ADDITIONAL COST.**

Embark on an inspiring journey where borders blur, cultures intertwine, and souls connect in a vibrant celebration of diversity. Enjoy an enchanting evening filled with music and dance from Brazil, Paraguay, and Argentina — reflecting the cultural essence of the triple-border region.

To complete the experience, our à la carte menu offers a memorable selection of traditional dishes from all three countries, inviting you to explore and savor authentic flavors.

**SUBJECT TO WEATHER CONDITIONS. FOR MORE
INFORMATION, PLEASE CONTACT YOUR EXPERIENCE
CURATOR.**



GASTRONOMY & DRINKS

CACHAÇA REVOLUTION

DURATION: APPROX. 1H
TIME: THURSDAYS AT 4:30 PM

EXPERIENCE AVAILABLE FOR GUESTS 18+

COMPLIMENTARY FOR ALL GUESTS.

Few spirits are as intrinsically Brazilian as Cachaça — a beverage of profound cultural, social, and economic significance. Join us on a sensory journey guided by specialist Nacir Zandoná, as you discover the richness of cachaça through three harmonized tastings, each unveiling distinct production styles, aging methods, and origins.

The journey starts in Rio de Janeiro, continues through Paraná, and concludes in Rio Grande do Sul, revealing the diversity and complexity of cachaça through a special selection aged in oak barrels.



GASTRONOMY & DRINKS

AUTHENTIC BRAZILIAN CACHAÇA

DURATION: APPROX. 1H

TIME: BETWEEN 4:00 PM AND 5:00 PM

AVAILABLE FOR GUESTS 18+

PRICES UPON REQUEST.

Take the opportunity to explore the most exclusive cachaças Brazil has to offer.

Brazilian Woods — Challenge your senses and uncover the unique aromas and flavors imparted by native Brazilian woods, from the gentle notes of Jequitibá Rosa to the velvety complexity of Bálsamo.

Treasures of the Engenho — Savor ultra-premium, limited-edition cachaças, representing the pinnacle of Brazil's artisanal distillation.

WE RECOMMEND BOOKING IN ADVANCE WITH YOUR EXPERIENCE CURATOR. PLEASE INFORM US OF ANY DIETARY RESTRICTIONS (GLUTEN-FREE, LACTOSE-FREE, OR VEGAN). SUBJECT TO AVAILABILITY.



GASTRONOMY & DRINKS

COFFEE JOURNEY

DURATION: APPROX. 1H
TIME: WEDNESDAYS AT 2:00 PM
COMPLIMENTARY FOR ALL GUESTS.

Uncover the aromas, flavors, and stories behind one of the world's most beloved beans. Engage in a unique sensory experience exploring different brewing methods, roasting profiles, and the nuances of Brazil's specialty coffee.

Under the guidance of our expert, you will taste coffees from different terroirs, learn how roasting and grinding affect flavor, and discover the sensory notes that make each cup distinctive.

PLEASE BOOK THIS EXPERIENCE IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY.



GASTRONOMY & DRINKS

PARANÁ WINE ROUTE

DURATION: APPROX. 1H
TIME: 4:30 PM

PRICES UPON REQUEST.

Inspired by a passion for wine and the richness of Paraná's terroirs, this exclusive tasting invites true wine lovers to explore authentic local flavors. Discover four carefully selected labels from three of the region's most distinctive wineries, revealing the grape varieties that best thrive in Paraná's unique soils and climate.

Alongside the tasting, you can expect to learn, curiosities, and insights into Brazil's burgeoning wine scene.

PLEASE BOOK THIS EXPERIENCE IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY.



GASTRONOMY & DRINKS

BRAZIL IN WINES

DURATION: APPROX. 1H
TIME: FRIDAYS AT 4:30 PM

COMPLIMENTARY FOR ALL GUESTS.

Brazil has gained international recognition in the world of wine, and this experience showcases four carefully selected wines from iconic regions: Paraná, São Paulo, Santa Catarina, and Rio Grande do Sul.

Each label reveals the uniqueness of its terroir and the passion of its producers — from the softness and freshness of Paraná wines to the warm-climate influence in São Paulo, the delicate balance of Santa Catarina, and the structure and aging potential of Rio Grande do Sul's renowned vineyards.



GASTRONOMY & DRINKS

FLAVORS OF IGUASSU

DURATION: APPROX. 1H
TIME: FLEXIBLE

PRICES UPON REQUEST.

The Atlantic Forest, home to one of the Seven Natural Wonders of the World, is among the most biodiverse ecosystems on the planet. Its abundance of flavors, colors, and nutrients is intimately tied to its native fruits, many of which are rare and endangered.

With a commitment to preservation, Hotel das Cataratas, in partnership with Oficina do Sorvete, invites you to savor the forest's essence through the Flavors of Iguassu.

Indulge in a series of artisanal ice creams made from seasonal fruits sourced directly from the Atlantic Forest, each carefully selected to reflect the richness and diversity of this incredible region. By enjoying these delicacies, you are also contributing to the conservation of endangered species.

