

HOTEL DAS CATARATAS

A BELMOND HOTEL
IGUASSU FALLS

Program
**EARTH
HOUR**

PROGRAM

Join us and millions of people around the world to connect with nature in a movement known as Earth Hour.

Looking out over one of the Seven Natural Wonders of the World, be inspired to make changes to your daily life that will nurture and preserve nature's precious resources.

TAKE CARE OF THE PLANET

Earth Hour

EARTH HOUR SCHEDULE

Live music, Child's play, Gastronomy and Drinks

MAKE A DIFFERENCE

The power of the small gesture

Take Care
of the Planet



Earth Hour

Take Care of the Planet

EARTH HOUR



Conceived in Sydney, Australia, in 2007, Earth Hour unites millions of people globally each year. The objective: to raise awareness among individuals, companies and public authorities of socio-environmental challenges, such as climate emergency and biodiversity loss. We can all be part of this movement with one simple gesture – by turning our lights off for an hour, wherever we are in the world.

Hotel das Cataratas, A Belmond Hotel, is set among Iguassu National Park's 185,000 hectares of pristine forest reserve. As well as being home to Iguassu Falls, one of the Seven Wonders of Nature, it's also a sanctuary for rare and endangered species of flora and fauna, including the elusive jaguar.

We take environmental responsibility very seriously here. In 2000, we were certified with ISO 14001 and have maintained it ever since. We recycle wherever possible, use clean energy,

have power controllers and our own waste treatment plant.

Our surroundings are a potent, ever-present reminder to look after our natural world. Being able to stroll along the trails of the National Park, soaking up the beauty and grandeur of the falls, hearing enchanting birdsong and the majestic sounds of the cascades connects us absolutely with nature and makes us ever more determined to preserve the delicate ecological balance.

We invite you to join us on the lawn in front of the hotel to show your support for Earth Hour. Together, we can build a future where people live in harmony with nature.

Earth Hour Schedule



Live music, Child's play, Gastronomy and Drinks

Earth Hour Schedule



MARCH 25TH - SATURDAY

8.30am - Walk in the subtropical rainforest of Iguassu National Park

Embark on a unique journey of discovery and learning, exclusive to Hotel das Cataratas guests. Walk deep into the forest on a quiet trail teeming with wildlife and birdsong. Your guide, Bhreno Maykon Trad, a wildlife expert specializing in insect behavior, photography and macro photography, will help you achieve deep enchantment through connection with nature. Limited number of spaces available. Book your place with the concierge now.

General Information: Activity organized by Iguassu Experiences, located in the hotel lobby and open daily from 8am to 8pm. Not recommended for children under 10 years old. Advance booking required. Subject to weather conditions. We recommend appropriate footwear for this immersion in the forest.

12.30pm to 3pm - Special lunch at Ipê restaurant featuring a vegetarian grill and organic delicacies.
BRL 150.00 + 10%

For little guests to get their hands dirty

2pm - Children can have a go at planting and tending the organic garden, guided by our experts

For the whole family's wild imagination

5pm - Enjoy storytelling in the garden with the Coordinator of the Jaguar Conservation Project (Onças do Iguacu)

7.30pm to 10.30pm - Itaipu restaurant zero-waste tasting menu 60+ ** Our Executive Chef has developed an enticing tasting menu specially for tonight, in which 100% of the ingredients will be used.

8.30pm - 9.30pm - Earth Hour

Turn off the lights in your room and meet us on the lawn for: A cocktail party with elemental drinks: fire, earth, water and air - Live music - Mindfulness with sound healing

*Make a
difference*



The Power of the Small Gesture

Make a Difference

THE POWER OF THE SMALL GESTURE



Looking after the environment is key to maintaining the health of the planet and all living beings. Small gestures can make a big difference. Why not check out some of these tips and get started at the hotel:

- Take shorter showers
- Turn off the faucet while you brush your teeth
- Use the same towels and sheets for longer than a day
- Avoid printing tickets, confirmations or vouchers that you can access on your phone
- Turn off unnecessary lighting, even when you briefly leave a room
- Choose restaurants that value local produce
- Whenever possible, walk or cycle instead of using a vehicle that emits gases
- Buy locally grown and sourced products to help fight air pollution
- Buy products that can be reused, such as glass instead of plastic containers
- Use fabric bags instead of plastic bags
- Send digital photos in lieu of mailing postcards
- Eat more vegetables. By trying a vegan, vegetarian or pescatarian diet, you respect animals, reduce greenhouse gases and endorse a factory farming-free future
- Leave wild places such as forests, beaches, swamps and other wildlife habitats undisturbed. When visiting, stick to the trails so as not to cause any damage

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