

HOTEL DAS CATARATAS

A BELMOND HOTEL
IGUASSU FALLS

EARTH HOUR PROGRAM

SMALL CHANGES, BIG IMPACTS

A woman with curly hair, wearing a white long-sleeved shirt and dark shorts, stands on a grassy bank in the foreground, looking towards a massive waterfall. The waterfall cascades over dark, rocky cliffs, creating a large plume of white mist. The background is filled with lush green trees and a cloudy sky. The overall scene is a powerful natural landscape.

JOIN US AND MILLIONS AROUND
THE WORLD IN A MOMENT OF AWARENESS
AND CONNECTION WITH NATURE:
EARTH HOUR.

In front of one of the Seven Natural
Wonders of the World, celebrate and be
inspired to embrace small daily changes
that help protect and preserve the planet's
precious resources.

TOGETHER, WE CAN MAKE A DIFFERENCE.

Enjoy a special program included in your stay, featuring experiences that invite connection, appreciation, and contemplation. From immersive cultural moments to inspiring encounters and outdoor activities, every experience makes this day truly special.

FRIDAY, MARCH 21

6:30AM | Guarani Protection and Permission Ritual

Take part in a traditional Guarani ritual of protection and permission in front of the Falls. Connect with ancestral wisdom, receive positive energy, and align yourself with the natural harmony of this sacred place. Meeting point: Lobby

7:00AM | Feel the Energy Experience

Guided by a wellness expert and using a device that measures the ions generated by Iguassu National Park, learn breathing techniques and bioenergetic exercises to deepen your connection with nature. Meeting point: Lookout in front of the Falls

7:30AM | Explore the Falls

A guided walk through scenic trails unveiling the fascinating history and breathtaking beauty of Iguassu Falls.

3:00PM | Ceramics with Maria

Discover the art of ceramics with Maria, a talented local artisan. Shape clay with your own hands and experience the connection between tradition, creativity, and nature.

PLEASE RESERVE YOUR ACTIVITIES IN ADVANCE WITH YOUR EXPERIENCE CURATOR. SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS.



SATURDAY, MARCH 22

7:30AM | Explore the Falls

A guided walk along scenic trails unveiling the fascinating history and breathtaking beauty of Iguassu Falls. Meeting point: Lobby

8:30AM | Ytepopó Guided Trail

Follow the riverbanks, discover breathtaking landscapes, and experience the vibrant essence of the forest with every step. Meeting point: Lobby

10:00AM – 12:00PM | Indigenous Handicraft Workshop

Gain insight into the indigenous worldview and explore the rich traditions of local craftsmanship in a group workshop led by members of native communities.

1:00PM – 4:00PM | Special Lunch by Chef Luiz Guilherme*

Indulge in a gastronomic experience featuring a parrilla of organic vegetables at Restaurante Ipê. *PLEASE CHECK PRICING.

3:00PM | Flavors of Iguassu

Taste handcrafted ice creams made from native fruits of the Atlantic Forest.

4:30PM | Visit to Toca da Onça – Meeting the Onças do Iguaçu Project

Experience firsthand the inspiring work of a passionate team dedicated to jaguar conservation, environmental preservation, and community empowerment. An authentic immersion into the importance of protecting the Atlantic Forest. Meeting point: Lobby

6:00PM – 7:00PM | Sunset at the Falls

7:00PM – 10:00PM | Live Music at Bar Tarobá

Relax in a cozy atmosphere with an à la carte menu* of local bites and cocktails inspired by the elements — Earth, Water, Air, and Fire. *PLEASE CHECK PRICING.

8:30PM – 9:30PM | Earth Hour

Turn off the lights in your room and join this global movement for a more sustainable future.



We are located within Iguazu National Park, a 185,000-hectare forest reserve. In addition to being home to one of the Seven Natural Wonders of the World, the park shelters rare and endangered species of flora and fauna, such as the jaguar.

Being here is a unique opportunity to connect with nature in its most majestic form—to feel the energy of the falls, listen to the birdsong, and witness the power of the surrounding biodiversity.

Moments like Earth Hour remind us of the importance of preserving this balance. By turning off the lights for an hour, we symbolize a greater commitment: to care for our planet and protect places like this, where nature unfolds with both grandeur and delicacy. More than a symbolic gesture, it is an invitation to reflect on our daily actions and the impact we leave on the world.

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TERMS & CONDITIONS

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