PLEASE BOOK THIS EXPERIENCE IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY.



GASTRONOMY & DRINKS

THE GAZEBO

DURATION: APPROX. 3H

TIME: 7:30 PM

PLEASE INQUIRE ABOUT PRICES.

Nestled in a charming and intimate setting within our garden, this exclusive experience was designed to celebrate life. Indulge in a private menu confluence dining journey, where each dish is masterfully crafted to ignite the senses.

PLEASE RESERVE THIS EXPERIENCE IN ADVANCE WITH YOUR EXPERIENCE CURATOR. LET US KNOW ABOUT ANY GLUTEN-FREE, LACTOSE-FREE, OR VEGAN DIETARY REQUIREMENTS. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.

Winter at the Falls



*Embrace these unforgettable experiences
from June to August.*



WINTER AT THE FALLS

WINE & ECO-FRIENDLY FIREPLACE

DURATION: APPROX. 1H

TIME: BETWEEN 4:00 PM AND 6:00 PM

PLEASE INQUIRE ABOUT PRICES.

Embrace the most enchanting season of the year with this heartwarming experience. Select your favorite bottle of wine and relish a cinematic outdoor setting, where nature's beauty meets unparalleled comfort.

In our garden, an eco-friendly fireplace creates a cozy ambiance, complemented by a thoughtfully curated selection of artisanal cured meats and handcrafted empanadas. Wrap yourself in one of our plush blankets and savor intimate moments as the day fades into evening.

AVAILABLE FOR GUESTS 18 AND OVER. SUBJECT TO AVAILABILITY. ADVANCE RESERVATION RECOMMENDED. FOR MORE INFORMATION, PLEASE CONTACT YOUR EXPERIENCE CURATOR.



WINTER AT THE FALLS

FONDUE DELIGHT

**DURATION: APPROX. 1H
TIME: 7:00 PM**

PLEASE INQUIRE ABOUT PRICES.

Indulge in an irresistible fondue experience under the stars, surrounded by lush nature. Delight in a rich selection of creamy, aromatic cheeses, followed by a decadent chocolate fondue served with fresh fruits and marshmallows. A sommelier-curated wine pairing completes this unforgettable evening.

ADVANCE RESERVATION RECOMMENDED. PLEASE CONTACT YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



WINTER AT THE FALLS

AFTERNOON TEA

DURATION: APPROX. 1H
TIME: BETWEEN 2:00 PM AND 5:00 PM

PLEASE INQUIRE ABOUT PRICES.

Inspired by the timeless elegance of Hotel das Cataratas, our afternoon tea invites you to transform an ordinary day into an extraordinary experience.

Choose between the sophisticated Dom Pedro I Lounge or the picturesque terrace and savor a tempting selection of sandwiches, freshly baked breads, delicate cakes, and artisanal pastries, all prepared by our talented chef. Your refined spread is accompanied by our delicious premium teas and organic coffees alongside a bottle of sparkling wine per couple.

ADVANCE RESERVATION RECOMMENDED. PLEASE CONTACT YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY.

Sustainability



*A deep connection with nature
through responsible practices.*



SUSTAINABILITY & NATURE

FIRST LIGHT

DURATION: APPROX. 1H40

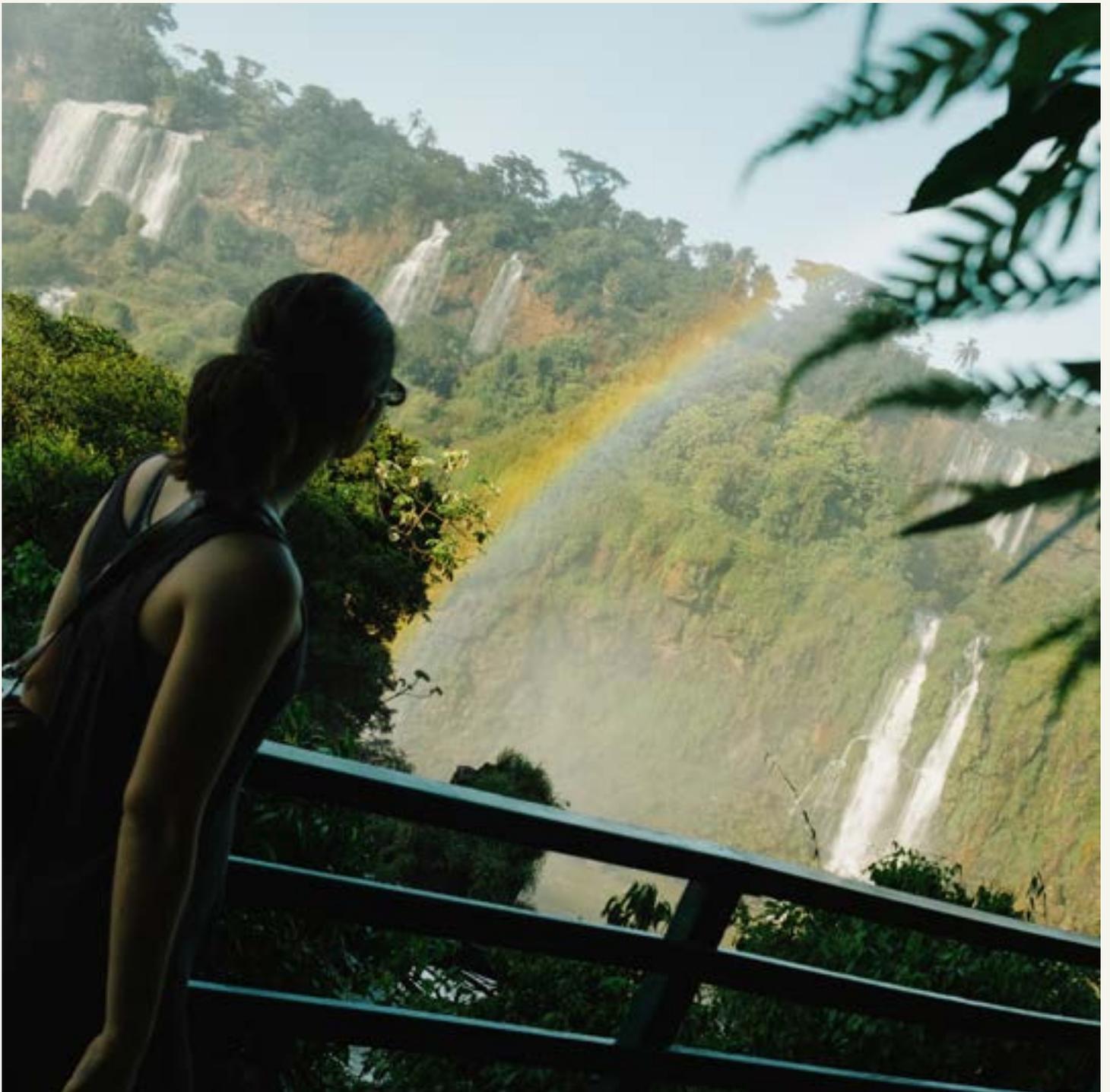
TIME: BETWEEN 5:30 AM AND 7:00 AM

PLEASE INQUIRE ABOUT PRICES.

Step into the serenity of dawn with a 2 km (1.2 mi) walk, timed to greet the first rays of sunlight. Offered in partnership with Belmond and Leica Sport Optics, this exclusive experience takes you on a trail abounding in wildlife. As the forest awakens, listen to the melodic calls of native birds and witness nature come to life in its purest form.

The trail includes some stairs and may be slippery; we recommend wearing sturdy footwear.

PLEASE RESERVE THIS EXPERIENCE IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



SUSTAINABILITY & NATURE

DISCOVER THE FALLS

DURATION: APPROX. 1H40
TIME: 7:30 AM (TUESDAY TO SUNDAY)

COMPLIMENTARY EXPERIENCE.

Discover the breathtaking beauty of Iguassu National Park on a 2 km (1.2 mi) guided walk along the Falls Trail. Led by an expert guide, this journey reveals fascinating insights into the region's rich biodiversity while immersing you in the awe-inspiring scenery of the Falls.

The trail includes some stairs and may be slippery; we recommend wearing sturdy footwear.

PLEASE RESERVE THIS EXPERIENCE IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



SUSTAINABILITY & NATURE

BIRD WATCHING

DURATION: APPROX. 4H

TIME: SUNRISE: 5:30 AM - 7:00 AM

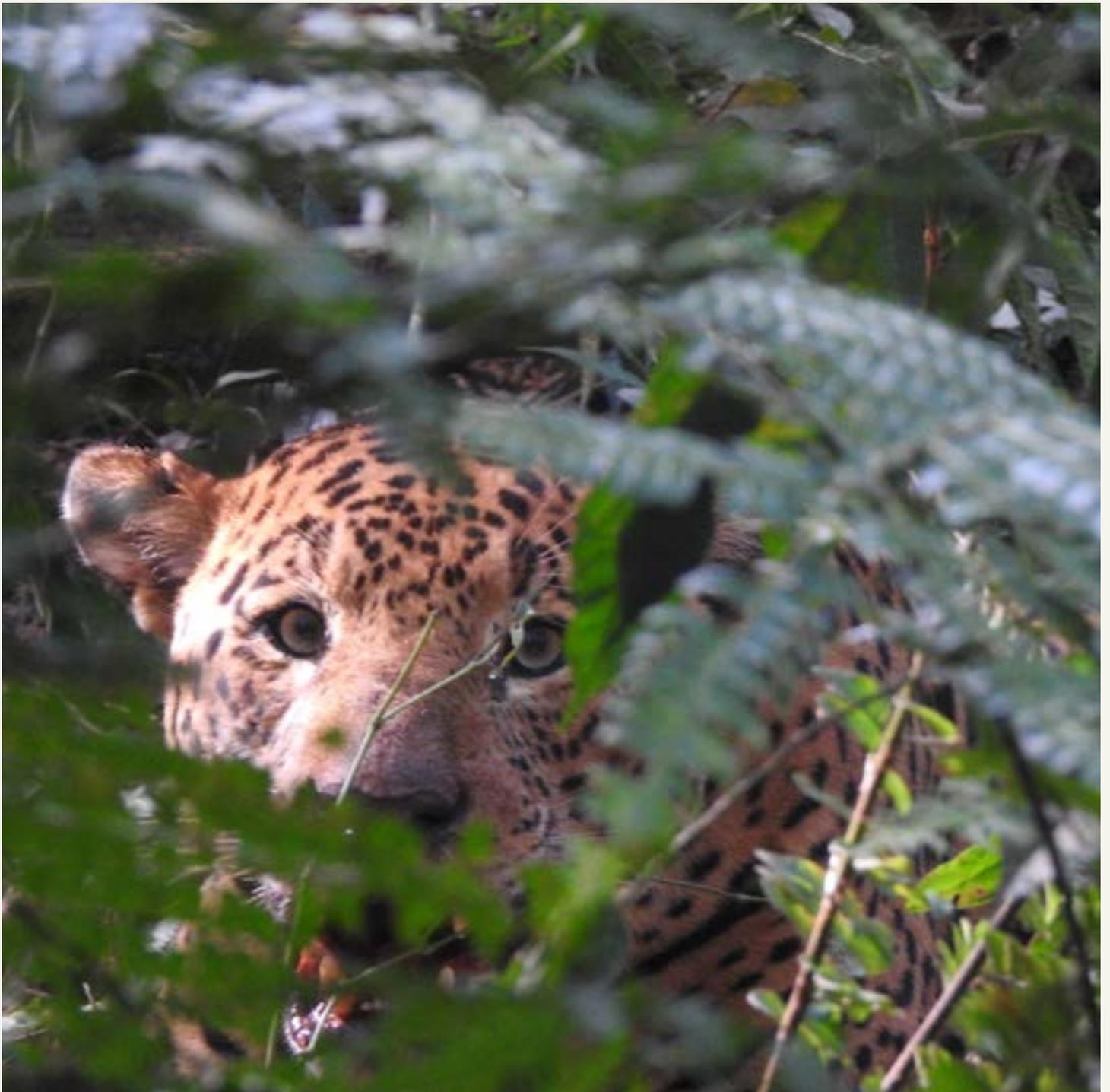
LATE AFTERNOON: 4:00 PM - 6:00 PM

CHECK PRICING.

Embark on a mesmerizing bird-watching expedition through the lush landscapes of Iguassu National Park. Guided by an expert, this experience takes place during the prime hours of avian activity-either at dawn or just before sunset-when the forest is alive with vibrant colors and enchanting bird calls.

Whether you're a seasoned birder or a curious observer, this journey offers a rare opportunity to connect with nature in all its pristine glory.

PLEASE RESERVE THIS EXPERIENCE IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



SUSTAINABILITY & NATURE

COFFEE AT THE JAGUAR'S DEN

DURATION: APPROX. 1H30
TIME: TAILORED TO YOUR WISHES

Step into the heart of conservation at the Jaguar's Den, the headquarters of the Onças do Iguassu NGO, located inside Iguazu National Park. Witness firsthand the remarkable work of a dedicated team committed to jaguar preservation, environmental protection, and community engagement.

Your journey will take you deep into the biodiversity of the Atlantic Forest, offering an authentic immersion into the vital efforts to protect this unique ecosystem. This is more than just a visit—it's an opportunity to be part of something bigger, supporting conservation while enjoying a meaningful and educational experience.

A DONATION IS REQUIRED AND SHOULD BE MADE DIRECTLY TO THE ONÇAS DO IGUAÇU PROJECT. FOR MORE INFORMATION AND AVAILABILITY, PLEASE CONSULT YOUR EXPERIENCE CURATOR.



SUSTAINABILITY & NATURE

BIRD PARK

DURATION: APPROX. 2H30

TIME: BETWEEN 08:30 AM AND 4:30 PM

PLEASE INQUIRE ABOUT PRICES.

Step into a sanctuary where nature thrives, and conservation takes center stage. Parque das Aves, the largest bird conservation center in South America, invites you on an inspiring journey through a lush, subtropical forest.

Follow a 2 km trail that weaves through expansive aviaries, where vibrant and exotic bird species live in a natural and protected environment. Engage with the beauty of these incredible creatures and leave with a renewed appreciation for the importance of wildlife conservation.

PLEASE BOOK IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



SUSTAINABILITY & NATURE

CONECTA EXPERIENCE

DURATION: APPROX. 3H
TIME: 08:30 AM OR 1:30 PM

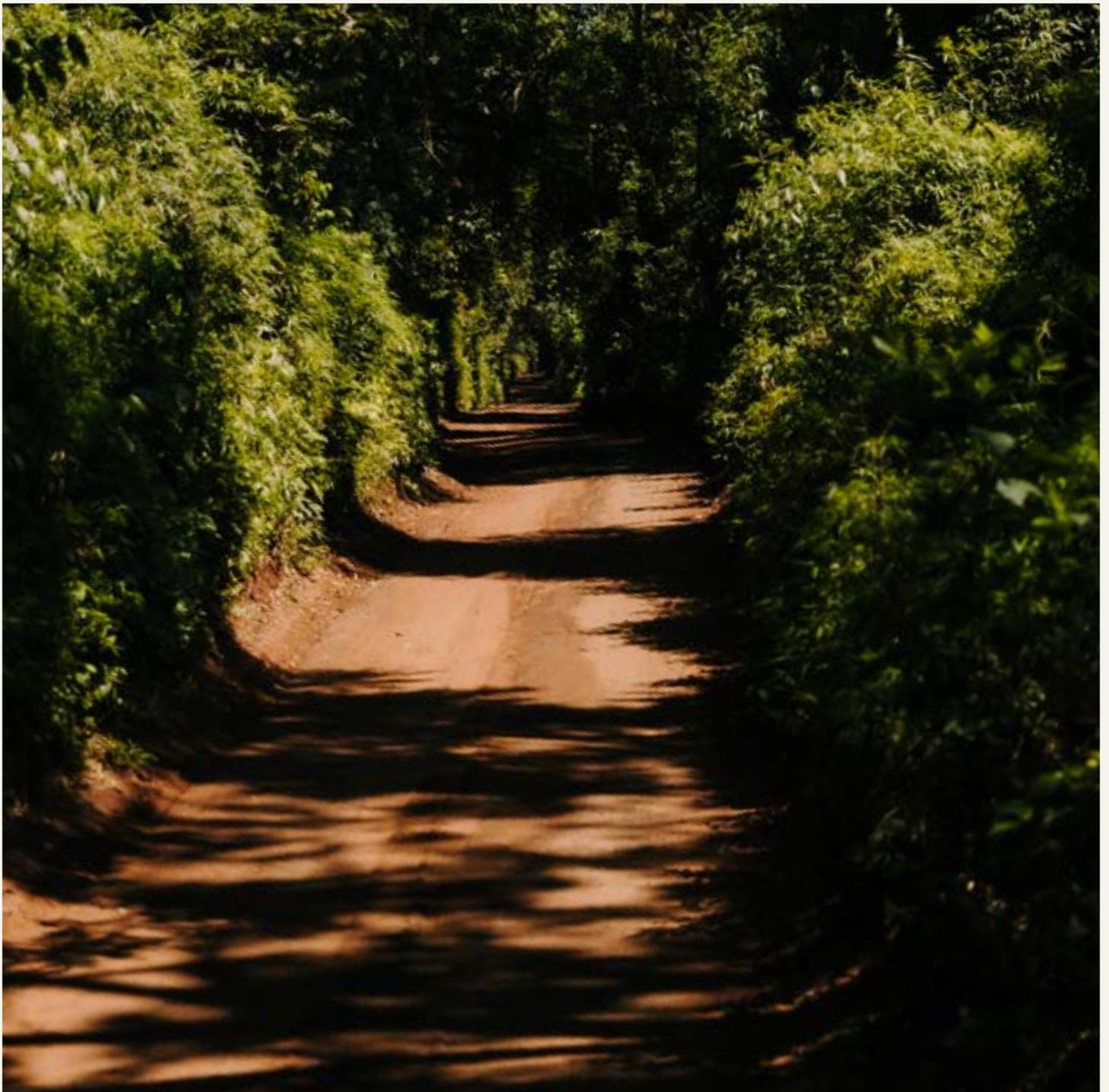
PLEASE INQUIRE ABOUT PRICES.

The Parque das Aves Conecta experience takes you beyond observation - it invites you to connect deeply with the Atlantic Forest and its avian inhabitants.

Hand-feed toucans, learn about the fascinating world of lesser-known regional birds, and witness the breathtaking moment when nearly 300 rescued parakeets take flight. Top off your visit with a tasting of Non-Conventional Edible Plants (PANCs), a flavorful journey into the region's sustainable gastronomy.

This experience is designed to awaken a profound sense of connection between you, the birds, and the forest itself.

PLEASE BOOK IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



SUSTAINABILITY & NATURE

POÇO PRETO TRAIL

DURATION:

HIKING: APPROX. 5H

CYCLING: APPROX. 2H20

TIMES:

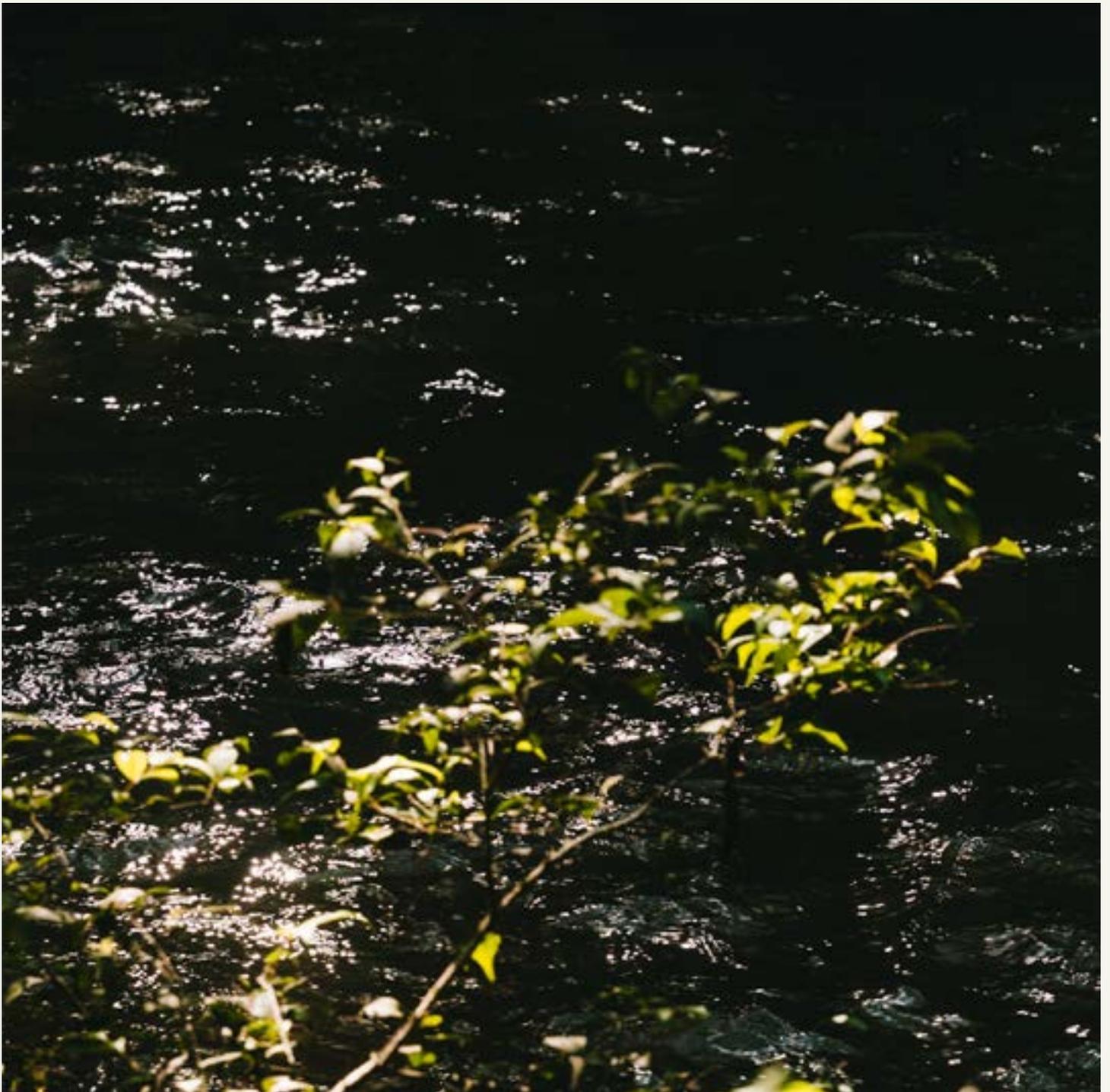
HIKING: 9:00 AM - 12:00 PM

CYCLING: 9:00 AM - 3:00 PM

Venture into the depths of the Atlantic Forest on the Poço Preto Trail, an 18 km route offering breathtaking scenery and unparalleled wildlife encounters.

Whether you choose to explore on foot or by bike, this trail provides a unique opportunity to engage with nature in its purest form. Along the way, discover the symphony of bird calls, towering trees, and the serene beauty of untouched landscapes.

SELF-GUIDED EXPLORATION IS FREE OF CHARGE. FOR A MORE ENRICHING EXPERIENCE, CONSULT YOUR EXPERIENCE CURATOR TO ARRANGE A GUIDED TOUR WITH EXPERTS IN ORNITHOLOGY, ECOLOGY, AND BIODIVERSITY.



SUSTAINABILITY & NATURE

YTEPOPO HIKING TRAIL

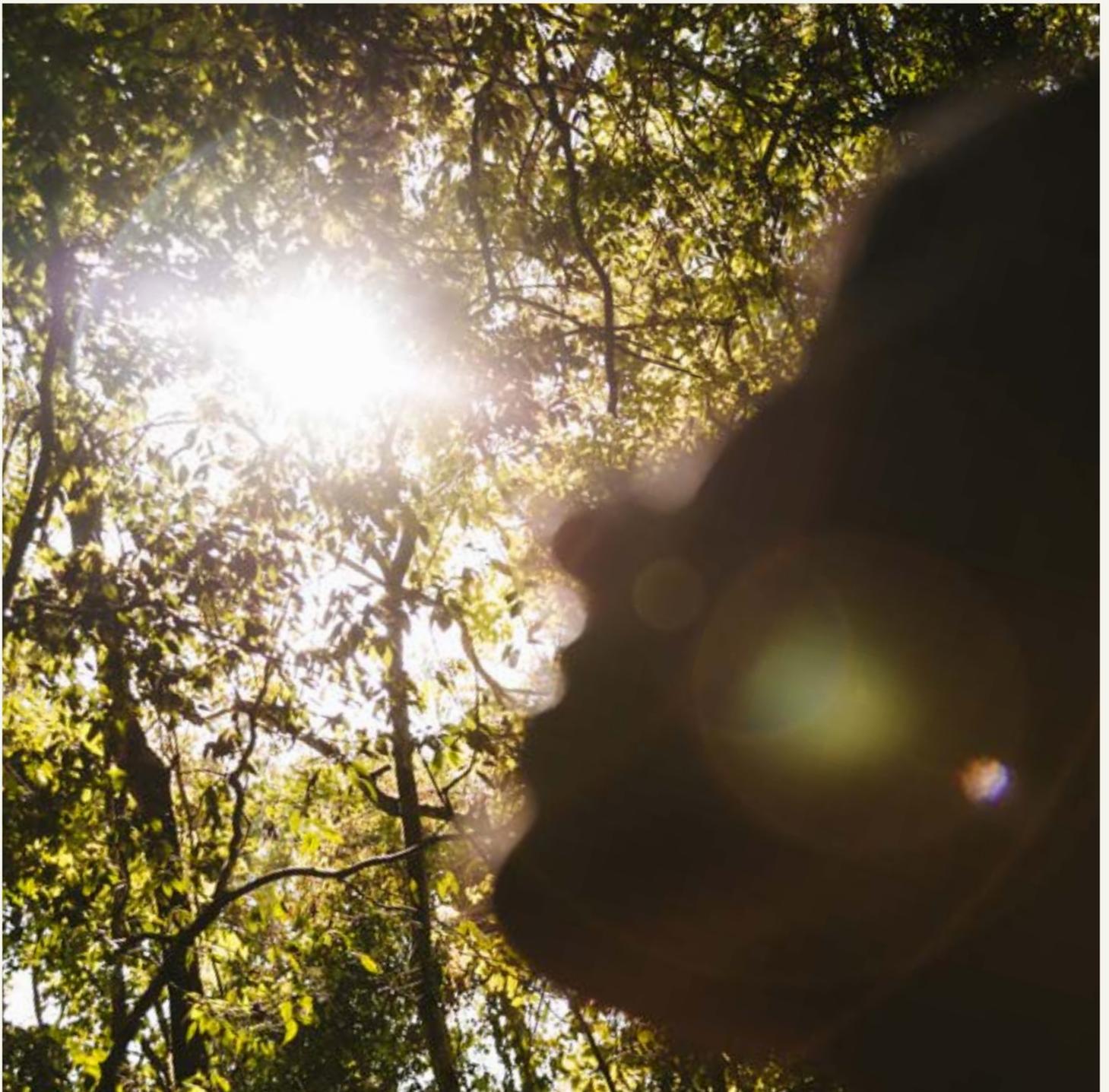
DURATION: APPROX. 1H40

TIME: BETWEEN 09:00 AM AND 2:30 PM

Follow the 5 km Ytepopo Trail, which runs alongside the Iguassu River, revealing breathtaking views of its shimmering waters and the rich biodiversity of the Atlantic Forest.

The trail is open daily, with access from Espaço Porto Canoas or the Caminho das Bananeiras. To fully enjoy this experience, we recommend wearing comfortable, lightweight clothing and closed-toe shoes.

SELF-GUIDED EXPLORATION IS FREE OF CHARGE. FOR A MORE IMMERSIVE EXPERIENCE, CONSULT YOUR EXPERIENCE CURATOR TO ARRANGE A GUIDED TOUR WITH SPECIALISTS.



SUSTAINABILITY & NATURE

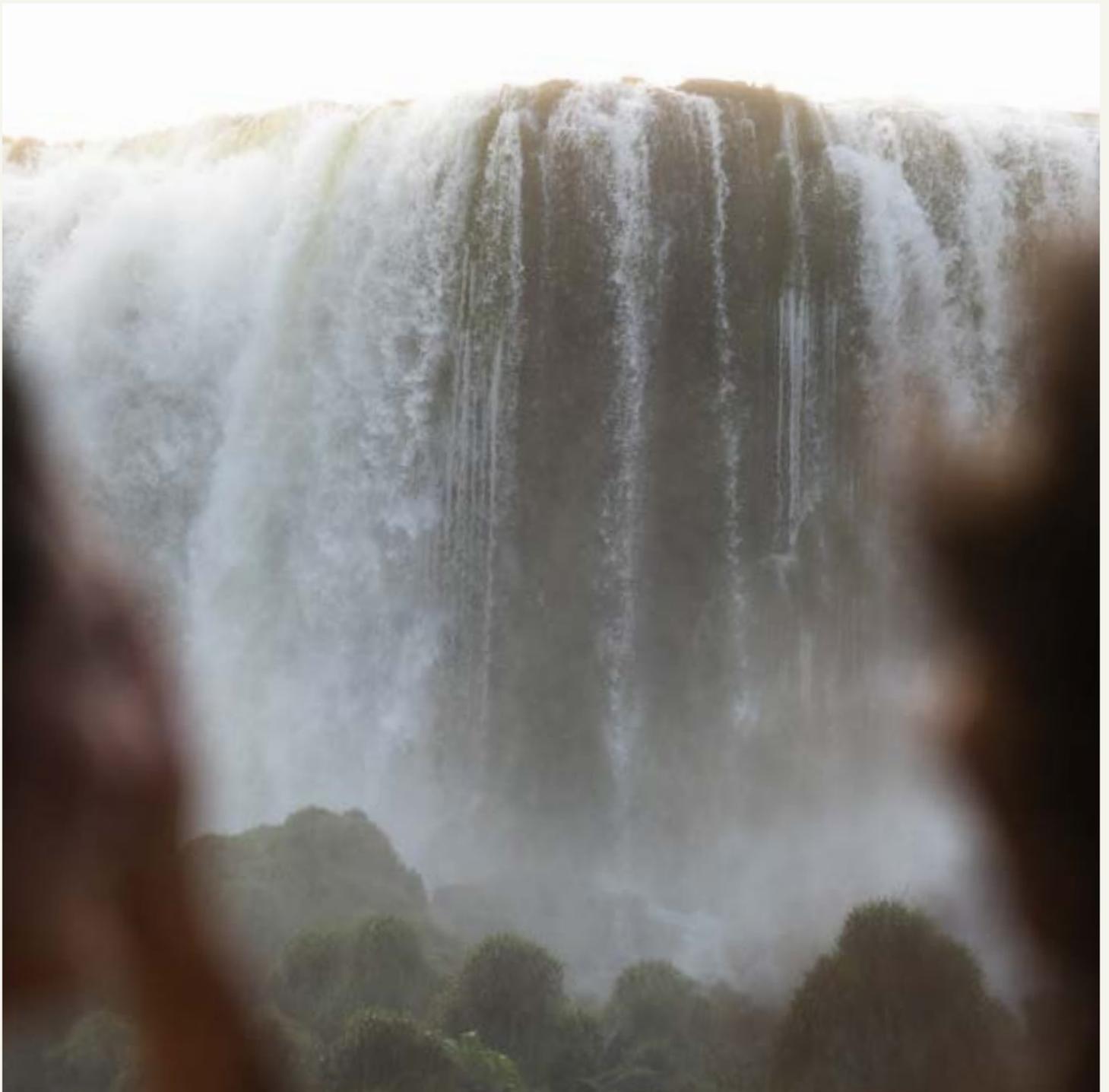
CAMINHO DAS BANANEIRAS

DURATION: APPROX. 55MIN WALK
TIME: BETWEEN 09:00 AM AND 4:00 PM

Embark on a peaceful 1.3 km journey through the Caminho das Bananeiras, or Banana Tree Path, leading you to the Espaço Taupá lookout - a spectacular viewing deck overlooking the magnificent Iguassu River.

As you wander through this scenic trail, take in the mesmerizing landscapes, diverse flora, and incredible wildlife encounters that make the Atlantic Forest so extraordinary.

SELF-GUIDED EXPLORATION IS FREE OF CHARGE. FOR A MORE IMMERSIVE EXPERIENCE, CONSULT YOUR EXPERIENCE CURATOR TO ARRANGE A GUIDED TOUR WITH SPECIALISTS.



SUSTAINABILITY & NATURE

ARGENTINIAN SIDE OF THE FALLS

**DURATION: UP TO 8H, INCLUDING IMMIGRATION
PROCEDURES**

RECOMMENDED DEPARTURE: 07:00 AM

PLEASE INQUIRE ABOUT PRICES.

Discover a different perspective of Iguassu Falls by exploring the Argentinian side, where a network of trails brings you closer to the cascading waters and breathtaking viewpoints. Your adventure begins at Sendero Verde, leading to Cataratas Station, where an eco-friendly train will take you to the park's most spectacular circuits: • Lower Circuit: Get up close to the falls. • Upper Circuit: Witness panoramic views from above.

TICKETS MUST BE PURCHASED ONLINE. YOUR EXPERIENCE CURATOR WILL ASSIST YOU. A VALID PASSPORT OR ID IS REQUIRED FOR BORDER CROSSING. MINORS (0-17 YEARS) MUST BE ACCOMPANIED BY A PARENT OR HAVE JUDICIAL AUTHORIZATION TO EXIT THE COUNTRY. PLEASE BOOK IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.

